

# IOWA HAWKEYES



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

NOVEMBER 13, 2009

## 2009-10 SCHEDULE & RESULTS

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open (Ames, IA)	10 a.m.
11/20	Iowa City Duals - Iowa City, IA	
	Iowa vs. Coe	10:30 a.m.
	Iowa vs. Cornell College	12 p.m.
	Iowa vs. Iowa Lakes	1:30 p.m.
	Iowa vs. UNC-Pembroke	3 p.m.
	Iowa vs. S. Illinois-Edwardsville	5 p.m.
11/21	at Kaufman-Brand Open (Omaha, NE)	All Day
11/27	at Bucknell (Lewisburg, PA)	3 p.m.
	vs. Rutgers (Lewisburg, PA)	4:30 p.m.
12/6	at Iowa State (IPTV) (Ames, IA)	6 p.m.
12/10	Northern Iowa (BTNWS) (Iowa City, IA)	7 p.m.
12/29-30	at Midlands Championships (BTN) (Evanston, IL)	All Day
1/9-10	at Cliff Keen/NWCA Duals (Cedar Falls, IA)	All Day
1/16	Oklahoma State (BTN) (Iowa City, IA)	7 p.m.
1/22	at Michigan (Ann Arbor, MI)	6 p.m.
1/24	at Purdue (Lowell, IN)	1 p.m.
1/29	Penn State (BTNWS) (Iowa City, IA)	7 p.m.
1/31	Michigan State (BTNWS) (Iowa City, IA)	6 p.m.
2/6	vs. Utah Valley (Vernal, UT)	TBA
2/12	Northwestern (BTNWS) (Iowa City, IA)	7 p.m.
2/14	at Minnesota (BTN) (Minneapolis, MN)	6 p.m.
2/19	Ohio State (BTN) (Iowa City, IA)	7 p.m.
2/21	at Wisconsin (BTNWS) (Madison, WI)	1 p.m.
3/6-7	at Big Ten Championships (BTN) (Ann Arbor, MI)	All Day
3/18-20	at NCAA Championships (Omaha, NE)	All Day

All times are Central. All dates and times are subject to change.  
BTN - Big Ten Network, BTNWS - Big Ten Network Web Streaming,  
IPTV - Iowa Public Television

### 100 YEARS OF IOWA WRESTLING

The defending NCAA and Big Ten champion Iowa wrestling team will open the 100th season of Iowa wrestling Saturday at the Harold Nichols Open in Ames, IA. Competition is scheduled to start at 10 a.m. at Iowa State's Lied Recreation Center.

The Hawkeyes will host the six-team Iowa City Duals Nov. 20 at Carver-Hawkeye Arena in their first home event of the season. Following is the schedule of events for the Iowa City Duals:

#### 10:30 a.m. - 3 mats

Iowa vs. Coe College  
Cornell College vs. North Carolina-Pembroke  
Iowa Lakes Community College vs. Southern Illinois Edwardsville

#### Noon - 3 mats

Iowa vs. Cornell College  
Southern Illinois Edwardsville vs. Coe College  
Iowa Lakes Community College vs. North Carolina-Pembroke

#### 1:30 p.m. - 3 mats

Iowa vs. Iowa Lakes Community College  
North Carolina-Pembroke vs. Coe College  
Cornell College vs. Southern Illinois Edwardsville

#### 3 p.m. - 2 mats

Iowa vs. North Carolina-Pembroke  
Cornell College vs. Iowa Lakes Community College

#### 5 p.m. - 1 mat

Iowa vs. Southern Illinois Edwardsville

### IOWA CITY DUALS TICKET INFORMATION

The event is part of the wrestling season ticket package, which is \$60 for the general public and \$48 for UI faculty and staff. Tickets for the event are \$10 for adults and \$5 for youth if purchased in advance, and \$12 for adults and \$6 for youth if purchased at the door. Doors will open at 9:30 a.m. for the event.

Hawkeye men's basketball and football fans can also take advantage of special ticket prices for the Iowa City Duals and the Iowa men's basketball game vs. Bowling Green, which is set for 8:05 p.m. Nov. 20. Fans can show their Nov. 20 men's basketball ticket or their Nov. 21 Iowa vs. Minnesota football ticket at the Carver-Hawkeye Arena Athletic Ticket Office and receive a \$5 ticket to the Iowa City Duals.

