

# MINNESOTA

## WRESTLING 2009-10



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### 2009-10 SCHEDULE

#### MINNESOTA - 0-0-0

Meet No. 3



**Cal State Bakersfield - 0-0-0**  
 Minneapolis, Minn.  
**Saturday, Nov. 28 - 8:00 p.m.**  
 Williams Arena

Date	Opponent	Time
Nov. 14	at Bison Open	Seven Titles
Nov. 21	at Kaufman-Brand Open	One Title
Nov. 28	CAL STATE BAKERSFIELD <sup>(W)</sup>	7:00 p.m.
Dec. 04	at Oklahoma State	7:00 p.m.
Dec. 10	NEBRASKA <sup>(W)</sup>	7:00 p.m.
Dec. 13	at Northern Colorado	3:00 p.m.
Dec. 29	at Southern Scuffle	All Day
Dec. 30	at Southern Scuffle	All Day
Jan. 03	IOWA STATE <sup>(S)</sup>	2:00 p.m.
Jan. 09	at National Duals	All Day
Jan. 10	at National Duals	All Day
Jan. 22	at Michigan State *	7:00 p.m.
Jan. 23	at Michigan *	7:00 p.m.
Jan. 29	WISCONSIN * <sup>(W)</sup>	7:00 p.m.
Jan. 31	PURDUE * <sup>(S)</sup>	2:00 p.m.
Feb. 05	at Illinois *	7:00 p.m.
Feb. 06	at Indiana *	6:30 p.m.
Feb. 14	IOWA * <sup>(W)</sup>	6:00 p.m.
Feb. 19	PENN STATE * <sup>(S)</sup>	7:00 p.m.

#### Big Ten Tournament

Mar. 06	at Big Ten Championships	All Day
Mar. 07	at Big Ten Championships	All Day

#### NCAA Tournament

Mar. 18	at NCAA Championships	All Day
Mar. 19	at NCAA Championships	All Day
Mar. 20	at NCAA Championships	All Day

All Times Central  
 Schedule subject to change  
 Home meet in ALL CAPS

\* Big Ten meet

<sup>(W)</sup> Match held at Williams Arena

<sup>(S)</sup> Match held at the Sports Pavilion

For ticket information call: 1-800-UGOPHER or email: go4tix@umn.edu

### FOR RELEASE: Nov. 24, 2009

#### HOME OPENER

After beginning the 2009-10 campaign with a pair of open meets on the road, the Gophers get to open the dual season at home. Following the Thanksgiving Holiday, Minnesota will host Cal State Bakersfield on Nov. 28 in Williams Arena at 7:00 p.m.

#### THE RECORDS

The Gophers will be making their first appearance in a dual meet this season, bringing their 0-0 record into the meet. Likewise Cal State Bakersfield is 0-0 in the year, and this will be the first competition of the season for the Roadrunners.

#### THE SERIES

The Gophers and Roadrunners have met eight times previously, with the first coming in 1987. All eight meetings happened over the next decade, as the last match-up came in 1997. Minnesota and Cal State Bakersfield have not met since.

#### LAST MATCH-UP

When the Gophers and Roadrunners last met in the 1997-98 season, they did so out in California. Minnesota came away with the 39-10 victory on the day.

#### FOLLOW ALONG

For the fans that cannot make it to Williams Arena on Saturday night, you can still follow along with all the action from home. The dual with Cal State Bakersfield will be broadcast live in the Gold Zone. The Gold Zone can be found on GopherSports.com, just click on Multimedia.

#### LAST TIME OUT

Last weekend the Gophers were in Omaha, Neb. at the Kaufman-Brand Open. The biggest single day tournament in the country every year, 500 wrestlers represented 35 schools from all divisions. Minnesota was led by Sonny Yohn who won the Elite Division 184-pound championship. Ben Berhow and Scott Glasser each placed third in the Elite Division at Heavyweight and 174 respectively.

#### NEXT UP

Next weekend, the Gophers hit the road as they continue dual meet action. On Friday, December 4, Minnesota travels to Stillwater, Okla. to take on No. 3 Oklahoma State. The Gophers and Cowboys are scheduled for a 7:00 p.m. start.

