

IOWA HAWKEYES



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

MARCH 15, 2010

2009-10 SCHEDULE & RESULTS (23-0 Overall, 8-0 Big Ten)

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open	2 champs
11/20	Coe *	W, 39-3
	Cornell College *	W, 57-0
	Iowa Lakes *	W, 52-0
	UNC Pembroke *	W, 47-0
	S. Illinois Edwardsville *	W, 51-0
11/21	at Kaufman-Brand Open	2 champs
11/27	at Bucknell	W, 29-7
	vs. Rutgers	W, 33-9
12/6	at Iowa State (IPTV)	W, 18-16
12/10	Northern Iowa (BTNWS)	W, 48-3
12/29-30	at Midlands Champ's (BTN)	1st
1/9-10	at NWCA/Cliff Keen Duals	1st
1/9	vs. Nebraska	W, 33-3
	vs. Boise State	W, 20-12
1/10	vs. Minnesota	W, 28-12
	vs. Iowa State	W, 19-12
1/16	Oklahoma State (BTN)	W, 19-16
1/22	at Michigan	W, 36-0
1/24	vs. Purdue - at Lowell, IN	W, 41-6
1/29	Penn State (IPTV, BTNWS)	W, 29-6
1/31	Michigan State (BTNWS)	W, 37-0
2/6	vs. Utah Valley	W, 38-0
2/12	Northwestern (BTNWS)	W, 49-0
2/14	at Minnesota (BTN)	W, 28-9
2/19	Ohio State (BTN)	W, 32-3
2/21	at Wisconsin (BTN)	W, 31-6
3/6-7	at Big Ten Championships	1st 2 champs/156.5 points
3/18-20	at NCAA Champ's - Omaha, NE	
	Session I - 3/18	11 a.m.
	Session II - 3/18	6:30 p.m.
	Session III - 3/19	10 a.m.
	Session IV - 3/19 (ESPNU)	6 p.m.
	Session V - 3/20 (ESPNU)	10 a.m.
	Session VI - 3/20 (ESPN)	6:30 p.m.

All times are Central and subject to change.
 * - Iowa City Duals
 BTN - Big Ten Network
 IPTV - Iowa Public Television
 BTNWS - Big Ten Network Web Streaming

IOWA'S NCAA QUALIFIERS

#1 Iowa Hawkeyes (23-0, 8-0 Big Ten)

2009-10 Collegiate

Wt.	Rank	Name	Yr.	Hometown/Last School	Record
125	4/3/3	Matt McDonough *Fr.		Marion, IA/Linn-Mar HS	32-1
133	4/3/3	Daniel Dennis	Sr.	Ingleside, IL/Grant HS	18-3
141	4/4/8	Montell Marion	So.	Des Moines, IA/Roosevelt HS	23-5
149	1/1/2	Brent Metcalf	Sr.	Davison, MI/Virginia Tech	31-1
157		Jake Kerr	Jr.	Oskaloosa, IA/Oskaloosa HS	11-9
165	4/4/7	Ryan Morningstar	Sr.	Lisbon, IA/Lisbon HS	26-6
174	1/2/1	Jay Borschel	Sr.	Marion, IA/Virginia Tech	32-0
184	8/10/9	Phillip Keddy	Sr.	Vernal, UT/Uintah HS	23-7
197	-/4/8	Chad Beatty	Sr.	Wilton, IA/Wilton HS	14-3
HWT	8/10/3	Dan Erekson	Sr.	Eagle, ID/Eagle HS	12-0

* redshirt freshman. Rankings are AWN/Intermat/WIN.

THIS WEEK

Iowa's 10 qualifiers will compete for the school's 23rd NCAA team title at the 2010 NCAA Wrestling Championships, Thursday-Saturday at the Qwest Center in Omaha, NE. Competition is set to start Thursday at 11 a.m. (CT).

This is the first time in the championship's 80-year history that the state of Nebraska will host the event. The NCAA, University of Nebraska and the Omaha Sports Commission will co-host the event. For ticket information, visit www.ticketmaster.com.

Iowa enters the tournament as the two-time defending team champion. The Hawkeyes have put together a series of title streaks, placing first nine straight times from 1978-86, six times from 1995-2000, three times from 1991-93 and two times twice (1975-76, 2008-09).

CHAMPIONSHIP SCHEDULE

Following is the NCAA Championships event schedule. Times are Central.

Session.....	Day	Time (CT)....	Mats ..	Competition
Session I	Thursday	11 a.m.	8.....	Pigtails & 1st Round
Session II	Thursday	6:30 p.m.	8.....	Consolation Prelims, 1st Round
Session III ...	Friday	9:30 a.m.	8.....	Championship Quarterfinals Consolation 2nd & 3rd Rounds,
Session IV ...	Friday	6 p.m.	6.....	Championship Semifinals Consolation 4th & 5th Rounds
Session V	Saturday	10 a.m.	6.....	Consolation Semifinals 3rd-5th-7th Place Matches
Session VI ...	Saturday	6:30 p.m.	1.....	Championship Finals

NCAA CHAMPIONSHIP RESULTS

Updated brackets and team standings will be available throughout the tournament at www.ncaasports.com.



TEAM RANKINGS

**NWCA/USA Today Division I Coaches Poll
(2/23/10)**

Rank	Team	Prev.		
		Rank	Points	Record
1.	Iowa	1	275	23-0
2.	Iowa State	2	264	13-2
3.	Ohio State	3	249	18-2
4.	Oklahoma State	4	246	14-2-1
5.	Minnesota	5	231	12-5
6.	Cornell	6	220	9-4-1
7.	Lehigh	7	209	16-3-1
8.	Oklahoma	8	198	16-3-1
9.	Maryland	9	185	19-4
10.	Penn State	10	171	13-6-1
11.	Boise State	11	161	15-3
12.	Central Michigan	12	149	17-2
13.	Indiana	13	143	16-3
14.	Wisconsin	14	129	9-9
15.	Oregon St.	15	113	18-3
16.	Kent State	16	107	15-4
17.	Pittsburgh	18	100	17-1-1
18.	Missouri	17	94	7-7
19.	Virginia Tech	19	86	17-5
20.	Cal Poly	20	67	8-4
21.	Purdue	23	45	11-10
22.	Rutgers	22	42	19-5-1
23.	Illinois	21	37	8-8
24.	Virginia	24	23	16-6
25.	Wyoming	NR	13	12-3

