



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

Contact: Tom Nelson 320-308-2141 or [tcnelson@stcloudstate.edu](mailto:tcnelson@stcloudstate.edu)



## Upcoming Matches:



Feb. 5

at Mary - 7 p.m.

Feb. 6

at Northern St. - 7 p.m.

## 2009-10 SCSU Schedule

Date	Opponent	Time/Result
Nov. 8	Black/Red Classic	B 16, R 15
Nov. 14	at Northwestern	L, 17-12
Nov. 14	vs. Eastern Mich.	L, 25-24
Nov. 14	vs. North Central	W, 20-19
Nov. 21	at Cobber Open	No Team Scores
Dec. 5	at UW LaCrosse Duals	9 a.m.
	vs. UW-Stevens Points	W, 28-9
	vs. Loras	W, 48-0
	at UW-LaCrosse	W, 25-13
Dec. 12	HUSKY OPEN	No Team Scores
Dec. 29-30	Midlands Tournament	34th place
Jan. 9-10	NWCA Duals	7th place
Jan. 9	vs. SF State	W, 22-10
Jan. 9	vs. UN-Omaha	L, 27-12
Jan. 9	vs. Ft. Hays State	W, 23-13
Jan. 10	vs. UW-Parkside	L, 19-14
Jan. 10	vs. Augustana	W, 19-18
Jan. 15	UW-EAU CLAIRE	W, 35-12
Jan. 16	SW MINNESOTA	W, 37-9
Jan. 22	AUGUSTANA	L, 25-7
Jan. 23	UN-OMAHA	L, 34-9
Jan. 29	at MSU Moorhead	W, 35-6
Feb. 5	at Mary	7 p.m.
Feb. 6	at Northern State	7 p.m.
Feb. 11	ST. JOHN'S	7 p.m.
Feb. 14	UPPER IOWA	2 p.m.
Feb. 19	at Minnesota State	7 p.m.
Feb. 28	at Super Regional	TBA
Mar. 12-13	NCAA II Finals	TBA

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

## NEED INFO?

For information about SCSU Wrestling, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Wrestling Contact at SCSU for 2005-06 is Tom Nelson. You can contact him via email at [tcnelson@stcloudstate.edu](mailto:tcnelson@stcloudstate.edu)

## IMPORTANT NUMBERS:

Wrestling Office: 320-308-2996

## HUSKY HOME PAGE:

[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)

## 2009-10 SCSU Wrestling News

Release Date: Feb. 4, 2010

### HUSKIES HEADLINERS:

- The #9 St. Cloud State University wrestling team (10-6, 2-1 NSIC) will continue its 2009-10 season on Feb. 5 with a 7 p.m. match at Mary and a Feb. 6 match at Northern State. The NSU match will begin at 7 p.m. Of note, fans can watch the match on Mary live via the web through the Penn Atlantic streaming service. Check out the Husky Home Page at [www.stcloudstate.edu/athletics](http://www.stcloudstate.edu/athletics) for details.
- In recent action, the Huskies improved to 10-6, 2-1 NSIC with a solid 35-6 victory at Minnesota State Moorhead on Jan. 29, in Moorhead. SCSU dominated the match with wins by Shane McQuade (133), Chad Schultz (141), John Sundgren (a pin at 157), Adam Minnette (165), Shamus O'Grady (174), Derek Skala (a pin at 184), Lucas Munkelwitz (197) and Jacob Kahnke (285).
- SCSU now owns a 10-6 dual match record (2-1 NSIC) in 2009-10.
- In the latest NCAA Division II Super Region #3 rankings, the Huskies gained a 3rd place rating with 43 points. Upper Iowa was 1st at 64 points and Augustana was 2nd at 61. SCSU wrestlers ranked in the region were as follows: Trent Herold (6th at 125), Shane McQuade (3rd at 133), Gabe Suarez (4th at 141), Jake Horn (6th at 149), John Sundgren (2nd at 157), Tad Merritt (2nd at 165), Shamus O'Grady (4th at 174), Derek Skala (2nd at 184), Lucas Munkelwitz (2nd at 197) and Jacob Kahnke (2nd at 285).
- Jacob Kahnke owns a 7-match win streak going into the Mary match, and he is now 22-3 this season at 285-pounds. He currently ranks 6th in the nation at 285-pounds.
- Lucas Munkelwitz owns a 6th place national ranking at 197-pounds this winter. He is 22-6 this year for the Huskies.
- Derek Skala is 20-7 this year for SCSU, and he has moved up to the #3 spot in the NCAA DII ranking at 184-pounds. Skala has gained wins in his last five outings.
- Tad Merritt owns a fifth place ranking at 165-pounds for SCSU this year with a 21-4 record. SCSU's other nationally ranked grappler is John Sundgren (11-7) with a 8th place ranking at 157-pounds this year.
- SCSU will be led on the mats this season by team captains junior **Gabe Suarez**, junior **Derek Skala**, junior **John Sundgren** and sophomore **Tad Merritt**.
- The Huskies finished the 2009-10 season with an 8-5 record and a 5-2 record against NSIC schools. SCSU placed second at the 2009 NCAA regional meet and 8th at the 2009 NCAA Division II championships.
- Remember, all SCSU students are admitted FREE to all home wrestling matches with a valid student ID card.
- SCSU was ranked 9th in the latest DII national rankings. SCSU is tied for ninth with Nebraska-Kearney. Nebraska-Omaha maintained its #1 national ranking this week, while NSIC rivals Upper Iowa (3rd), Augustana (6th) and Minnesota State (7th) are also ranked in the top 10 this week.
- SCSU's eighth place finish at the 2009 NCAA Division II championships was the Huskies' best NCAA national finish since 1986.
- SCSU will return home on Feb. 11 for a 7 p.m. match against St. John's (this match has been designated as prep night at SCSU). On Feb. 14, SCSU will host Upper Iowa at 2 p.m.



