

Weigh-in Procedures Head List of Revisions in Wrestling

The modification of the weigh-in procedure for duals, multiple-duals events and individual tournaments, and the establishment of a gender-appropriate weigh-in

procedure headline the rules changes approved by the NFHS Wrestling Rules Committee at its meeting in Indianapolis. The rule changes will go into effect with the 2002-03 wrestling season. Jerry Diehl,

NFHS liaison to the Wrestling Rules Committee, said that the focus of the committee continued to be on the weight-management issue. "The committee has made changes that it feels are bringing our