



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

Contact: Tom Nelson 320-308-2141 or tcnelson@stcloudstate.edu



Upcoming Matches:

Jan. 22

#8 Augustana, 7 p.m.

Jan. 23

#1 Nebraska-Omaha, 2 p.m.



2009-10 SCSU Schedule

Date	Opponent	Time/Result
Nov. 8	Black/Red Classic	B 16, R 15
Nov. 14	at Northwestern	L, 17-12
Nov. 14	vs. Eastern Mich.	L, 25-24
Nov. 14	vs. North Central	W, 20-19
Nov. 21	at Cobber Open	No Team Scores
Dec. 5	at UW LaCrosse Duals	9 a.m.
	vs. UW-Stevens Points	W, 28-9
	vs. Loras	W, 48-0
	at UW-LaCrosse	W, 25-13
Dec. 12	HUSKY OPEN	No Team Scores
Dec. 29-30	Midlands Tournament	34th place
Jan. 9-10	NWCA Duals	7th place
Jan. 9	vs. SF State	W, 22-10
Jan. 9	vs. UN-Omaha	L, 27-12
Jan. 9	vs. Ft. Hays State	W, 23-13
Jan. 10	vs. UW-Parkside	L, 19-14
Jan. 10	vs. Augustana	W, 19-18
Jan. 15	UW-EAU CLAIRE	W, 35-12
Jan. 16	SW MINNESOTA	W, 37-9
Jan. 22	AUGUSTANA	7 p.m.
Jan. 23	UN-OMAHA	2 p.m.
Jan. 29	at MSU Moorhead	7 p.m.
Feb. 5	at Mary	7 p.m.
Feb. 6	at Northern State	7 p.m.
Feb. 11	ST. JOHN'S	7 p.m.
Feb. 14	UPPER IOWA	2 p.m.
Feb. 19	at Minnesota State	7 p.m.
Feb. 28	at Super Regional	TBA
Mar. 12-13	NCAA II Finals	TBA

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

NEED INFO?

For information about SCSU Wrestling, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Wrestling Contact at SCSU for 2005-06 is Tom Nelson. You can contact him via email at tcnelson@stcloudstate.edu

IMPORTANT NUMBERS:

Wrestling Office: 320-308-2996

HUSKY HOME PAGE:

www.StCloudState.edu/athletics

2009-10 SCSU Wrestling News

Release Date: Jan. 19, 2010

HUSKIES HEADLINERS:

- The #9 St. Cloud State University wrestling team (9-4) will continue its 2009-10 season on Jan. 22 with a 7 p.m. home match against #8 Augustana (5-4) in Halenbeck Hall. Earlier this year, SCSU gained a 19-18 win over Augustana at the National Duals on Jan. 10. The weekend at home will conclude on Jan. 23, with a 2 p.m. showdown in Halenbeck Hall against #1 Nebraska-Omaha (5-0). Of note, UNO is the defending national champion and earlier this season at the DII National Duals, the Mavericks posted a 27-12 win over SCSU on Jan. 9.
- SCSU now owns a 9-4 dual match record in 2009-10.
- The match against UNO has been designated as SCSU Wrestling Alumni Day. A variety of Alumni-related activities are planned for the day, so please call the SCSU wrestling office at 320-308-2996 to obtain more information. All former SCSU wrestlers are invited to take part in Alumni Day on Jan. 23...plus you will get a chance to see two of the nation's top Division II programs meet that day in Halenbeck.
- In the latest NCAA Division II Super Region #3 rankings, the Huskies gained a 2nd place rating with 58 points. Augustana ranked 1st in the region at 59. Individually, John Sundgren (157) and Jacob Roberts (149) were ranked first in the region, while Gabe Suarez (141), Tad Merritt (165), Derek Skala (184), Lucas Munkelwitz (197) and Jacob Kahnke (285) all ranked second in the region poll.
- In action against UW-Eau Claire, senior Adam Minnette posted an 11-1 major decision over Jon Ames at 157-pounds. Minnette is now 9-6 this season.
- Tad Merritt and Lucas Munkelwitz are 21-4 this season, while Jake Kahnke improved to 19-3 with their efforts at the NWCA Duals. Of note, Derek Skala is 17-7 this winter at 184-pounds. Some other Huskies gaining notice this season are Jacob Roberts at 149-pounds (8-6), Shamus O'Grady at 174-pounds (12-9), Trent Herold at 125-pounds (9-11) and Shane McQuade at 133-pounds (13-8).
- SCSU will be led on the mats this season by team captains junior **Gabe Suarez**, junior **Derek Skala**, junior **John Sundgren** and sophomore **Tad Merritt**.
- The Huskies finished the 2009-10 season with an 8-5 record and a 5-2 record against NSIC schools. SCSU placed second at the 2009 NCAA regional meet and 8th at the 2009 NCAA Division II championships.
- Remember, all SCSU students are admitted FREE to all home wrestling matches with a valid student ID card.
- SCSU was ranked 9th in the latest DII national rankings. SCSU's John Sundgren was ranked 5th at 157-pounds, while Derek Skala is 8th at 184-pounds. Lucas Munkelwitz has moved up to 5th at 197-pounds, and Jacon Kahnke is 8th at 285-pounds. SCSU's top ranked grappler is Tad Merritt, with a 3rd place ranking at 165-pounds in the latest poll.
- SCSU's eighth place finish at the 2009 NCAA Division II championships was the Huskies' best NCAA national finish since 1986.
- Last year, SCSU defeated Augustana 17-16 and lost to UNO 37-6 in dual match action.
- SCSU will travel to Minnesota State, Moorhead on Jan. 29, for a 7 p.m. match.