Others Receiving Votes: Arizona State, Edinboro, North Carolina, Old Dominion

2010 FINAL BIG TEN REGULAR SEASON STANDINGS

Team	Big Ten Overall		W-L-T	Pct.
	W-L-T	Pct.		
IOWA	8-0-0	1.000	23-0-0	1.000
Ohio State	7-1-0	.875	18-2-0	.900
Minnesota	7-1-0	.875	12-5-0	.706
Indiana	5-3-0	.625	16-3-0	.842
Penn State	4-3-0	.571	12-6-1	.658
Wisconsin	4-4-0	.500	8-10-0	.444
Illinois	3-5-0	.375	8-8-0	.500
Purdue	2-6-0	.250	11-10-0	.524
Michigan State	2-6-0	.250	8-8-1	.518
Northwestern	1-7-0	.125	6-12-1	.342
Michigan	0-8-0	.000	4-15-0	.211

NCAA QUALIFIERS

Iowa is one of four schools to qualify its entire 10-man lineup for the national tournament. It is the 18th time in school history - and the first since 2004 - that the Hawkeyes have qualified all 10 wrestlers. The other years were 1968, 1970, 1974, 1976, 1978, 1981, 1982, 1983, 1985, 1991, 1992, 1993, 1995, 1996, 1997, 1998 and 2004. Iowa qualified 11 wrestlers to the national tournament in 1959 and 1969.

Iowa is the only school with 10 automatic qualifiers. The other three schools with 10 qualifiers - Iowa State, Central Michigan and Oklahoma - each had at least one at-large qualifier. Oklahoma State and Minnesota each have nine qualifiers, while Boise State, Cornell, Ohio State and Virginia have eight.

ON THE AIR

Radio - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call the action live on AM-800, KXIC and www.hawkeyesports.com. Web audio broadcasts are available using the XXL All-Access subscription (\$14.95 per month or \$119.95 per year).

Television - Sessions III, IV and V will be aired live on ESPNU HD. The championship finals will be aired live on ESPN HD.

Internet - Matches from Sessions I and II will be broadcast on NCAA.com, and wrestling from Sessions III and VI will be available on ESPN360.com. Press releases, meet results and audio broadcasts are available on the University of Iowa's website, www.hawkeyesports.com. Current staff and student-athlete head shots can be found at pics.hawkeyesports.com.

IOWA QUALIFIERS BY THE NUMBERS

Iowa's 10 NCAA qualifiers have combined for one national title, eight all-America honors and 24 NCAA appearances.

Seniors **Ryan Morningstar** (165) and **Phillip Keddy** (184) are making their fourth NCAA appearance, seniors **Brent Metcalf** (149), **Jay Borschel** (174) and **Dan Erikson** (Hwt.) are competing at their third and seniors **Daniel Dennis** (133) and **Chad Beatty** (197) are wrestling in their second. Junior **Jake Kerr** (157), sophomore **Montell Marion** (141) and redshirt freshman **Matt McDonough** (125) are all making their first NCAA appearance.

Metcalf and Keddy are all two-time all-Americans, with Metcalf winning the 2008 149-pound NCAA title. Dennis, Morningstar, Borschel and Erikson have each earned one all-America honor.

NCAA RECORDS

Iowa holds five NCAA Championship records. The Hawkeyes hold records for most team points scored (170 in 1997), largest margin of victory (73.25 points in 1986), number of consecutive team titles (nine from 1978-86), most finalists (six in 1986 and 1997) and most individual champions (five in 1986 and 1997).

Ten Hawkeyes have been named Outstanding Wrestler of the NCAA Championships since the award was first given in 1932. They are **Chuck Yagla** (1976), **Bruce Kinseth** (1979), **Jim Zalesky** (1984), **Barry Davis** (1985), **Marty Kistler** (1986), **Tom Brands** (1992), **Terry Steiner** (1993), **Lincoln McClravy** (1997), **Joe Williams** (1998) and **Brent Metcalf** (2008).



2009 NCAA REVIEW

March 19-21, 2009

Scottrade Center - St. Louis, MO

Team Standings (Top 15)

Place	Team	Score
1.	Iowa	96.5
2.	Ohio State	92
3.	Iowa State	84.5
4.	Nebraska	78.5
5.	Cornell	73.5
6.	Edinboro	72
7.	Missouri	70
8.	Illinois	55
9.	Wisconsin	53
10.	Maryland	47.5
11.	Michigan	47
12.	Boise State	46.5
13.	Northwestern	46
14.	Central Michigan	35
	Minnesota	35

Individual Champions

Wt.	Name, School
125	Troy Nickerson, Cornell
133	Franklin Gomez, Michigan State
141	J Jagers, Ohio State
149	Darrion Caldwell, N. Carolina St.
157	Jordan Burroughs, Nebraska
165	Jarrold King, Edinboro
174	Steve Luke, Michigan
184	Jake Herbert, Northwestern
197	Jake Varner, Iowa State
Hwt.	Mark Ellis, Missouri

Iowa's Placemen

Wt.	Name	Place
133	Daniel Dennis	7th
149	Brent Metcalf	2nd
165	Ryan Morningstar	3rd
184	Phillip Keddy	4th
Hwt.	Dan Erikson	4th

NCAA Awards

Coach of the Year

Tom Ryan, Ohio State

Gorriaran Trophy

Hudson Taylor, Maryland

Outstanding Wrestler of the Meet

Darrion Caldwell, N. Carolina State

2009 NCAA CHAMPIONSHIPS REVIEW

Despite crowning no individual champions, the Hawkeyes collected their second straight national team title at the 2009 NCAA Championships in St. Louis, MO. Iowa scored 96.5 points, edging runner-up Ohio State by 4.5 points, to record the school's 22nd NCAA team title. That is the closest margin of victory since Iowa won the 1999 team title by two points. It marked only the second time in school history that the Hawkeyes won the NCAA title without an individual champion. Iowa also accomplished that feat in 1978. It was also the first year the Hawkeyes did not crown an individual champion since 2006.

Iowa's lone finalist - junior **Brent Metcalf** - was upset in the 149-pound finals by #3 seed Darrion Caldwell of North Carolina State, 11-6. Metcalf, who won the 2008 NCAA 149-pound title and was the tournament's top seed at that weight class, saw his 69-match winning streak snapped in the finals.