#### SCOUTING CAL STATE BAKERSFIELD

- First meet of the season
- Led by 26th year head coach T.J. Kerr who has a 232-135-4 record at CSUB
- Posted a 10-5 record in 2008-09 to place third in the Pac-10 conference
- Placed 36th in 2009 at the NCAA Tourney
- Return eight starters from 2008-09 and three NCAA Tournament qualifiers
- Elijah Nacita, Riley Orozco, Mitch Monteiro were 2009 NCAA Tournament qualifiers
- Nacita led the team with 33 wins in 2008-09, while Monteiro and Orozco won 29 and 27 matches respectively
- Return four wrestlers who won 20+ matches in 2008-09
- Monteiro is ranked No. 4 at heavyweight and Orozco is ranked No. 19 at 197
- Monteiro wrestled at the NWCA All-Star Classic, beating Iowa State's David Zabrin-ski

#### 100 YEARS OF GOPHER WRESTLING

In 2009-10, Golden Gopher Wrestling will celebrate their 100th year. In the inaugural season of 1910, the legacy of Gopher Wrestling began with it's first conference title at the Western Intercollegiate Wrestling Association Championships. This season will be a year-long celebration of 12 conference titles, 85 individual conference titles, three national titles, 19 individual national titles and the continuing pursuit of excellence that is Gopher Wrestling.



## Probable Starters

*(rankings reflect InterMat poll)*



### **Tyler Iwamura**

**125**

RFr., San Diego, Calif.  
0-0 in 2009-10 ... redshirt in 2008-09

### **Justin Durham**

**133**

Jr., Shingle Springs, Calif.  
0-0 in 2009-10 ... 11-8 in 2008-09  
5 falls ... 2 major decisions

### **Elijah Nacita**

**141**

Jr., Bakersfield, Calif.  
0-0 in 2009-10 ... 33-13 in 2008-09 ... NCAA Qualifier  
9 major decisions ... 8 falls ... 4 tech falls

### **Sam Barnhart / Anthony Box**

**149**

Jr., Barstow, Calif. / So., Bakersfield Calif.  
Barnhart: 0-0 in 2009-10 ... redshirt in 2008-09  
Box: 0-0 in 2009-10 ... 8-12 in 2008-09 ... 4 falls ... 1 tech fall

### **Andrew Balch**

**157**

RFr., Clovis, Calif.  
0-0 in 2009-10 ... redshirt in 2008-09

### **Joey Granata**

**165**

Jr., Oceanside, Calif.  
0-0 in 2009-10 ... 25-16 in 2008-09  
16 falls ... 3 major decisions ... 2 tech falls

### **Trevor Hall**

**174**

Jr., Battle Ground, Wash.  
0-0 in 2009-10 ... 19-11 in 2008-09 at 157  
7 major decisions ... 3 falls ... 2 tech falls

### **Mike Larson**

**184**

RFr., McKinleyville, Calif.  
0-0 in 2009-10 ... redshirt in 2008-09

### **No. 19 Riley Orozco**

**197**

Jr., Fallon, Nev.  
0-0 in 2009-10 ... 27-13 in 2008-09 at 184 & 197 ... NCAA Qualifier  
5 major decisions ... 3 falls ... 1 tech fall

### **No. 4 Mitch Monteiro**

**HWT**

Sr., Paso Robles, Calif.  
0-0 in 2009-10 ... 29-8 in 2008-09 ... NCAA Qualifier  
8 major decisions ... 5 falls ... 1 tech fall



### **No. 4 Zach Sanders**

RSo., Wabasha, Minn.  
4-0 in 2009-10 ... 2 falls ... 1 major decision  
39-10 in 2008-09 ... All-American

### **No. 2 Jayson Ness**

Sr., Bloomington, Minn.  
3-0 in 2009-10 ... 3 falls  
38-8 in 2008-09 ... 3x All-American

### **No. 4 Mike Thorn**

RJr., St. Michael, Minn.  
4-0 in 2009-10 ... 2 falls ... 1 major decision ... 1 tech fall  
29-17 in 2008-09 ... NCAA Qualifier