### CONSTRUCTION ZONE

Construction has officially begun on the Carver-Hawkeye Arena Renovation Project, which will result in some changes regarding parking and entrance to the arena for wrestling matches.

157 Carver-Hawkeye Arena • Iowa City, IA 52242 • Phone: 319-335-9411 • Fax: 319-335-9417  
Web Site: [www.hawkeyesports.com](http://www.hawkeyesports.com) • E-mail Address: [traci-wagner@hawkeyesports.com](mailto:traci-wagner@hawkeyesports.com)

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## HEAD COACH TOM BRANDS



Two-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time all-American and three-time national champion (1989-92) at Iowa. He has a 59-6 overall and 21-3 Big Ten coaching record at Iowa, and a 76-26 career mark.

In his third season with the Hawkeyes, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year honors after guiding Iowa to the school's 33rd conference team title. The Hawkeyes ended the 2008-09 season with a 24-0 record, going undefeated for the first time since 1999-2000. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to the 2007-08 campaign, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition and won the 2008 Midlands team title.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

Due to construction, the North entrance will no longer be accessible from the outside of the facility. Fans can enter and purchase tickets at the West and South entrances, and the East entrance will serve as the event pass gate. Fans can still purchase tickets to future events from the North ticket windows, but will only be able to access that location from inside Carver-Hawkeye.

Media parking for all meets, except the Iowa City Duals, will be in Lot 40, which is located across Elliott Drive from Carver-Hawkeye Arena, on the building's southeast side. For the Iowa City Duals, media members must request parking for Lot 46 (which is located at the top of Carver-Hawkeye Arena) from Assistant Sports Information Director Traci Wagner by Nov. 19.

Throughout the season, fans are encouraged to use free parking at Hancher Auditorium, the Hawkeye Commuter lot (which is located west of the UI Athletics Hall of Fame, Grant Field, UI Soccer Field and the Hawkeye Tennis and Recreation Complex), and the hard surfaced lots at the UI softball and outdoor track complexes. Parking is also available at the regular hourly parking rate in the Clock Tower (#3) and Field House (#4) ramps.

For the Iowa City Duals, a continuous free shuttle service will be available to transport fans between the Hancher Auditorium and Hawkeye Commuter lots and Carver-Hawkeye Arena. A limited number of parking spaces in the Finkbine Commuter lot will also be open to the public at a cost of \$5 per vehicle.

### ON THE AIR

**Radio/Audio** - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call the action live on AM-800, KXIC and [www.hawkeyesports.com](http://www.hawkeyesports.com). At press time all dual meets, as well as action from the Big Ten and NCAA Championships will be aired live on AM800-KXIC and [www.hawkeyesports.com](http://www.hawkeyesports.com). Live audio broadcasts from all competitions (except Harold Nichols Open, Kaufman-Brand Open) will be available online at [www.hawkeyesports.com](http://www.hawkeyesports.com). Broadcasts are available using the XXL All-Access subscription (\$14.95 per month or \$119.95 per year).

**Television/Video Streaming** - Eight of Iowa's dual meets and portions of the Midlands and Big Ten Championships will be aired on the Big Ten Network or streamed live on [www.bigtennetwork.com](http://www.bigtennetwork.com).

Iowa's dual with Oklahoma State (Jan. 16), Minnesota (Feb. 14) and Ohio State (Feb. 19) will air on the Big Ten Network, as well as the Midlands (Dec. 30) and Big Ten (Mar. 7) finals. The Iowa-Minnesota dual and the Big Ten Championship finals will air live, while the Oklahoma State dual will air Jan. 17 at 7 p.m. The Ohio State dual will air Feb. 19 at 9:30 p.m. (CT). The Midlands finals will air Jan. 3 at 7 p.m. (CT).

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Iowa's duals with Northern Iowa (Dec. 10), Penn State (Jan. 29), Michigan State (Jan. 31), Northwestern (Feb. 12) and Wisconsin (Feb. 21) will be streamed live on [www.bigtennetwork.com](http://www.bigtennetwork.com) at a cost of \$2.99 per meet.