After qualifying nine wrestlers for the event, the Hawkeyes crowned five all-Americans in Metcalf and juniors **Daniel Dennis** (133-7th), **Ryan Morningstar** (165-3rd), **Phillip Keddy** (184-4th) and **Dan Erikson** (Hwt.-4th). The tournament's six-session attendance total of 97,111 was a record.

2010 BIG TEN CHAMPIONSHIPS REVIEW

Hawkeye seniors **Jay Borschel** (174) and **Dan Erikson** (Hwt.) wrestled their way to conference titles at the 2010 Big Ten Championships in Ann Arbor, MI. The duo helped the top-ranked Hawkeyes win their third-straight Big Ten title and the school's 34th overall. Iowa scored 156.5 points en route to the title, which is its highest score since 1995 (185), and the Big Ten's highest since Minnesota scored 174 in 2002. Iowa also qualified its entire 10-man lineup for the NCAA Championships for the 18th time in school history and the first since 2004. The Hawkeyes posted a 27-10 record over the two-day tournament, including a perfect 15-0 first round on Saturday.

Hawkeye Head Coach **Tom Brands** was named Big Ten Coach of the Year for the third straight year becoming the first coach in conference history to earn the honor in three consecutive seasons. Iowa redshirt freshman **Matt McDonough**, who placed second at 125 pounds, was named Big Ten Freshman of the Year. He is the fifth Hawkeye to earn the honor and the first since **Steve Mocco** in 2002.

Borschel, who was the tournament's top seed at 174 pounds, picked up his first Big Ten title with an 8-1 decision over Minnesota's Scott Glasser in the finals. The Hawkeye senior controlled the match, scoring a takedown in each period, a second-period escape and a point for accumulating 2:59 of riding time. Borschel is undefeated at 32-0, and the title is Iowa's first at 174 pounds.

Erikson became Iowa's 27th two-time conference champion with his 9-6 win over top-seeded Nate Everhart of Indiana in the finals. Erikson took Everhart to his back right off the opening whistle, scoring a takedown and three nearfall points to take a 5-0 lead. Everhart, who entered the bout with an undefeated 35-0 record, scored two escapes, but Erikson took a 6-2 lead when he was awarded a penalty point for Everhart fleeing the mat. Erikson started the third period with an escape, but Everhart rallied scoring two takedowns. Erikson held off the rally and added a point for riding time to remain undefeated at 12-0 this season.

McDonough, and seniors **Daniel Dennis** (133), **Brent Metcalf** (149) and **Phillip Keddy** (184) all earned second-place finishes for the Hawkeyes. Sophomore **Montell Marion** (141) placed third, while junior **Jake Kerr** (157) and senior **Ryan Morningstar** (165) placed fourth, and senior **Chad Beatty** (197) placed sixth.

McDonough, who was making his first Big Ten Championships appearance, lost a close 6-4 decision to three-time Big Ten champion Angel Escobedo of Indiana in the finals. Both wrestlers entered the bout with undefeated 32-0 records. After two

**2010 BIG TEN REVIEW***March 6-7, 2010**Crisler Arena - Ann Arbor, MI***Team Standings**

Place	Team	Score
1.	Iowa	156.5
2.	Minnesota	119.5
3.	Wisconsin	109
4.	Ohio State	102.5
5.	Penn State	91
6.	Purdue	76
7.	Michigan State	68.5
8.	Illinois	64
	Indiana	64
10.	Michigan	57.5
11.	Northwestern	20

Individual Champions

Wt.	Name, School
125	Angel Escobedo, Indiana
133	Jayson Ness, Minnesota
141	Mike Thorn, Minnesota
149	Lance Palmer, Ohio State
157	Cyler Sanderson, Penn State
165	Andrew Howe, Wisconsin
174	Jay Borschel, Iowa
184	John Dergo, Illinois
197	Trevor Brandvold, Wisconsin
Hwt.	Dan Erikson, Iowa

Iowa's Other Placewinners

Wt.	Name	Place
125	Matt McDonough	2nd
133	Daniel Dennis	2nd
141	Montell Marion	3rd
149	Brent Metcalf	2nd
157	Jake Kerr	4th
165	Ryan Morningstar	4th
184	Phillip Keddy	2nd
197	Chad Beatty	6th

Big Ten Awards**Coach of the Year****Tom Brands, Iowa****Freshman of the Year****Matt McDonough, Iowa****Wrestler of the Year**

Jayson Ness, Minnesota

Outstanding Wrestler of the Meet

Lance Palmer, Ohio State

periods full of scrambles, Escobedo led 1-0. McDonough escaped early in the third period to tie the score at 1-1, but Escobedo scored a quick takedown to take a 3-1 lead. McDonough escaped with 40 seconds left in the match, but Escobedo scored another takedown to make the score 5-2. McDonough reversed the top-seeded Indiana senior with 13 seconds left to pull within one (5-4). He let Escobedo up, but ran out of time in losing his first bout of the season.

Dennis, who was also wrestling in his first Big Ten final, lost to two-time Big Ten champion Jayson Ness of Minnesota, 9-3, in the 133-pound finals. Ness, who was the top seed and undefeated at 25-0, scored a first period takedown to take a 2-0 lead. Dennis chose the neutral position to start the second period and neither wrestler scored in the allotted two minutes. Ness chose the down position to start the third period, scoring an escape, takedown and two nearfall points to go up 7-0. Dennis escaped and scored a takedown of his own, but Ness escaped and added a riding time point for the 9-3 win. The Hawkeye senior is now 18-3 this season.

Metcalf was going for his third-straight 149-pound Big Ten title, but Ohio State's Lance Palmer spoiled the effort with a 9-3 victory in the finals. Metcalf led 3-1 after the first two periods, but Palmer had 1:33 in riding time going into the third. Palmer chose down to start the third period, and was awarded a penalty point after Metcalf was called for locked hands during a scramble. Metcalf held on to get the riding time under one minute, but Palmer escaped to tie the score at 3-3. The pair scrambled after an offensive flurry and Palmer came out on top, scoring a takedown and three nearfall points. Palmer held on to get the riding time point back and win his first Big Ten title. The Buckeye handed Metcalf (31-1) his first loss of the season while scoring his first win over Metcalf in five attempts.

Keddy placed second for the second-straight year, losing a 5-2 decision to top seed John Dergo of Illinois in the finals. The Hawkeye senior put the first points on the board with an escape to start the second period. Dergo followed with a takedown, but Keddy quickly escaped to tie the score at 2-2. Dergo started the third period in the down position and escaped to grab a 3-2 lead. Keddy had several offensive attempts, and Dergo capitalized on the last one, scoring a takedown for the 5-2 win.