### **No. 9 Mario Mason / Luke Mellmer**

RFr., Moorestown, N.J. / RSo., Dickinson, N.D.  
Mason: 5-0 in 2009-10 ... 14-2 as redshirt in 2008-09  
Mellmer: 2-0 in 2009-10 ... 10-5 in 2008-09

### **Joe Grygelko**

RSo., Greenfield, Minn.  
no record in 2009-10 ... 7-20 in 2008-09

### **No. 1 Dustin Schlatter**

Sr., Massillon, Ohio  
no record in 2009-10  
redshirt in 2008-09 ... 6-1 at 157 ... 3x All-American

### **Scott Glasser / Cody Yohn**

RJr., Bismarck, N.D. / RFr., Alamosa, Colo.  
Glasser: 9-1 in 2009-10 ... 19-17 at 165 as redshirt in 2008-09  
Yohn: 9-3 in 2009-10 ... 14-4 in 2008-09

### **No. 16 Sonny Yohn**

RSo., Alamosa, Colo.  
7-0 in 2009-10 ... 3-0 at 184 ... 1 fall ... 1 major decision  
11-5 in 2008-09 ... 2 falls ... 3 major decision ... 1 tech fall

### **Joe Nord / Brent Eidenschink**

RJr., Waconia, Minn. / RJr., Detroit Lakes, Minn.  
Nord: 5-3 in 2009-10 ... 11-3 at HWT in 2008-09  
Eidenschink: no record in 2009-10 ... 6-8 at 184 in 2008-09

### **No. 8 Ben Berhow**

RJr., Hayward, Minn.  
5-1 in 2009-10 ... 1 fall ... 1 major decision  
27-11 in 2008-09 ... NCAA Qualifier ... 4 falls ... 5 major decisions

	125	133	141	149	157	165	174	184	197	HWT
11/28: CSUB										
12/04: OK. ST.										
12/10: NEB										
12/13: UNC										
01/03: ISU										
01/22: MSU										
01/23: MICH										
01/29: WIS										
01/31: PUR										
02/05: ILL										
02/06: IND										
02/14: IOWA										
02/19: PSU										

**Big Ten Standings** (as of 11/22)

	Conference			Overall		
	W	-L	-T	W	-L	-T
Purdue	1	--0	--0	3	--1	--0
Iowa	0	--0	--0	5	--0	--0
Ohio State	0	--0	--0	4	--0	--0
Indiana	0	--0	--0	1	--0	--0
Penn State	0	--0	--0	4	--1	--0
Michigan State	0	--0	--0	2	--1	--0
Illinois	0	--0	--0	2	--2	--0
Wisconsin	0	--0	--0	1	--3	--0
Michigan	0	--0	--0	0	--1	--0
<b>Minnesota</b>	<b>0</b>	<b>--0</b>	<b>--0</b>	<b>0</b>	<b>--0</b>	<b>--0</b>
Northwestern	0	--1	--0	1	--2	--1