**SCSU COACH STEVE COSTANZO:** Steve Costanzo is in his fourth season as the Husky head wrestling coach. Costanzo begins his 11th season overall as a college head coach. He has a career record of 96-50-2 while coaching 90 National Qualifiers, 37 All-Americans, 2 National Champions and 28 NWCA All-Academic recipients. His record at St. Cloud State now stands at 35-20. An All-American wrestler at Nebraska-Omaha (1996 graduate), Costanza previously coached at Dana College from 1999 to 2006. Costanza led Dana to a national title in 2006.

**ATTENTION ALL STUDENTS and AREA YOUTH:** Attend the 2010 SCSU Wrestling Prep Night on Feb. 11 vs. St. John's. All high school, junior high and elementary students will be admitted for just \$1 for this exciting cross county dual.



## 2009-10 St. Cloud State Wrestling Roster

Name	Year	Weight	Hometown	High School	Name	Year	Weight	Hometown	High School	Zach
Mitchell Altermatt	RsSo	165	Wabasso, Minn.	Wabasso/SDSU	Kurt Salmen	So	165	Dassel, Minn.	Dassel-Cokato H.S./	
Joe Andersen	RsSo	149/157	Bemidji, Minn.	Bemidji					Ridgewater C.C.	
Josh Antonneau	So	184/197	Hartland, Wis.	Arrowhead./UW Miv.	Chad Schultz	RsFY	141	Mauston, Wisc.	Mauston	
Mic Berg	FY	184/197	Inver GroveHgts.	Simley	Derek Skala	RsJr	174	Owatonna	Owatonna	
Chris Brassell	FY	285	Park Ridge, IL	Maine South	Zach Stewart	FY	125/133	Green Bay	Ashwaubenon	
Josh Conrath	RsFY	184/197	Waseca, Minn.	Waseca	Gabriel Suarez	RsJr	141	Las Vegas, NV	Cimarron-Memorial	
Michael Cullen	RsFY	157	Coon Rapids	Coon Rapids/UW-L	John Sundgren	RsJr	157	Blaine, Minn.	Blaine	
Adam Helgeson	RsSo	133/141	Sauk Centre	Sauk Centre	Jake Tabbert	RsSo	149	Inver Grove Hgts.	Simley	
Trent Herold	FY	125/133	East Bethel	St. Francis						
Jacob Horn	FY	149/157	St. Michael	SM-Albertville						
Joshua Joriman	RsFY	157	Lino Lakes	Centennial						
Jacob Kahnke	RsFY	197/285	Shakopee,	Prior Lake/Old Dom.						
Alex Kontz	RsFY	149	Canby, Minn.	Canby						
Chad Kubasch	RsJr	149/157	New Germany	Watertown-Mayer						
Brian Litch	RsSo	141	Plymouth	Wayzata/Nebraska						
Luke Mathe	RsFY	141	Plover, Wisc.	Stevens Point						
Shane McQuade	FY	125/133	Appleton, Wisc.	Appleton West						
Tad Merritt	RsSo	165	Canby, Minn.	Canby						
Adam Minette	RsSr	157	New Prague	New Prague						
Lucas Munkelwitz	RsSo	184/197	Forest Lake	Forest Lake						
Shamus O'Grady	RsFY	174	Coon Rapids	Coon Rapids						
Mathew Piersak	RsFY	149	Shoreview	Mounds View						
Mac Rivard	FY	149	Cedar, Minn.	St. Francis						
Jacob Roberts	RsSr	149	Jordan, Minn.	Scott West/Augsburg						
Erik Rogness	RsJr	197	Buffalo, Minn.	Buffalo						
Ted Saatzer	RsSr	197	Mound, Minn.	Mound - Westonka/ Ridgewater C.C.						