The Hawkeyes had some key matches early in Sunday's consolation round to ensure 10 national qualifiers. The NCAA only allocated four automatic qualifiers at 141 and 157 pounds, which meant Marion and Kerr needed to win their first round matches to earn a trip to the NCAA meet. Morningstar's 165-pound class allowed for five qualifiers, meaning that he needed to win at least one match to make the national trip, and the 197-pound class took seven qualifiers so Beatty was guaranteed a spot regardless of his finish.

Marion was the only Hawkeye to win two matches on the day, posting an 11-6 decision over Wisconsin's Cole Schmitt in the consolation semifinals and a 5-2 win over Purdue's Juan Archuleta in the third-place match. Against Schmitt, Marion led 4-2 at the start of the third period, but the Badger escaped and scored a takedown to take a 5-4 lead. Marion reversed Schmitt to take a 6-5 lead with 42 seconds remaining. Schmitt escaped to tie the score at 6-6 and had 1:06 of riding time banked, but Marion's takedown with 12 seconds left and three additional nearfall points as time expired gave him the 11-6 win.

Kerr scored a 5-3 win over Michigan's David Johnson in the consolation semifinals, but lost a 6-4 decision in overtime to Michigan State's Anthony Jones to place fourth. Morningstar held off a late charge from Indiana's Paul Young to win 4-3 in the consolation semifinals. He was tied 2-2 with Penn State's Dan Vallimont in the third-place bout, but was injured going out of bounds and was forced to default the match and take fourth place. Beatty, in his first competition since December due to injury, posted medical forfeits in each of his consolation matches to place sixth.

**2009-10 HAWKEYE TOP FIVE STATISTICAL LEADERS****Collegiate Wins**

1. Matt McDonough (125) _____ 32
Jay Borschel (174) _____ 32
3. Brent Metcalf (149) _____ 31
4. Ryan Morningstar (165) _____ 26
5. Phillip Keddy (184) _____ 23
Montell Marion (141) _____ 23

Collegiate Winning Percentage

1. Jay Borschel (174) _____ 1.000 (32-0)
Dan Erikson (Hwt.) _____ 1.000 (12-0)
3. Matt McDonough (125) .969 (32-1)
Brent Metcalf (149) _____ .969 (31-1)
5. Daniel Dennis (133) _____ .857 (18-3)

Dual Wins

1. Matt McDonough (125) _____ 23
Brent Metcalf (149) _____ 23
Jay Borschel (174) _____ 23
4. Ryan Morningstar (165) _____ 18
5. Phillip Keddy (184) _____ 17

Dual Winning Percentage

1. Matt McDonough (125) 1.000 (23-0)
Brent Metcalf (149) _____ 1.000 (23-0)
Jay Borschel (174) _____ 1.000 (23-0)
Dan Erikson (Hwt.) _____ 1.000 (8-0)
5. Daniel Dennis (133) _____ .888 (16-2)
Chad Beatty (197) _____ .888 (8-1)

Dual Meet Team Points Scored

1. Brent Metcalf (149) _____ 123
2. Jay Borschel (174) _____ 105
3. Matt McDonough (125) _____ 104
4. Ryan Morningstar (165) _____ 73
5. Phillip Keddy (184) _____ 67

Falls

1. Brent Metcalf (149) _____ 16
2. Jay Borschel (174) _____ 10
3. Matt McDonough (125) _____ 9
4. J.J. Krutsinger (125) _____ 5
Jordan Johnson (Hwt.) _____ 5

Fastest Fall

1. Jay Borschel (174) _____ 0:13
2. Nate Moore (133) _____ 0:20
3. Vinnie Wagner (184) _____ 0:36
4. Jordan Johnson (Hwt.) _____ 0:47
5. Matt Ballweg (157) _____ 0:53

Technical Falls

1. Brent Metcalf (149) _____ 5
2. J.J. Krutsinger (125) _____ 3
Matt McDonough (125) _____ 3
Daniel Dennis (133) _____ 3
5. Ryan Morningstar (165) _____ 2
Phillip Keddy (184) _____ 2

Major Decisions

1. Matt McDonough (125) _____ 13
2. Jay Borschel (174) _____ 10
3. Phillip Keddy (184) _____ 8
4. Ryan Morningstar (165) _____ 7
5. Daniel Dennis (133) _____ 6

Winning Streaks

1. Jay Borschel (174) _____ 32
2. Dan Erikson (Hwt.) _____ 12
3. Aaron Janssen (157) _____ 4
4. Montell Marion (141) _____ 2
5. Dan LeClere (141) _____ 1
Grant Gambrall (184) _____ 1
Blake Rasing (Hwt.) _____ 1

Career Dual Starts

1. Ryan Morningstar (165) _____ 86
2. Phillip Keddy (184) _____ 84
3. Brent Metcalf (149) _____ 69
4. Jay Borschel (174) _____ 65
5. Daniel Dennis (133) _____ 61

Career Wins

1. Ryan Morningstar (165) _____ 106
2. Brent Metcalf (149) _____ 103
3. Phillip Keddy (184) _____ 99
4. Jay Borschel (174) _____ 93
5. Daniel Dennis (133) _____ 65
Dan Erikson (Hwt.) _____ 65

IOWA EARNS THIRD STRAIGHT BIG TEN TITLE

The Hawkeyes earned their third straight Big Ten regular season title Feb. 21 when they defeated Wisconsin, 31-6, in Madison, WI, going undefeated (23-0, 8-0 Big Ten) in dual competition for the 2009-10 season.

It marked the second straight season the Hawkeyes posted an undefeated record. The team ended the regular season on a school-record 61-match winning streak. The Hawkeyes have now posted 13 undefeated and untied seasons in school history.

IOWA WINNING STREAKS

The Hawkeyes have won 61 straight dual matches, which is a school record. The current streak started with a win over Cornell (32-3) on Jan. 12, 2008, which was the first match after Iowa lost to Oklahoma State (19-14) on Jan. 5.

That 61-match winning streak ranks fourth-best in NCAA wrestling history behind three Oklahoma State streaks. The Cowboys won 76 straight duals from 1937-51, and had two 69-match streaks (1921-32 and 1996-99).

The Hawkeyes have also won 41 consecutive duals on the road, which is also a school record. That streak started with a 20-13 win at Iowa State on Dec. 9, 2007.