**2009-10 ROSTER**

Name	Wt.	Yr.	Hometown	Previous School	Pronunciation
Antczak, Thane	125	RFr.	Prairie Farm, Wis.	Prairie Farm HS	ant-CHECK
Antonson, Greg	197	Fr.	Eau Claire, Wis.	Memorial HS	
Avalos, Steven	174	RFr.	Mundelein, Ill.	Mundelein HS	ava-LOCE
Berhow, Ben	HWT	RJr.	Hayward, Minn.	Albert Lea HS	
Blake, Ryan	141	RSo.	Chicago, Ill.	Masist HS	
Deitchler, Jake	157	Fr.	Anoka, Minn.	Anoka HS	dietch-LER
Eidenschink, Brent	197	RJr.	Detroit Lakes, Minn.	Detroit Lakes HS	
Enoch, Austin	141	RFr.	Redmond, Ore.	Redmond HS	EE-knock
Everson, Matthew	165	Sr.	Mitchell S.D.	Mitchell H	
Filkins, Jake	197	Fr.	Prescott, Wis.	Prescott HS	
Gaiimo, Tom	133	Fr.	Appleton, Wis.	Appleton North HS	
Glasser, Scott	174	RJr.	Bismarck, N.D.	Bismarck HS	gloss-er
Grygelko, Joe	149/157	RSo.	Greenfield, Minn.	St. Michael-Albertville HS	gra-gell-co
Hill, Joel	157	RSo.	Overland Park, Kans.	Blue Valley HS	
Kettler, Jake	HWT	Fr.	Ramsey, Minn.	Anoka HS	
Line, Torrey	174	RSo.	Browerville, Minn.	Browerville HS	
Mason, Mario	149	RFr.	Moorestown, N.J.	Blair Academy	
Marcicki, Cody	133	RSo.	Lapeer, Mich.	Powers Catholic HS	mar-SICK-ee
Matousek, Nate	174	Sr.	Glencoe, Minn.	Glencoe-Silver Lake HS	
Mellmer, Jake	141	RJr.	Dickinson, N.D.	Dickinson HS	
Mellmer, Luke	149	RSo.	Dickinson, N.D.	Dickinson HS	
Nelson, Tony	HWT	Fr.	Cambridge, Minn.	Cambridge-Isanti HS	
Ness, Jayson	133	Sr.	Bloomington, Minn.	Kennedy HS	
Nord, Joe	197	RJr.	Waconia, Minn.	Waconia HS	
Ortiz, Alec	165	Fr.	Newberg, Ore.	Newberg HS	
Peterson, Brian	149	RSo.	Richmond, Mich.	Richmond HS	
Reiter, Bart	141	Fr.	Gilbertville, Iowa	Don Bosco HS	right-er
Richard, Wesley	149	RFr.	Dillingham, Alaska	Dillingham HS	
Sanders, Zach	125	RSo.	Wabasha, Minn.	Wabasha-Kellogg HS	
Schlatter, Dustin	165	Sr.	Massillion, Ohio	Perry HS	shlate-er
Smith, Pat	149	Fr.	Chaska, Minn.	Chaska HS	
Steinhaus, Kevin	174	Fr.	Pennock, Minn.	Kerkhoven-Murdock-Sunburg HS	stine-house
Thorn, David	133	Fr.	St. Michael, Minn.	St. Michael-Albertville HS	
Thorn, Mike	141	RJr.	St. Michael, Minn.	St. Michael-Albertville HS	
Waliullah, Austin	125	Fr.	Rockton, Ill.	Hononegah HS	wally-you-la
Yohn, Cody	174	RFr.	Alamosa, Colo.	Alamosa HS	yawn
Yohn, Sonny	184	RSo.	Alamosa, Colo.	Alamosa HS	yawn
Young, Kaleb	174	RSo.	Tenstrike, Minn.	Bemidji HS	
Zilverberg, Danny	149	Fr.	Wayzata, Minn.	Wayzata HS	
Zilverberg, David	141/149	RSo.	Wayzata, Minn.	Wayzata HS	

**Head Coach:** J Robinson (24th season)

**Head Assistant Coach:** Joe Russell

**Assistants:** Brandon Eggum, Luke Becker

## News and Notes

### NATIONAL RANKINGS

The Gophers can be found near the top of all the early season rankings, and have moved up in the past week. In the National Wrestling Coaches Association (NWCA) top-25, Minnesota moves into the top-five with a fifth place ranking when the poll was released on Nov. 24. The highest the Gophers are ranked this week is in the Wrestling Insider News (WIN) Magazine poll, where they are ranked third in the country. In the InterMat top-25, Minnesota is No. 4 and in the D1CollegeWrestling.net Top-25, they are No. 6.