**Internet** - Press releases, meet results and audio broadcasts are available on the University of Iowa's website, [www.hawkeyesports.com](http://www.hawkeyesports.com). To access live scoring for home meets, go to the wrestling schedule page, select the event and click on the Live Results link. Results will be updated after each bout during the dual. Current staff and student-athlete head shots can be found at [pics.hawkeyesports.com](http://pics.hawkeyesports.com).

### DENNIS TO COMPETE AT NWCA ALL-STAR CLASSIC

Hawkeye senior **Daniel Dennis** is scheduled to compete at the 44th annual NWCA All-Star Classic Nov. 22 in Fullerton, CA. The event will be held in Cal State Fullerton's Titan Gym and is scheduled to start at 4 p.m. (CT).

Dennis is scheduled to face fourth-ranked Steve Bell of Maryland in the 133-pound match. Bell won the pair's only meeting - a 4-3 decision in sudden victory - at the 2008 Journeyman Duals in Binghamton, NY. It is the first time Dennis will compete at the event.

Tickets can be purchased through TicketLeap: <http://savefullertonwrestling.ticketleap.com>. Prices are \$12, \$15 and \$20 if purchased in advance, and \$15, \$18 and \$25 if purchased at the door. The event will serve as a major fundraiser for the Cal State Fullerton wrestling program, which must fund itself. The Titans must raise \$200,000 in funds by April 2010 and another \$200,000 in pledges by August 2010 to survive.

In the 44-year history of the event, Iowa has had the second-most participants with 74. Oklahoma State holds the record with 81, while Iowa State ranks third with 69.

Following is the scheduled lineup. The individual rankings are based on each wrestler's performance at the 2009 NCAA meet.

### 2009 NWCA All-Star Dual Match-Ups

- 125 - #2 Anthony Robles (Arizona St.) vs. #4 Zach Sanders (Minnesota)
- 133 - #4 Steve Bell (Maryland) vs. #5 **Daniel Dennis (Iowa)**
- 141 - #2 Nick Gallick (Iowa St.) vs. #3 Alex Krom (Maryland)
- 149 - #2 Lance Palmer (Ohio St.) vs. #5 Kyle Borshoff (American)
- 157 - #1 Jordan Burroughs (Nebraska) vs. #2 Matt Moley (Bloomsburg)
- 165 - #4 Jon Reader (Iowa St.) vs. #6 Andrew Rendos (Bucknell)
- 174 - Chris Henrich (Virginia) vs. #7 Stephen Dwyer (Nebraska)
- 184 - #4 Max Askren (Missouri) vs. #5 Josh Patterson (Binghamton)
- 197 - #1 Jake Varner (Iowa St.) vs. #2 Craig Brester (Nebraska)
- 285 - #1 Mark Ellis (Missouri) vs. #5 David Zabriskie (Iowa St.)

## TEAM RANKINGS

NWCA/USA Today Division I Coaches Poll (11/10/09)	W.I.N. Magazine Tournament Power Index (10/5/09)
1. Iowa	1. Iowa
2. Iowa State	2. Iowa State
3. Ohio State	3. Cornell
4. Cornell	4. Ohio State
5. Oklahoma State	5. Minnesota
6. Minnesota	6. Maryland
7. Nebraska	7. Central Michigan
8. Boise State	8. Nebraska
9. Maryland	9. Boise State
10. Missouri	10. Missouri
11. Central Michigan	11. Arizona State
12. Wisconsin	Wisconsin
13. Edinboro	13. Penn State
14. Indiana	14. Indiana
15. Penn State	15. Edinboro
16. Oklahoma	Harvard
17. Lehigh	17. Oklahoma State
18. Kent State	Oklahoma
19. Illinois	Virginia
20. Arizona State	20. American
21. Virginia	21. Kent State
22. Old Dominion	22. Michigan State
23. Michigan	23. Virginia Tech
24. Virginia Tech	24. Bloomsburg
25. Hofstra	Duke
	Wyoming