Iowa has also won its last 25 duals at Carver-Hawkeye Arena. That streak, which ranks fourth-best in school history, started with a 27-13 win over Penn State on Jan. 20, 2008, which was also the first home match after the loss to the Cowboys. The school record is 55 (1/9/1977-12/18/1983).

Against Big Ten opponents, the Hawkeyes have won their last 27 duals, including the last 12 at home and 15 on the road. The 27 duals rank second in school history, while the 12 home duals rank third and the 15 road duals rank fourth. Iowa's school record for consecutive Big Ten wins is 98 (12/13/1975-1/28/1989), while the records for Big Ten home wins is 63 (1/17/1975-1/3/1998) and road wins is 54 (1/19/1974-1/28/1989).

Statistics are compiled from matches wrestled by attached competitors.



THE LAST TIME IOWA...

Won a dual meet at home:

Feb. 19, 2010 - 32-3 vs. Ohio State

Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma State

Won a dual meet on the road:

Feb. 21, 2010 - 31-6 at Wisconsin

Lost a dual meet on the road:

Feb. 4, 2007 - 24-13 at Penn State

Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

Shut-out an opponent in a dual meet:

Feb. 12, 2010 - 49-0 vs. Northwestern

Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois

Scored 50 or more team points:

Nov. 20, 2009 - 51-0 vs. SIUE

Went undefeated for a season:

2009-10 - 23-0

Went undefeated in Big Ten duals:

2009-10 - 8-0

Had a losing season: 1966-67 - 7-8

HIGH/LOW FACTS

Placing at NCAA Meet

High: 1st - 22 times, last in 2009

Low: T32nd - 1971

Team Score at NCAA Meet

High: 170 points - 1997

Low (since 1962): 8 points - 1968

Placing at Big Ten Meet

High: 1st - 34 times, last in 2010

Low: 10th - 1929

Individual NCAA Champs

High: 5 - 1986 and 1997

Low: 0 - 40 times, last in 2009

All-Americans

High: 9 - 6 times, last in 1995

Low: 0 - 19 times, last in 1968

Individual Big Ten Champs

High: 9 - 1983

Low: 0 - 29 times, last in 2006

SENIOR LEADERSHIP

Iowa's 11 seniors - Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erikson, Michael Fahrer, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton - bring a wealth of talent and experience to the mat.

The group has a combined career record of 669-221, going 413-116 in duals, 137-51 in Big Ten duals and 156-39 in Carver-Hawkeye Arena. The group has scored 1,687 team points in dual competition and has started a combined 532 dual matches. Iowa's seniors have won one NCAA individual title, five Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 21 times.

HAWKEYES SET SHUTOUT RECORD

Iowa's 49-0 shutout of Northwestern on Feb. 12 was its eighth of the season, which is a school record. The previous record of five was set during the 1980-81, 1989-90, 1990-91 and 2008-09 seasons. Iowa blanked Cornell College (57-0), Iowa Lakes (52-0), North Carolina Pembroke (47-0), Southern Illinois Edwardsville (51-0), Michigan (36-0), Michigan State (37-0), Utah Valley (38-0) and Northwestern (49-0) this season.

UNDEFEATED AT HOME

The 2009-10 Hawkeyes added another school record to their list of accomplishments with a 32-3 victory over #3 Ohio State on Feb. 19. The win gave Iowa a perfect 11-0 season record at Carver-Hawkeye Arena, which bested the previous record of 10 home wins in a season set in 1986. The Hawkeyes have posted 18 undefeated seasons at Carver-Hawkeye since moving into the facility in 1983. Iowa has a 179-18 (.909) record in the arena, which seats 15,500. The dual wrestling attendance record for Carver-Hawkeye Arena is 15,955, set when Iowa defeated Iowa State (20-15) on December 6, 2008.

BORSCHEL, EREKSON ENTER NCAA TOURNAMENT UNDEFEATED

Hawkeye seniors Jay Borschel (174) and Dan Erikson (Hwt.) enter their final NCAA tournament with undefeated season records. Borschel is 32-0, posting a 23-0 record in dual competition, while Erikson is 12-0, going 8-0 in dual matches.

Two Hawkeyes - redshirt freshman Matt McDonough (125) and senior Brent Metcalf (149) - each have one loss. McDonough is 32-1, while Metcalf is 31-1. Both lost their first bout of the season in the 2010 Big Ten Championship finals.

TRIO GOES OVER CENTURY POINT TOTAL

For the first time since the 2000-01 season, more than one Iowa wrestler has scored over 100 team points in dual competition. Hawkeye seniors Brent Metcalf and Jay Borschel, and redshirt freshman Matt McDonough scored 123, 105 and 104 team points in duals, respectively. Metcalf scored 100 or more dual team points in each of his seasons at Iowa, scoring 100 in 2007-08 and 123 in 2008-09. Former Hawkeye Eric Juergens (108) and current Hawkeye Assistant Coach Doug Schwab (104) were the last wrestlers to score over 100 team points in the same season.



METCALF MOVES UP ON CAREER PINS LIST

Hawkeye senior 149-pounder **Brent Metcalf** ranks seventh on Iowa's all-time career pins list with 47 falls. Former Hawkeye **Ed Banach** (1980-83) holds the record with 73. Iowa Assistant Coach **Terry Brands** ranks sixth with 48 (1988-92).

Metcalf is the only Hawkeye to crack the career list with only three seasons of competition. He has pinned 45 percent (44 pins in 106 matches) of his opponents at Iowa. The top-ranked Hawkeye has 16 pins this season with a 31-1 record.

METCALF, MORNINGSTAR SNARE 100TH CAREER VICTORIES

Seniors **Brent Metcalf** and **Ryan Morningstar** have each posted their 100th collegiate career victories this season.

Metcalf recorded his 100th career victory Feb. 19 with a 3-1 decision over Lance Palmer of Ohio State. He started 69 duals at Iowa, has a career record of 103-3 and a season record of 31-1. Morningstar recorded his 100th career win Feb. 6 with a 3-1 victory over Utah Valley's Jeb Clark. The Lisbon, IA, native is 26-6 this season, starting 86 duals for the Hawkeyes and has a career record of 106-38.

Hawkeye senior **Phillip Keddy** (99-39) is also closing in on his 100th career victory.