### INDIVIDUAL RANKINGS

Heading into the dual meet season, the Golden Gophers can boast a ranked individual at every weight class except 174. Dustin Schlatter leads the charge with a No. 1 ranking at 165 from InterMat, as well as No. 2 rankings from Amateur Wrestling News (AWN), Wrestling Insider News (WIN) and D1CollegeWrestling.net (D1CW). Jayson Ness is ranked No. 2 at 133 by all four publications, while Zach Sanders is ranked No. 4 at 125 by all four. Mike Thorn at 141 and Ben Berhow at heavyweight each also sneak into the top-10 in more than one publication. Thorn is No. 4 at 141 in the InterMat poll as well as No. 7 in the WIN and D1CW rankings. Finally Thorn is No. 10 in AWN. Berhow is the No. 8 ranked heavyweight by InterMat and D1CW while he is No. 9 and No. 10 in the respective WIN and AWN polls. Mario Mason also sneaks into the top-10 at 149 with a No. 9 ranking by InterMat, while also notching No. 12, 13 and 14 rankings from AWN, WIN, and D1CW respectively. Jake Deitchler, at 157, is ranked as high as No. 13 from InterMat, as well as No. 16 by WIN and No. 23 by D1CW. Finally Sonny Yohn is ranked No. 16 by InterMat and No. 18 by WIN and D1CW at 184, as well as No. 17 at 197 by AWN.

### WE'RE WINNIN'

Jayson Ness entered the season with 117 career wins, before tacking on three more at the Bison open to run his career total to 120. Ness Moved into 12th place on the Gophers all-time wins list and is now just 39 wins away from tying the Gophers career record of 159 set in 1986 by Ed Giese. To break the record, his season total would need to be 42, and if he reaches that mark on his way to 159, Ness would also set a personal record for wins in a season, bettering his previous best of 40 from his freshman season.

Career Wins	W --L --T
1. Ed Giese (82-86)	159--34--3
10. Luke Becker (99-03)	126--29--0
11. Willy Short (89-94)	121--31--2
12. Jayson Ness (06-pres)	120--15--0

Ness Year-by-Year	W --L --T
2006-07	40 --5--0
2007-08	39 --2--0
2008-09	38 --8--0
2009-10	3 ---0--0

### ONE, TWO, THREE TIMES A CHAMPION

Dustin Schlatter will be shooting for his third individual conference title in his final season, after winning Big Ten Championships as a freshman in 2006 and sophomore in 2007. Should he claim his third championship, he will be just the seventh wrestler in Gopher history to win three Individual Big Ten titles, and the first since Cole Konrad in 2007.

3x Big Ten Champions	Years
1. Verne Gagne	1944, 47, 48, 49
2. Dick Mueller	1953, 57, 58
3. Larry Zilverberg	1974, 75, 76
4. Tim Hartung	1997, 98, 99
5. Damion Hahn	2002, 03, 04
6. Cole Konrad	2005, 06, 07

### DONATE TO THE TROOPS V. BAKERSFIELD

Wrestling fans, you can help head coach J Robinson and Minnesota Wrestling help out the troops in Iraq. Certain daily-use items are in low supply for the soldiers, and they often go without. Such items include, shampoo, body wash, or lotion. At this weekend's dual meet against Cal State Bakersfield, all fans of Gopher Wrestling are asked to bring an item to donate, or a cash donation that will go towards purchasing and shipping items. The meet with Cal State Bakersfield will also be Dollar Night, meaning all admission is only \$1.00.

### FOUR OUTTA FOUR AIN'T BAD

Jayson Ness and Dustin Schlatter each enter the season as three-time All-Americans. As the season progresses, if they can return to the NCAA championships and once again earn top-eight status, they will become just the second pair of teammates to become four-time All-Americans in the same season. The first were Luke Becker and Jared Lawrence after the 2003 season. They will also become just the sixth and seventh four-time All-Americans in the 100-year history of Golden Gopher Wrestling.

4x All-Americans	Years
1. Chad Kraft	1996, 97, 98, 99
2. Luke Becker	2000, 01, 02, 03
3. Jared Lawrence	2000, 01, 02, 03
4. Damion Hahn	2001, 02, 03, 04
5. Cole Konrad	2004, 05, 06, 07

### HOME SCHEDULE

The Gophers welcome some of the nation's best talent to Minnesota this winter. Of their seven home dual meets this season, five are with teams currently ranked in the NWCA Top-25, paced by No. 1 Iowa who comes to Williams Arena on Feb. 14. Also visiting the Gophers this season are No. 7 Nebraska on Dec. 10, No. 2 Iowa State on Jan. 3, No. 17 Wisconsin on Jan. 29 and No. 15 Penn State on Feb. 19.