## INDIVIDUAL RANKINGS

Here is how each Hawkeye wrestler is currently ranked in the most recent polls:

	A.W.N.	Intermat	W.I.N.
Daniel Dennis (133)	#5	#4	#5
Joe Slaton (141)	#6	----	#18
Dan LeClere (141)	----	#11	----
Brent Metcalf (149)	#1	#1	#1
Ryan Morningstar (165)	#4	#4	#4
Jay Borschel (174)	#2	#4	#4
Phillip Keddy (184)	#2	#3	#2
Chad Beatty (197)	#11	#12	#8
Dan Erekson (Hwt.)	#4	#4	#4

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### 2009 IOWA WRESTLE-OFF RESULTS

#### Thursday's Quarterfinal Results

149 - Steve Gillmor dec. Ethan Sebert, 2-1  
157 - Derek St. John dec. Brooks Kopsa, 10-5

#### Friday's Semifinal Results

125 - J.J. Krutsinger maj. dec. Nick Trizzino, 16-5  
125 - Matt McDonough dec. Tyler Clark, 5-1  
133 - Nate Moore dec. Mark Ballweg, 13-7  
149 - Phillip Sheridan pinned Jeret Chiri, 4:59  
149 - Brent Metcalf pinned Stew Gillmor, 2:17  
157 - Aaron Janssen dec. Jake Kerr, 6-2  
157 - Derek St. John dec. Matt Ballweg, 7-4  
165 - Joe DuCharme dec. Ruffin Tchakounte, 4-3  
184 - Phillip Keddy maj. dec. Tomas Lira, 16-5  
184 - Grant Gambrall dec. Vinnie Wagner, 6-4

#### Saturday's Final Results

125 - Matt McDonough dec. J.J. Krutsinger, 10-3  
133 - Daniel Dennis dec. Nate Moore, 5-3  
141 - Montell Marion dec. Dan LeClere, 11-7  
149 - Brent Metcalf tech. fall Phillip Sheridan,  
21-4 in 6:10  
157 - Derek St. John won by injury default over  
Aaron Janssen, 3:35  
165 - Ryan Morningstar maj. dec. Joe DuCharme,  
12-3  
174 - Jay Borschel dec. Ethen Lofthouse, 8-3  
184 - Phillip Keddy dec. Grant Gambrall, 6-2  
197 - Chad Beatty dec. Luke Lofthouse, 7-3  
Hwt - Jordan Johnson dec. Blake Rasing, 3-2

### SENIOR LEADERSHIP

Iowa's 11 seniors - **Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erikson, Michael Fahrner, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton** - bring a wealth of talent and experience to the mat.

The group has a combined career record of 504-197, going 292-105 in duals, 94-48 in Big Ten duals and 91-36 in Carver-Hawkeye Arena. The group has scored 1,152 team points in dual competition and has started a combined 400 dual matches. Iowa's seniors have won one NCAA individual title, three Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 16 times.

### HAWKEYES LOOK TO EXTEND STREAKS

Iowa opens the 2009-10 season on a 38-match winning streak. The Hawkeyes have also won their last 14 home duals and their last 29 duals away from Iowa City. The school record for consecutive dual wins is 42 (1994-97), consecutive home dual wins is 55 (1977-83), and for consecutive away dual wins is 31 (1994-97). Both the overall and away current streaks both rank second in school history.

### IOWA EARNS TOP PRE-SEASON RANKINGS

The defending Big Ten and NCAA champion Hawkeyes earned the top spot in the Intermat Top 25 pre-season poll and the W.I.N. Magazine pre-season tournament power index. Hawkeye senior **Brent Metcalf** (149) is ranked first in the nation at his weight class in pre-season rankings by *Amateur Wrestling News (AWN)*, Intermat and *W.I.N. Magazine*, while five other Hawkeyes are ranked in the top five.

Metcalf is a two-time all-American and NCAA finalist with a 72-2 career record at Iowa. The two-time Big Ten champion is the first wrestler in conference history to earn Outstanding Wrestler honors at the conference meet two straight years.