IOWA WRESTLING HISTORY

Iowa's overall dual meet record is 877-215-30 (.795) in 100 seasons. The Hawkeyes have won 22 national titles and 34 Big Ten titles. Iowa's 49 NCAA champions have won a total of 57 NCAA individual titles, crowning six three-time and 14 two-time champions. The Hawkeyes' 102 Big Ten champions have won a total of 186 conference titles. There have been seven four-time, 18 three-time and 27 two-time Iowa winners. Iowa's 138 all-Americans have earned all-America status 278 times, including 17 four-time, 27 three-time and 35 two-time honorees.

BIG TEN WRESTLERS OF THE WEEK

Each week during the regular season, the Big Ten awards a conference wrestler of the honor to the Big Ten's best individual competitor for that week.

Five Hawkeyes earned the honor during the 2009-10 season, including three in consecutive weeks. The five honorees ties Iowa's school record set during the 2002-03 and 2007-08 seasons. Minnesota posted six honorees in 2005-06, which is the Big Ten record. It was the first time, since the conference started awarding the weekly honor during the 2001-02 season, that wrestlers from the same team earned the honor in three consecutive weeks.

2009-10 IOWA DUAL STARTING LINEUPS

Opponent	125	133	141	149	157	165	174	184	197	Hwt.
*Coe	McDonough	Dennis	LeClere	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	Beatty	Johnson
*Cornell College	McDonough	Dennis	LeClere	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	Beatty	Johnson
*Iowa Lakes	McDonough	Dennis	LeClere	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	Beatty	Johnson
*UNC Pembroke	McDonough	Dennis	LeClere	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	Beatty	Johnson
*S. Illinois Edwardsville	McDonough	Dennis	LeClere	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	Beatty	Johnson
at Bucknell	McDonough	Dennis	LeClere	Metcalf	<i>Ballweg</i>	<i>Janssen</i>	Borschel	Keddy	Beatty	Johnson
§vs. Rutgers	McDonough	Dennis	LeClere	Metcalf	<i>Janssen</i>	<i>Kerr</i>	Borschel	Gambrall	Beatty	Johnson
at Iowa State	McDonough	Dennis	LeClere	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	<i>Beatty</i>	<i>Rasing</i>
Northern Iowa	McDonough	Moore	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	Beatty	<i>Rasing</i>
#vs. Nebraska	McDonough	Moore	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	<i>Lofthouse</i>	Johnson
#vs. Boise State	McDonough	<i>Moore</i>	Marion	Metcalf	<i>Kerr</i>	Morningstar	Borschel	<i>Keddy</i>	Lofthouse	<i>Rasing</i>
#vs. Minnesota	McDonough	Moore	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	<i>Lofthouse</i>	<i>Rasing</i>
#vs. Iowa State	McDonough	<i>Moore</i>	LeClere	Metcalf	<i>Janssen</i>	Morningstar	Borschel	<i>Keddy</i>	<i>Lofthouse</i>	<i>Johnson</i>
Oklahoma State	McDonough	Dennis	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	<i>Lofthouse</i>	<i>Rasing</i>
at Michigan	McDonough	Dennis	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	Lofthouse	<i>Rasing</i>
&vs. Purdue	McDonough	Dennis	Marion	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	<i>Lofthouse</i>	Erekson
Penn State	McDonough	Dennis	Marion	Metcalf	<i>Kerr</i>	Morningstar	Borschel	<i>Keddy</i>	Lofthouse	Erekson
Michigan State	McDonough	Dennis	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	Lofthouse	Erekson
^vs. Utah Valley	McDonough	Dennis	Marion	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	Lofthouse	Erekson
Northwestern	McDonough	Dennis	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Gambrall	Lofthouse	Erekson
at Minnesota	McDonough	Dennis	Marion	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	<i>Lofthouse</i>	Erekson
Ohio State	McDonough	Dennis	Marion	Metcalf	<i>Janssen</i>	Morningstar	Borschel	Keddy	Lofthouse	Erekson
at Wisconsin	McDonough	Dennis	Marion	Metcalf	<i>Kerr</i>	Morningstar	Borschel	Keddy	<i>Lofthouse</i>	Erekson

*Bolded names = match winners, *Iowa City Duals, §at Bucknell, #at NWCA/Cliff Keen National Duals, &at Lowell, IN, ^at Vernal, UT*



Senior **Brent Metcalf** earned the honor twice in 2009-10, becoming Iowa's first season honoree on Jan. 5 and collecting the season's last honor on Feb. 23. The Davison, MI, native was one of two Big Ten wrestlers to earn the honor twice in 2009-10, as Ohio State's Lance Palmer (Jan. 26, Feb. 16) and Penn State's Cyler Sanderson (Nov. 17, Dec. 22) each collected the honor twice this season.

Metcalf totaled five Big Ten Wrestler of the Week awards during his Hawkeye career, and is one of only three wrestlers in Big Ten history to do so. Minnesota's Ryan Lewis (2001-03), Michigan State's Nick Simmons (2004-07) and Northwestern's Jake Herbert (2004-09) are the other three.

Metcalf earned his first honor of the season after winning his third straight title at the annual Midlands Championships in Evanston, IL. He was named the Dan Gable Most Outstanding Wrestler for the tournament, and took home the Individual High Scorer Award for racking up 32.5 team points. Iowa won its 21st overall and third straight Midlands title with 168.5 points. Metcalf pinned three Midlands opponents, and recorded a technical fall and major decision before beating #2 Kyle Ruschell of Wisconsin, 9-2, in the finals. He picked up his second season award for helping the Hawkeyes finish out the 2009-10 season undefeated (23-0) for the second-straight season and pick up their third-straight Big Ten regular season title with wins over #3 Ohio State (32-3) and #14 Wisconsin (31-6). The wins helped Iowa extend its school-record winning streak to 61 matches. Metcalf scored a 3-1 victory over #2 Lance Palmer of Ohio State in Iowa City, recording his 100th career victory and going undefeated (25-0) at Carver-Hawkeye Arena during his collegiate career. The Hawkeye senior received a forfeit in the dual at Wisconsin to stay undefeated at 29-0 and post a perfect 8-0 record in Big Ten dual competition.

Senior **Jay Borschel** (174) picked up his first career honor Jan. 12 after being named Division I Outstanding Wrestler at the 2010 NWCA/Cliff Keen National Duals in Cedar Falls, IA. Borschel, who went 4-0 at the two-day tournament, helped the Hawkeyes win their third-straight and sixth overall National Duals tournament team title. Iowa joins Oklahoma State (2003-05) as the only schools to win three consecutive team titles in the tournament's 22-year history. He is only the second Hawkeye to earn the Division I Outstanding wrestler honor. Metcalf earned the award in 2008. Borschel opened the tournament with a 10-7 win over #3 Stephen Dwyer of Nebraska and a 8-2 decision over #16 Nate Lee of Boise State. He posted one of Iowa's two major decisions in the championship semifinals over #13 Scott Glasser of Minnesota (11-3). He then scored the only team bonus points in Iowa's finals match with #2 Iowa State, beating #14 Duke Burk, 10-2.