SCSU COACH STEVE COSTANZO: Steve Costanzo is in his fourth season as the Husky head wrestling coach. Costanzo begins his 11th season overall as a college head coach. He has a career record of 95-48-2 while coaching 90 National Qualifiers, 37 All-Americans, 2 National Champions and 28 NWCA All-Academic recipients. His record at St. Cloud State now stands at 34-18. An All-American wrestler at Nebraska-Omaha (1996 graduate), Costanza previously coached at Dana College from 1999 to 2006. Costanza led Dana to a national title in 2006.



2009-10 St. Cloud State Wrestling Roster

Name	Year	Weight	Hometown	High School	Name	Year	Weight	Hometown	High School	Zach
Mitchell Altermatt	RsSo	165	Wabasso, Minn.	Wabasso/SDSU	Kurt Salmen	So	165	Dassel, Minn.	Dassel-Cokato H.S./	
Joe Andersen	RsSo	149/157	Bemidji, Minn.	Bemidji					Ridgewater C.C.	
Josh Antonneau	So	184/197	Hartland, Wis.	Arrowhead./UW Miw.	Chad Schultz	RsFY	141	Mauston, Wisc.	Mauston	
Mic Berg	FY	184/197	Inver GroveHgts.	Simley	Derek Skala	RsJr	174	Owatonna	Owatonna	
Chris Brassell	FY	285	Park Ridge, IL	Maine South	Zach Stewart	FY	125/133	Green Bay	Ashwaubenon	
Josh Conrath	RsFY	184/197	Waseca, Minn.	Waseca	Gabriel Suarez	RsJr	141	Las Vegas, NV	Cimarron-Memorial	
Michael Cullen	RsFY	157	Coon Rapids	Coon Rapids/UW-L	John Sundgren	RsJr	157	Blaine, Minn.	Blaine	
Adam Helgeson	RsSo	133/141	Sauk Centre	Sauk Centre	Jake Tabbert	RsSo	149	Inver Grove Hgts.	Simley	
Trent Herold	FY	125/133	East Bethel	St. Francis						
Jacob Horn	FY	149/157	St. Michael	SM-Albertville						
Joshua Joriman	RsFY	157	Lino Lakes	Centennial						
Jacob Kahnke	RsFY	197/285	Shakopee,	Prior Lake/Old Dom.						
Alex Kontz	RsFY	149	Canby, Minn.	Canby						
Chad Kubasch	RsJr	149/157	New Germany	Watertown-Mayer						
Brian Litch	RsSo	141	Plymouth	Wayzata/Nebraska						
Luke Mathe	RsFY	141	Plover, Wisc.	Stevens Point						
Shane McQuade	FY	125/133	Appleton, Wisc.	Appleton West						
Tad Merritt	RsSo	165	Canby, Minn.	Canby						
Adam Minette	RsSr	157	New Prague	New Prague						
Lucas Munkelwitz	RsSo	184/197	Forest Lake	Forest Lake						
Shamus O'Grady	RsFY	174	Coon Rapids	Coon Rapids						
Mathew Piersak	RsFY	149	Shoreview	Mounds View						
Mac Rivard	FY	149	Cedar, Minn.	St. Francis						
Jacob Roberts	RsSr	149	Jordan, Minn.	Scott West/Augsburg						
Erik Rogness	RsJr	197	Buffalo, Minn.	Buffalo						
Ted Saatzer	RsSr	197	Mound, Minn.	Mound - Westonka/ Ridgewater C.C.						