Senior **Phillip Keddy** is ranked second by *A.W.N.* and *W.I.N.*, and third by Intermat at 184. Keddy is a two-time all-American and three-time Big Ten placemaker with a 76-32 career record. He went 34-5 in 2008-09, placing fourth at the NCAA Championships and second at the Big Ten meet.

Senior **Jay Borschel** is ranked second at 174 by *A.W.N.*, and fourth by Intermat and *W.I.N.* Borschel has a 61-10 career mark, going 29-5 and placing third at the Big Ten Championships last season. He went 19-1 in dual competition and 6-0 in Big Ten duals in 2008-09. He also earned all-America honors in 2008.

Senior **Ryan Morningstar** (165) and **Dan Erikson** (Hwt.) are ranked fourth by all three publications. Morningstar posted a 32-6 record in 2008-09, placing second at the Big Ten Championships and third at the NCAA meet to earn his first all-America honor. The three-time Big Ten placemaker has started 65 straight duals for the Hawkeyes. Erikson went 27-8 last season, winning a Big Ten title and earning all-America honors with a fourth-place NCAA finish.

Senior **Daniel Dennis** is ranked fourth at 133 by Intermat, and fifth by *A.W.N.* and *W.I.N.* Dennis went 31-6 last season, including a 20-2 dual mark and an 8-0 Big Ten dual record. He placed fifth at the Big Ten Championships and seventh at NCAA's to earn all-America honors.

### CARVER-HAWKEYE ARENA

Carver-Hawkeye Arena has been the home of Iowa wrestling since 1983. The Hawkeyes are 169-18 (.904) in the arena, which includes a record 10 victories during the 1986 season. Iowa has recorded 17 undefeated seasons in the arena, with the most recent (7-0) occurring in 2008-09. The dual wrestling attendance record for Carver-Hawkeye Arena is 15,955, set when Iowa defeated Iowa State (20-15) on December 6, 2008. The arena seats 15,500 for a dual wrestling meet.

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### HAWKEYE WRESTLING TICKET INFORMATION

Season and single meet tickets for Iowa's seven home events are on sale at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or [www.hawkeyesports.com](http://www.hawkeyesports.com). Following are this season's prices.

#### Season Tickets

\$60 - General public, \$48 UI faculty/staff

#### Single Meet vs. UNI, Michigan State, Northwestern & Iowa City Duals

**Advance Purchase:** \$10 - Adult, \$5 - Youth

**Door Purchase:** \$12 - Adult, \$6 - Youth

**Free Admission:** UI students, Children ages 5 and under

#### Single Meet vs. Oklahoma State, Penn State and Ohio State

**Advance Purchase:** \$13 - Adult, \$7 - Youth, \$2 - Age 5 and under

**Door Purchase:** \$15 - Adult, \$8 - Youth, \$2 - Age 5 and under

**Free Admission:** UI students

### U.S.-RUSSIA FREESTYLE SHOWDOWN SET

A team of top U.S. wrestlers will compete in a freestyle dual meet against a team from Russia in Mount Vernon, Iowa on Wednesday, November 18. It will be held at the Small Multi-Sports Center at Cornell College. Doors open at 5:30 p.m. with wrestling starting at 7 p.m. The local organizing committee is the Hawkeye Wrestling Club. Tickets will cost \$10 for adults and \$5 for students, and will be on sale November 16th from 10 a.m.-2 p.m. at three locations: Mt. Vernon Bank & Trust in Mt. Vernon; Overhead Door Company in Cedar Rapids; and Lepic-Kroeger Realtors in Iowa City, IA. Tickets will be sold on a first come-first serve basis, and transactions will be cash only.

2008 U.S. Olympians **Mike Zadick** (Solon, Iowa/Gator WC), **Doug Schwab** (Coralville, Iowa/Gator WC) and **Steve Mocco** (Coralville, Iowa/New York AC) will be in the U.S. lineup. Schwab and Mocco both won NCAA Div. I titles for Iowa, while Zadick was an all-American for the Hawkeyes. Zadick won a World silver medal for the United States in 2006. Zadick will compete at 60 kg/132 lbs., Schwab will wrestle at 66 kg/145.5 lbs. and Mocco will compete at 120 kg/264.5 lbs.