### THE NEXT 100 YEARS

Golden Gopher Wrestling fans, you can help build for the next 100 years, and it's as easy as coming to the meet. When Minnesota hosts Purdue on Jan. 31, it will be the Golden Gopher Wrestling Scholarship Fund Meet. 100% of the ticket revenue against Purdue will go directly to fund scholarships for the Minnesota Wrestling team. So when fans buy their tickets, they will be making a donation to the future of Golden Gopher wrestling, and one that a student-athlete will directly benefit from.

### HEY NOW, YOU'RE AN ALL-STAR

Sophomore Zach Sanders recently competed in the NWCA All-Star classic, as one of just 26 Division I wrestlers from around the country selected. Sanders was paired with James Nicholson of Old Dominion, an opponent he beat last season at the NCAA Tournament. In their exhibition meeting at the All-Star Classic, Sanders again won, claiming a 7-5 decision.

### WE'RE UNDEFEATED

There were 10 Golden Gophers who made it through the first weekend unbeaten, and after the Kaufman-Brand Open Sonny Yohn was able to extend his season opening record to 7-0. Yohn was the only Gopher who competed at the Kaufman-Brand to begin and end his day unbeaten. Several Gophers who were perfect at the Bison Open, got the day off at the Kaufman-Brand including Mario Mason, Luke Mellmer, Tony Nelson, Jayson Ness, Zach Sanders and Mike Thorn.

### WERE GOIN' STREAKIN'

Following their performances in the early season, Mario Mason, Jayson Ness and Sonny Yohn each hold the longest current winning streak for the Golden Gophers. Running perfect through two meets, Sonny Yohn leads the team at 8-0, dating back to last season. Ness' run also dates back to the end of last year as he is unbeaten in his last five matches. Mason's streak is also five straight, with all five coming this season.

### FALLIN' FOR YOU

Jayson Ness was dominant at the Bison Open, winning each match by fall. The three pins by Ness make him the early team leader, matched only by Alec Ortiz. Ness is the school record holder for both single season and career falls, entering the season with 54 in his tenure. Now with 57, he is further distancing himself from second place Billy Pierce who ended his career with 51.

### SEASON OPENING DUALS

Under J Robinson, the Gophers are 16-7 in their first dual of the season, including wins on their last two. In the season opener last year, Minnesota posted a 54-0 shutout to beat Portland State. Ironically, the Gophers have the same record under Robinson in their first home dual of the season, sitting at 16-7. In last years home opening dual, Minnesota fell 13-23 to Oklahoma State.

### GET SCORE UPDATES ON YOUR PHONE

Fans can get scoring updates from all of Golden Gopher athletics through the Twitter page @GopherScores. Just find and follow @GopherScores, then set up your phone or mobile device to receive the text updates. If you are not already on Twitter, you will need to create an account.

### TWITTER

Follow the Golden Gophers on Twitter. Just search @GopherWrestling on Twitter to follow all the news updates.



**Polls and Rankings**
**NWCA Rankings - 11/24/09**

No.	Team	Prev.	Points	Rec
1.	Iowa (11)	1	275	5-0
2.	Iowa State	2	264	1-0
3.	Oklahoma State	4	249	1-0
4.	Ohio State	5	244	4-0
<b>5.</b>	<b>Minnesota</b>	<b>6</b>	<b>225</b>	<b>0-0</b>
6.	Maryland	10	211	3-0
7.	Nebraska	7	205	1-0
8.	Boise State	8	199	4-0
9.	Cornell	3	197	0-1
10.	Central Michigan	11	177	1-0
11.	Oklahoma	12	156	2-0
12.	Lehigh	14	148	4-1
13.	Indiana	16	124	1-0
14.	Kent State	18	110	2-0
15.	Penn State	19	103	4-1
16.	Missouri	9	101	1-2
17.-T	Edinboro	15	85	2-1
17.-T	Wisconsin	13	85	1-3
19.	Old Dominion	21	61	0-1
20.	Arizona State	20	57	2-2
21.	Virginia	22	55	5-0
22.	Illinois	17	54	2-2
23.	Virginia Tech	23	40	4-1
24.	Pittsburgh	NR	32	5-1
25.	Cal Poly	NR	27	2-0