Head Coach: Steve Costanzo (Fourth Season)
Assistant Coach: Matt Lowers (Third Season)
Graduate Assistant Coach: Chris Heilman (Second Season)
Graduate Assistant Coach: Cy Wainwright (First Season)
Volunteer Assistant Coach: Jeremy Lang (Fourth Season)
Volunteer Assistant Coach: John Peterson (Second Season)
Student Assistant Coach: Brad Padgett (First Season)
Student Assistant Coach: Josh Williams (First Season)

2009-10 SCSU Honors:
NSIC Wrestler of the Week - Tad Merritt on Nov. 16, 2009
NSIC Wrestler of the Week - John Sundgren on Dec. 8, 2009
John Oxtan Award (MVP at 2009 Husky Open) - Tad Merritt - 165 pounds

2009-10 St. Cloud State Wrestling Results

Name	W/L Record	Dual W/L	Falls	Bison	Cobber	Dragon	Husky	Midlands	Ridgewater	Worth.	ILCC	NC	Region	NCAA's
Andersen, Joe	6-1	1-0	1	NA	3rd	NA	NA	NA	NA	NA				
Antonneau, Josh	7-5	0-0	2	DNP	5th	NA	DNP	NA	NA	NA				
*Berg, Mic	19-9	0-0	6	3rd	4th	5th	4th	NA	3rd	2nd				
*Brassell, Chris	15-10	0-0	2	5th	3rd	DNP	4th	NA	2nd	4th				
Conrath, Josh	6-5	0-0	1	NA	DNP	NA	DNP	NA	3rd	NA				
Cullen, Michael	7-10	0-0	3	4th	DNP	NA	DNP	NA	DNP	DNP				
Ferguson, Calvin	0-0	0-0	0	NA	NA	NA	NA	NA	NA	NA				
Hanson, Westy	0-1	0-1	0	NA	NA	NA	NA	NA	NA	NA				
Helgeson, Adam	8-7	0-0	1	6th	5th	NA	DNP	NA	NA	NA				
Herold, Trent	9-11	5-8	2	NA	3rd	NA	DNP	NA	NA	NA				
Horn, Jake D.	0-0	0-0	0	NA	NA	NA	NA	NA	NA	NA				
*Horn, Jake R.	14-7	0-0	1	DNP	NA	3rd	DNP	NA	3rd	3rd				
Joriman, Josh	10-6	0-0	0	5th	5th	NA	DNP	NA	NA	NA				
Kahnke, Jacob	19-3	11-2	4	NA	1st	NA	3rd	NA	NA	NA				
Kontz, Alex	6-9	0-4	0	NA	2nd	DNP	DNP	NA	NA	NA				
Kubasch, Chad	5-8	0-0	0	DNP	DNP	NA	DNP	NA	NA	DNP				
Litch, Brian	3-4	0-0	2	NA	DNP	NA	DNP	NA	NA	NA				
McQuade, Shane	13-8	7-6	5	NA	2nd	NA	2nd	NA	NA	NA				
Merritt, Tad	21-4	11-2	11	NA	1st	NA	1st-OW	DNP	NA	NA				
Minette, Adam	9-6	1-0	1	NA	DNP	NA	5th	NA	NA	DNP				
Munkelwitz, Luke	21-4	11-2	4	NA	1st	NA	1st	DNP	NA	NA				
O'Grady, Shamus	12-9	8-5	3	NA	NA	NA	5th	DNP	NA	NA				
Piersak, Matt	2-2	0-0	1	NA	NA	NA	DNP	NA	NA	NA				
*Rivard, Mac	4-6	0-0	0	DNP	DNP	5th	NA	NA	NA	NA				
Roberts, Jacob	7-7	3-4	0	NA	3rd	NA	DNP	NA	NA	NA				
Rogness, Erik	10-6	0-0	1	NA	DNP	NA	DNP	NA	NA	3rd				
Saatzer, Ted	2-7	0-1	1	DNP	DNP	NA	DNP	NA	NA	NA				
*Salmen, Kurt	8-6	0-0	4	NA	NA	6th	6th	NA	1st	NA				
Schultz, Chad	9-5	1-0	4	6th	NA	NA	4th	NA	NA	NA				
Skala, Derek	17-7	9-3	3	NA	2nd	NA	2nd	DNP	NA	NA				
*Stewart, Zach	15-6	0-0	0	5th	5th	1st	DNP	NA	NA	1st				
Suarez, Gabe	8-6	2-4	4	NA	DNP	NA	1st	DNP	NA	NA				
Sundgren, John	10-5	6-5	5	NA	1st	NA	NA	NA	NA	NA				
Tabbert, Jake	5-4	0-2	1	NA	1st	NA	DNP	NA	NA	NA				
TOTALS	307-195	76-49	71	7	17	5	12	0	5	5				
WIN PERCENTAGE	0.611	0.608												
* - Indicates - Wrestling Unattached													Dual Record: 9-4, 1-0 NSIC	
DNP - Indicates - Did Not Place													NSIC	
NA - Indicates - Not Active													Region	
													NCAA's	