Two of the other U.S. team members train full-time in Iowa City. **Paul Donahoe**, a past NCAA champion for Nebraska, will compete at 55 kg/121 lbs. and **Lloyd Rogers**, who starred at Tennessee-Chattanooga, will wrestle at 74 kg/163 lbs. Also in the lineup is **Bryce Hasseman** (Colorado Springs, Colo./New York AC) at 84 kg/185 lbs. Hasseman climbed to the No. 2 position on Freestyle Team USA's chart last season while training in Iowa City under Coach **Terry Brands**. Competing at 96 kg/211.5 lbs. will be **Kyle Cerminara** (Edinboro, Pa./New York AC), who was the 2009 U.S. Nationals runner-up at this weight class. Cerminara was an NCAA All-American for the Univ. of Buffalo.

Russia is the defending World Team champions in freestyle wrestling, and has been a long-time U.S. rival for international supremacy. The Russian lineup has not yet been finalized, but should include a number of athletes who have won medals on the international level. The Russian team is also expected to compete in dual meets in Illinois and New York, as well as wrestle in the New York AC International Open in New York City on Nov. 22.

### THE LAST TIME IOWA...

#### Won a dual meet at home:

Feb. 15, 2009 - 25-9 vs. Minnesota

#### Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma St.

#### Won a dual meet on the road:

Feb. 22, 2009 - 34-13 at Northwestern

#### Lost a dual meet on the road:

Feb. 4, 2007 -- 24-13 at Penn State

#### Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

#### Shut-out an opponent in a dual meet:

Feb. 13, 2009 - 38-0 vs. Purdue

#### Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

#### Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois

#### Scored 50 or more team points:

Nov. 21, 2008 - 51-0 vs. Coe

#### Went undefeated for a season:

2008-09 - 24-0

#### Went undefeated in Big Ten duals:

2008-09 - 8-0

#### Had a losing season:

1966-67 - 7-8

### HIGH/LOW FACTS

#### Placing at NCAA Meet

**High:** 1st - 22 times, last in 2009

**Low:** T32nd - 1971

#### Team Score at NCAA Meet

**High:** 170 points - 1997

**Low (since 1962):** 8 points - 1968

#### Placing at Big Ten Meet

**High:** 1st - 33 times, last in 2009

**Low:** 10th - 1929

#### Individual NCAA Champs

**High:** 5 - 1986 and 1997

**Low:** 0 - 40 times, last in 2009

#### All-Americans

**High:** 9 - 6 times, last in 1995

**Low:** 0 - 19 times, last in 1968

#### Individual Big Ten Champs

**High:** 9 - 1983

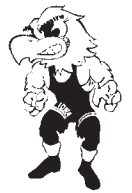
**Low:** 0 - 29 times, last in 2006

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The Russian team features numerous athletes who have won international medals on the World or Continental levels. Included are some of the top young stars in the Russian program. Russia is currently the reigning World Champion team in freestyle wrestling. Leading the effort is Nariman Israpilov at 55 kg/121 lbs., a 2009 European champion and the 2008 Junior World champion. Two of the team members have won silver medals at the Russian National Freestyle Championships, Arsen Mairov at 66 kg/145.5 lbs. and Anzor Urishev at 84 kg/185 lbs. Mairov was a Russian National silver medalist in 2009, while Urishev won his Russian National silver medal in 2008. Urishev was also a Junior World silver medalist at 2008. Bronze medalists at the Russian Freestyle Nationals on the tour include Vladimir Vilmov at 60 kg/132 lbs., Magomed Magomedov at 96 kg/211.5 lbs. and Valeri Bedoev at 96 kg/211.5 lbs. Bedoev won two Russian National bronze medals competing up at 120 kg/264.5 lbs. Vilmov won a gold medal at the Dave Schultz Memorial International in Colorado Springs, Colo. in 2009.