**Other Receiving Votes:** Bucknell, Michigan, Michigan State, Oregon State, Penn, Purdue, Rutgers

first place votes in parentheses

**InterMat Rankings - 11/24/09**

No.	Team	Rec.	Pts.
1.	Iowa	5-0	90.0
2.	Iowa State	1-0	80.0
3.	Ohio State	4-0	58.5
<b>4.</b>	<b>Minnesota</b>	<b>0-0</b>	<b>79.5</b>
5.	Oklahoma State	1-0	71.0
6.	Maryland	3-0	43.0
7.	Cornell	0-1	68.5
8.	Nebraska	1-0	56.5
9.	Boise State	3-0	52.0
10.	Central Michigan	1-0	45.5
11.	Indiana	1-0	26.5
12.	Lehigh	4-1	18.0
13.	Penn State	4-1	37.0
14.	Oklahoma	2-0	34.0
15.	Arizona State	2-2	29.0
16.	Cal Poly	2-0	22.0
17.	Missouri	1-2	50.5
18.	Virginia	5-0	16.0
19.	Edinboro	2-1	26.0
20.	Kent State	2-0	17.0
21.	Oregon State	1-1	4.0
22.	Wisconsin	1-3	44.5
23.	Old Dominion	0-1	20.5
24.	Virginia Tech	4-1	10.5
25.	Pittsburgh	5-1	5.0

**W.I.N. Magazine Power Index - 11/24/09**

No.	Team	Top 8	Total Points
1.	Iowa	7	105.0
2.	Iowa State	5	72.5
<b>3.</b>	<b>Minnesota</b>	<b>4</b>	<b>57.0</b>
4.	Nebraska	4	54.0
5.	Cornell	3	53.5
6.	C. Michigan	4	48.0
7.	Ohio State	4	45.0
8.	Boise State	4	44.5
9.	Missouri	3	42.5
10.	Maryland	3	38.0
11.	Oklahoma St	3	36.0
12.	Arizona State	2	32.0
13.	Wisconsin	2	30.5
14.	Oklahoma	3	29.0
15.-T	Indiana	2	28.5
15.-T	Penn State	3	28.5
17.	Kent State	2	26.0
18.	Edinboro	1	23.5
19.	Duke	1	21.0
29.	Michigan State	1	20.0
21.	Cal Poly	1	19.0
22.	American	1	18.5
23.	Virginia Tech	2	18.0
24.	Old Dominion	1	16.5
25.	Lehigh	1	16.0

**D1CollegeWrestling.net - 11/24/09**

No.	Team
1.	Iowa
2.	Iowa State
3.	Oklahoma State
4.	Ohio State
5.	Maryland
<b>6.</b>	<b>Minnesota</b>
7.	Cornell
8.	Boise State
9.	Nebraska
10.	Oklahoma
11.	Central Michigan
12.	Indiana
13.	Lehigh
14.	Penn State
15.	Missouri
16.	Edinboro
17.	Wisconsin
18.	Kent State
19.	Arizona State
20.	Virginia
21.	Old Dominion
22.	Virginia Tech
23.	Bucknell
24.	Cal Poly
25.	Oregon State

**Individual Rankings**

Wt.	Wrestler	AWN	WIN	IM	D1CW
125	Zach Sanders	4	4	4	4
133	Jayson Ness	2	2	2	2
141	Mike Thorn	10	7	4	7
149	Mario Mason	12	13	9	14
157	Jake Deitchler	-	16	13	23
165	Dustin Schlatter	2	2	1	2
174	-	-	-	-	-
184	Sonny Yohn	-	18	16	18
197	Sonny Yohn	17	-	-	-
HWT	Ben Berhow	10	9	8	8