Sophomore **Montell Marion** (141) earned his first career honor Jan. 19 after scoring Iowa's biggest upset in its 19-16 victory over the Cowboys. Marion, who was ranked #11 by Intermat at match time, blanked fifth-ranked sophomore Ja-

mal Parks, 4-0. After a scoreless first period, Marion scored an escape and takedown and added a riding time point for the victory. Marion accumulated 3:16 of riding time during the match. A crowd of 10,967 was on hand at to see Iowa Oklahoma State for the first time, in Carver-Hawkeye Arena, since December 4, 2000. Both teams won five bouts in the dual, but Marion's upset and Iowa's bonus-point wins at 125, 149 and 174 made the difference in the final team score.

Senior **Daniel Dennis** (133) picked up his second career honor Feb. 2 after upsetting top-ranked Franklin Gomez of Michigan State, 3-2 in the first tiebreak period, and scoring a 17-7 major decision over Penn State's Bryan Pearsall. Gomez, a senior who is the defending NCAA and Big Ten champion, entered the dual on a 29-match winning streak. Dennis was the last collegiate wrestler to beat Gomez, scoring a 3-2 decision at the dual in East Lansing last season, earning him his first Big Ten Wrestler of the Week honor. After a scoreless first period, Gomez scored a quick escape in the second to take a 1-0 lead. Dennis started down in the third period and scored a reversal to take a 2-1 lead. Gomez escaped with 13 seconds left in regulation to tie the score at 2-2. Dennis had only accumulated 59 seconds of riding time when Gomez escaped, so the match went to overtime. Neither wrestler scored in the one minute sudden victory period. Dennis started down in the first 30-second tiebreak period, escaping with 16 seconds left to take a 3-2 lead. Gomez needed an escape in the second 30-second tiebreak to force the match to a second sudden victory period, but Dennis rode him out to hold on for the 3-2 win. Iowa's 37-0 shut out of Michigan State was the sixth for the Hawkeyes this season, which sets a new school record. The previous record of five was set during the 1980-81, 1989-90, 1990-91 and 2008-09 seasons.

Following are the 2009-10 Big Ten Wrestlers of the Week:

<u>Date</u>	<u>Wrestler (Wt., School)</u>
11/10	Colton Salazar (157, Purdue)
11/17	Cyler Sanderson (157, Penn State)
11/24	Reece Humphrey (141, Ohio State)
	Brad Pataky (125, Penn State)
12/1	Paul Young (165, Indiana)
12/8	Angel Escobedo (125, Indiana)
12/15	Ben Berhow (Hwt., Minnesota)
12/22	Cyler Sanderson (157, Penn State)
1/5	Brent Metcalf (149, Iowa)
1/12	Jay Borschel (174, Iowa)
1/19	Montell Marion (141, Iowa)
1/26	David Cheza (149, Michigan State)
	Lance Palmer (149, Ohio State)
2/2	Daniel Dennis (133, Iowa)
2/9	Trevor Brandvold (197, Wisconsin)
2/16	Lance Palmer (149, Ohio State)
2/23	Brent Metcalf (149, Iowa)



WRESTLING SUMMER CAMPS

For dates and more information about 2010 Iowa Wrestling Summer camps visit www.iowawrestlingcamps.com.

CHAMPIONSHIP EXPERIENCE

The Hawkeye wrestling staff of **Tom Brands**, **Terry Brands**, **Doug Schwab**, **Mike Zadick** and **Danny Song** earned a total of one Olympic gold medal, one Olympic bronze medal, six NCAA titles, 10 conference titles and 13 all-America honors.

ALL IN THE FAMILY

On the 2009-10 Hawkeye wrestling team, there is one set of brothers, three wrestlers whose fathers wrestled at Iowa and two uncle-nephew combinations.

Junior **Matt Ballweg** (157) and redshirt freshman **Mark Ballweg** (133/141) are brothers who hail from Waverly, IA.

Senior **Rick Loera** (197), redshirt freshman **Matt McDonough** (125/133) and true freshman **Nick Trizzino** all had fathers who wrestled for the Hawkeyes. **George Loera** (1975-76) and **Mike McDonough** (1974-76) wrestled on the same team, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Junior **Luke Lofthouse** (197) is the uncle of Hawkeye true freshman **Ethen Lofthouse** (174). **Nick Trizzino's** uncle, **Scott Trizzino**, was also a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

There have been 11 sets of brothers to wrestle together in the Hawkeye lineup since the 1950s. They are **Don** and **Tom Huff** (1961), **Mark** and **Scott Trizzino** (1981), **Lenny**, **Larry** and **Jim Zalesky** (1981-82), **Ed** and **Lou Banach** (1981-83), **Marty** and **Lindley Kistler** (1984-85), **Jim** and **John Heffernan** (1987), **Tom** and **Terry Brands** (1989-92), **Troy** and **Terry Steiner** (1991-93), **Ryan** and **Randy Fulsaas** (2001) and **Luke** and **Ty Eustice** (2003-04).

There have also been five sets of twins to wrestle at Iowa. They are **Ed** and **Lou Banach**, **Tom** and **Terry Brands**, **Ben** and **Brett Stedman**, **Troy** and **Terry Steiner**, and **Randy** and **Ryan Fulsaas**.

BIG TEN/BIG 12 FREESTYLE CHALLENGE SET FOR OMAHA

In a cooperative effort, USA Wrestling and the NCAA will present an exhibition men's freestyle wrestling dual meet as part of the NCAA Fan Festival which is held alongside the 2010 NCAA Division I Wrestling Championships in Omaha, NE.

The event is called the Big Ten vs. Big 12 Challenge and will feature wrestlers who competed for universities in these prestigious conferences as undergraduates. The competitors are now pursuing their Olympic dreams in men's freestyle wrestling. It will be held at Exhibit Hall C of the Qwest Center Omaha on Friday from 1:45 p.m.- 2:30 p.m. Central, as part of the annual NCAA Fan Festival.