### Match-Ups for Nov. 18 Dual with Russia

55 kg/121 lbs. - Paul Donahoe (US) vs. Nariman Israpilov (R)  
60 kg/132 lbs. - Mike Zadick (US) vs. Vladimir Vilmov (R)  
66 kg/145.5 lbs. - Doug Schwab (US) vs. Arsen Mairov (R)  
74 kg/163 lbs. - Lloyd Rogers (US) vs. Rashid Kurbanov (R)  
84 kg/185 lbs. - Bryce Hasseman (US) vs. Anzor Urishev (R)  
96 kg/211.5 lbs. - Kyle Cerminara (US) vs. Magomed Magomedov (R) or Valeriy Bedoev (R)  
120 kg/264.5 lbs. - Steve Mocco (US) vs. Alan Tsarikaev (R)

### **ALL IN THE FAMILY**

On the 2009-10 Hawkeye wrestling team, there is one set of brothers, two wrestlers whose fathers also wrestled at Iowa and two uncle-nephew combinations.

Junior **Matt Ballweg** (157) and redshirt freshman **Mark Ballweg** (133/141) are brothers who hail from Waverly, IA.

Senior **Rick Loera** (197), redshirt freshman **Matt McDonough** (125/133) and true freshman **Nick Trizzino** all had fathers who wrestled for the Hawkeyes. **George Loera** (1975-76) and **Mike McDonough** (1974-76) wrestled on the same team, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Junior **Luke Lofthouse** (197) is the uncle of Hawkeye true freshman **Ethen Lofthouse** (174). **Nick Trizzino's** uncle, **Scott Trizzino**, was also a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

There have been 10 sets of brothers to wrestle together in the Hawkeye lineup since the 1950s. They are **Don and Tom Huff** (1961), **Mark and Scott Trizzino** (1981), **Lenny, Larry and Jim Za-**

**lesky** (1981-82), **Ed and Lou Banach** (1981-83), **Marty and Lindley Kistler** (1984-85), **Jim and John Heffernan** (1987), **Tom and Terry Brands** (1989-92), **Troy and Terry Steiner** (1991-93), **Ryan and Randy Fulsaa**s (2001) and **Luke and Ty Eustice** (2003-04).

There have also been five sets of twins to wrestle at Iowa. They are **Ed and Lou Banach**, **Tom and Terry Brands**, **Ben and Brett Stedman**, **Troy and Terry Steiner**, and **Randy and Ryan Fulsaa**s.

### **SEASON PROMOTIONS**

The UI Sports Marketing Office has created a great promotions schedule for the 2009-10 wrestling season.

The Iowa City Duals (Nov. 20) has been designated Poster Day. Posters, schedule cards and magnets will be available at the door. Also, Hawkeye football and basketball fans can present their tickets for the Iowa-Minnesota football game and the Iowa-Bowling Green State men's basketball game at wrestling for a \$5 ticket to the all-day event.

The Iowa-Northern Iowa dual on Dec. 10 has been designated the Miracle Meet, in support of the UI Children's Hospital, and food drive. Fans can bring in three non-perishable food items to the UI Sports Marketing table at each entrance and receive an Iowa wrestling decal.

Hawkeye fans can break out their gold apparel for the "Gold Rush" dual when Iowa hosts Oklahoma State on Jan. 16. The Hawkeyes will also host their annual kids clinic that day at 5 p.m. in Carver-Hawkeye Arena. Doors for the clinic will open at 4:30 p.m. Youth, ages eighth grade and under, are eligible to participate in the clinic, and will receive a free ticket to the Iowa-Oklahoma State dual for participating. Participants' family members will be able to purchase tickets for the dual at a group rate price of \$5 per ticket.

When Penn State comes to town on Jan. 29 they will be welcomed with a "Blackout", as the Hawkeyes are encouraging all fans to wear black apparel to the dual.

A special single-match Family Four Pack ticket and concession offer will be available for the Iowa-Michigan State dual on Jan. 31. Fans can purchase four tickets, four hot dogs and four cokes at a discounted rate. Please watch [www.hawkeyesports.com](http://www.hawkeyesports.com) for more information.

The Iowa-Northwestern dual on Feb. 12 has been designated Autograph and Youth Wrestling Night. After the dual, Iowa wrestlers will sign autographs at tables around the Carver-Hawkeye Arena concourse.

The Hawkeyes will close out the home season Feb. 19 against Ohio State with Fan Appreciation Night. Iowa will also honor its 11 seniors with Senior Night.