**AWN:** Amateur Wrestling News

**WIN:** Wrestling Insider News

**IM:** InterMat

**D1CW:** D1CollegeWrestling.net

**2009-10 Minnesota Wrestling Statistics (0-0 Overall, 0-0 Big Ten)** (as of Nov. 21, 2009)

Wt.	Name	Overall	Wt. Cl.	Dual	Points	Big Ten	Pins	MD	TF	Big Tens	NCAA
125	Sanders, Zach	4-0	4-0	-	-	-	2-0	1-0	-		
	Waliullah, Austin	0-2	0-2	-	-	-	0-2	-	-		
133	Ness, Jayson	3-0	3-0	-	-	-	3-0	-	-		
	Thorn, David	7-1	7-1	-	-	-	-	2-0	1-0		
	Antczak, Thane	5-4	5-4	-	-	-	1-0	0-1	-		
	Gaiimo, Tom	3-4	3-4	-	-	-	1-1	-	0-1		
141	Thorn, Mike	4-0	4-0	-	-	-	2-0	1-0	1-0		
	Reiter, Bart	7-2	7-2	-	-	-	1-0	2-0	0-1		
	Mellmer, Jake	4-1	4-1	-	-	-	-	1-0	-		
	Zilverberg, David	0-2	0-2	-	-	-	0-1	-	-		
149	Mason, Mario	5-0	5-0	-	-	-	-	1-0	1-0		
	Zilverberg, Danny	6-3	6-3	-	-	-	1-0	-	-		
	Mellmer, Luke	2-0	2-0	-	-	-	-	-	-		
	Blake, Ryan	0-4	0-4	-	-	-	-	0-2	-		
157	-										
165	Ortiz, Alec	7-2	7-2	-	-	-	3-0	1-0	-		
	Hill, Joel	1-2	1-2	-	-	-	1-1	-	-		
174	Glasser, Scott	9-1	9-1	-	-	-	1-0	3-0	1-0		
	Yohn, Cody	9-3	9-3	-	-	-	1-0	1-0	2-0		
	Steinhaus, Kevin	7-2	7-2	-	-	-	-	4-0	-		
	Matousek, Nate	6-3	6-3	-	-	-	1-0	0-1	1-0		
	Everson, Matt	5-3	5-3	-	-	-	1-0	2-1	-		
	Avalos, Steven	3-4	3-4	-	-	-	1-0	-	-		
184	Yohn, Sonny	7-0	3-0	-	-	-	1-0	1-0	-		
	Young, Kaleb	2-2	2-2	-	-	-	1-0	-	-		
197	Yohn, Sonny	7-0	4-0	-	-	-	-	2-0	2-0		
	Nord, Joe	5-3	5-3	-	-	-	2-2	2-1	-		
	Antonson, Greg	1-4	1-4	-	-	-	0-1	-	-		
	Filkins, Jake	1-2	1-2	-	-	-	1-0	0-1	-		
HWT	Berhow, Ben	5-1	5-1	-	-	-	1-0	1-0	-		
	Kettler, Jake	7-1	7-1	-	-	-	2-0	-	-		
	Nelson, Tony	2-0	2-0	-	-	-	-	-	-		
	<b>Team Totals</b>		<b>127-56</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>28-8</b>	<b>25-7</b>	<b>9-2</b>		

**Overall:** Wrestler's record in all weight classes during the 2009-10 season; **Wt. Cl.:** Record in the specified weight class; **Dual:** Dual match record at listed weight class; **Points:** Team points scored in dual meets - Minnesota/Opponent; **Big Ten:** Dual Record in Big Ten Matches; **Pins:** Record in pin matches at specified weight class; **MD:** Record in major decision matches at specified weight class; **TF:** Record in technical fall matches at specified weight class; **BTC:** Record and finish at Big Ten Championships. **NCAA:** Record and finish at NCAA Championships.

**Team Stats: Weight-by-Weight Results**

Weight	Overall Record	Overall Dual	Big Ten Dual	Pins
125	4-2	-	-	2
133	18-9	-	-	5
141	15-5	-	-	2
149	13-7	-	-	1
157	-	-	-	-
165	8-4	-	-	4
174	39-10	-	-	5
184	5-2	-	-	2
197	11-9	-	-	3
HWT	15-2	-	-	3