**Head Coach:** Steve Costanzo (Fourth Season)  
**Assistant Coach:** Matt Lowers (Third Season)  
**Graduate Assistant Coach:** Chris Heilman (Second Season)  
**Graduate Assistant Coach:** Cy Wainwright (First Season)  
**Volunteer Assistant Coach:** Jeremy Lang (Fourth Season)  
**Volunteer Assistant Coach:** John Peterson (Second Season)  
**Student Assistant Coach:** Brad Padgett (First Season)  
**Student Assistant Coach:** Josh Williams (First Season)

**2009-10 SCSU Honors:**  
**NSIC Wrestler of the Week** - Tad Merritt on Nov. 16, 2009  
**NSIC Wrestler of the Week** - John Sundgren on Dec. 8, 2009  
**John Oxtan Award (MVP at 2009 Husky Open)** - Tad Merritt - 165 pounds

## 2009-10 St. Cloud State Wrestling Results

Name	W/L Record	Dual W/L	Falls	Bison	Cobber	Dragon	Husky	Midlands	Ridgewater	Worth.	NC	Region	NCAA's
Andersen, Joe	6-1	1-0	1	NA	3rd	NA	NA	NA	NA	NA	NA		
Antonneau, Josh	11-6	0-0	3	DNP	5th	NA	DNP	NA	NA	NA	5th		
*Berg, Mic	22-10	0-0	6	3rd	4th	5th	4th	NA	3rd	2nd	2nd		
*Brassell, Chris	19-12	0-0	2	5th	3rd	DNP	4th	NA	2nd	4th	5th		
Conrath, Josh	6-5	0-0	1	NA	DNP	NA	DNP	NA	3rd	NA	NA		
Cullen, Michael	7-12	0-0	3	4th	DNP	NA	DNP	NA	DNP	DNP	DNP		
Ferguson, Calvin	0-2	0-0	0	NA	NA	NA	NA	NA	NA	NA	DNP		
Hanson, Westy	0-1	0-1	0	NA	NA	NA	NA	NA	NA	NA	NA		
Helgeson, Adam	8-7	0-0	1	6th	5th	NA	DNP	NA	NA	NA	NA		
Herold, Trent	9-14	5-11	2	NA	3rd	NA	DNP	NA	NA	NA	NA		
Horn, Jake D.	3-2	0-0	0	NA	NA	NA	NA	NA	NA	NA	DNP		
Horn, Jake R.	19-11	0-3	2	DNP	NA	3rd	DNP	NA	3rd	3rd	3rd		
Joriman, Josh	12-8	0-0	0	5th	5th	NA	DNP	NA	NA	NA	DNP		
Kahnke, Jacob	22-3	14-2	4	NA	1st	NA	3rd	NA	NA	NA	NA		
Kontz, Alex	6-9	0-4	0	NA	2nd	DNP	DNP	NA	NA	NA	NA		
Kubasch, Chad	8-10	0-0	0	DNP	DNP	NA	DNP	NA	NA	DNP	DNP		
Litch, Brian	3-4	0-0	2	NA	DNP	NA	DNP	NA	NA	NA	NA		
McQuade, Shane	14-10	8-8	5	NA	2nd	NA	2nd	NA	NA	NA	NA		
Merritt, Tad	21-4	11-2	11	NA	1st	NA	1st-OW	DNP	NA	NA	NA		
Minette, Adam	10-8	2-2	1	NA	DNP	NA	5th	NA	NA	5th	NA		
Munkelwitz, Luke	22-6	12-4	4	NA	1st	NA	1st	DNP	NA	NA	NA		
O'Grady, Shamus	13-10	9-6	3	NA	NA	NA	5th	DNP	NA	NA	NA		
Piersak, Matt	4-4	0-0	2	NA	NA	NA	DNP	NA	NA	NA	8th		
*Rivard, Mac	4-6	0-0	0	DNP	DNP	5th	NA	NA	NA	NA	NA		
Roberts, Jacob	7-7	3-4	0	NA	3rd	NA	DNP	NA	NA	NA	NA		
Rogness, Erik	13-7	0-0	1	NA	DNP	NA	DNP	NA	NA	3rd	4th		
Saatzer, Ted	2-9	0-1	1	DNP	DNP	NA	DNP	NA	NA	NA	DNP		
*Salmen, Kurt	10-8	0-0	4	NA	NA	6th	6th	NA	1st	NA	DNP		
Schultz, Chad	10-7	2-2	5	6th	NA	NA	4th	NA	NA	NA	NA		
Skala, Derek	20-7	11-3	5	NA	2nd	NA	2nd	DNP	NA	NA	NA		
*Stewart, Zach	18-7	0-0	0	5th	5th	1st	DNP	NA	NA	1st	2nd		
Suarez, Gabe	8-6	2-4	4	NA	DNP	NA	1st	DNP	NA	NA	NA		
Sundgren, John	11-7	7-7	6	NA	1st	NA	NA	NA	NA	NA	NA		
Tabbert, Jake	7-6	0-2	3	NA	1st	NA	DNP	NA	NA	NA	DNP		
<b>TOTALS</b>	<b>355-238</b>	<b>88-66</b>	<b>80</b>	<b>7</b>	<b>17</b>	<b>5</b>	<b>12</b>	<b>0</b>	<b>5</b>	<b>5</b>	<b>7</b>		
<b>WIN PERCENTAGE</b>	<b>0.598</b>	<b>0.571</b>											
* - Indicates - Wrestling Unattached											National Duals - 7th		
DNP - Indicates - Did Not Place											NSIC		
NA - Indicates - Not Active											Region		
											NCAA's		