The dual meet will be held on the mats where USA Wrestling's Team USA will hold their popular public workouts between sessions of the NCAA Championships each day. Admission to the Fan Festival is free. For the Big Ten vs. Big 12 Challenge, there will be close to 1,000 seats and many more standing room only viewing opportunities provided matside on a first-come, first-serve basis. In addition, as many as 1,000 fans will be able to watch the dual meet on two large projection screens flanking the main stage within the Fan Festival.

For those who cannot attend the NCAA Division I Championships in person, the Big Ten vs. Big 12 Challenge will be webcast live on NCAA.com/wrestling and available through TheMat.com, with USA Wrestling's Jason Bryant calling the action.

The rules for the Big Ten vs. Big 12 Challenge have been modified. Instead of having individual match winners, there will be a cumulative point total for each conference. Team scores will be based upon adding up the technical points scored in each match by the athletes. At the end of the dual meet, the points will be tallied up, and the winning conference team will be announced. Another rule modification is that each match will consist of two, two-minute periods. There will not be any third periods contested, which is possible in an international freestyle match.

There are expected to be eight matches. Two other exhibition matches are also expected to be held.

The lineups for the Big Ten team, as well as the Big 12 team, have not yet been finalized, but will be announced when they are available. The participants will all have high national rankings on Freestyle Team USA, including some athletes who have been past U.S. Olympic or U.S. World Team members.

This year's NCAA Fan Festival will feature wrestling exhibit booths, displays, memorabilia, interactive games, souvenirs, food and beverage sales, and a number of other featured events. In addition to the Big Ten vs. Big 12 Challenge, the lineup Friday includes a USA Wrestling autograph session at 3:15 p.m. and the annual Semifinals Preview Show featuring Nate Carr, Scott Casber and Wade Schalles at 4 p.m. Central.

For more information on the NCAA Fan Festival at the 2010 NCAA Division I Wrestling Championships in Omaha, Nebraska, visit: NCAA.com/wrestling

NCAA FUTURE SITES & DATES

Following are the future sites, dates and hosts for the NCAA Division I Wrestling Championships.

2011: March 17-19 - Philadelphia, PA - Wachovia Center
Hosts: Metro Atlantic Athletic Conference, Rider University

2012: March 15-17 - St. Louis, MO - Scottrade Center
Hosts: University of Missouri, St. Louis Sports Commission



2009-10 INDIVIDUAL SEASON STATISTICS

Career Wrestler, Wt.	Career Record	Overall Record	Coll. Record	Dual Record	Big 10 Record	Career CHA Record	Career Dual Starts	Pts. Scored	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
J.J. Krutsinger, 125	19-9	14-4	11-4	0-0	0-0	0-0	5	0	0-0	0-0	2-2	3-0	5-0	1:55
Matt McDonough, 125	32-1	32-1	32-1	23-0	8-0	11-0	23	104	1-0	0-0	13-0	3-0	9-0	1:06
Mark Ballweg, 133*	0-2	11-5	0-2	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-1	----
Tyler Clark, 133*	0-0	8-1	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Daniel Dennis, 133	65-27	19-3	18-3	16-2	7-1	17-7	61	63	1-0	1-0	6-0	3-0	1-0	2:46
Nate Moore, 133	9-6	13-7	9-6	3-2	0-0	1-0	5	13	0-1	0-0	2-0	0-0	4-0	0:20
Tony Ramos, 133*	0-0	12-0	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Nick Trizzino, 133*	0-0	9-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Dan LeClere, 141	38-15	10-3	9-3	8-1	0-0	10-2	33	33	0-1	0-0	2-0	1-0	2-0	2:57
Montell Marion, 141*	33-8	28-7	23-5	11-3	6-2	4-2	14	45	0-1	0-0	5-1	1-0	4-2	2:37
Joe Slaton, 141*	37-6	10-1	0-0	0-0	0-0	6-2	23	0	0-0	0-0	0-0	0-0	0-0	----
Dylan Carew, 149	0-0	11-1	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Jeret Chiri, 149	0-2	1-2	0-2	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-0	0-0	----
Brent Metcalf, 149	103-3	31-1	31-1	23-0	8-0	25-0	69	123	0-0	0-0	3-0	5-0	16-0	1:08
Ethan Sebert, 149*	0-0	2-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Phillip Sheridan, 149*	0-0	3-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Matt Ballweg, 157	25-24	9-4	4-3	0-1	0-0	3-4	25	0	0-0	0-0	2-0	0-0	1-0	0:53
Stew Gillmor, 157*	3-2	5-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Aaron Janssen, 157/165	24-11	12-4	12-4	10-2	4-0	4-3	15	29	1-0	0-0	3-2	0-0	0-0	----
Jake Kerr, 157/165	21-23	12-9	11-9	7-5	2-2	5-3	20	31	0-3	0-0	1-0	0-0	2-1	5:35
Derek St. John, 157*	0-0	26-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Joe DuCharme, 165*	0-0	4-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Ryan Morningstar, 165	106-38	26-6	26-6	18-3	7-1	24-8	86	73	3-0	0-0	7-0	2-0	4-0	1:43
Jay Borschel, 174	93-10	32-0	32-0	23-0	8-0	22-2	65	105	0-0	0-0	10-0	0-0	10-0	0:13
Ethen Lofthouse, 174*	0-0	30-7	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Grant Gambrall, 184	15-5	22-6	15-5	2-0	1-0	1-0	2	7	0-0	0-0	1-1	1-1	3-0	1:46
Phillip Keddy, 184	99-39	23-7	23-7	17-4	6-1	24-7	84	67	0-1	0-1	8-0	2-0	2-0	1:24
Tomas Lira, 184*	0-0	10-11	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Vinnie Wagner, 184	5-4	9-6	5-4	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-1	1-1	0:36
Brodie Ambrose, 197*	4-2	10-0	0-0	0-0	0-0	0-0	2	0	0-0	0-0	0-0	0-0	0-0	----
Chad Beatty, 197	47-23	14-3	14-3	8-1	0-0	13-3	45	31	0-0	0-1	4-1	1-0	1-0	2:31
Luke Lofthouse, 197	29-32	20-13	19-13	7-7	5-3	6-5	31	21	0-1	1-0	3-1	1-0	0-0	----
Dan Erekson, Hwt.	65-35	12-0	12-0	8-0	7-0	12-5	53	36	1-0	0-0	1-0	0-0	4-0	1:08
Jordan Johnson, Hwt.	11-5	15-3	10-2	7-2	0-0	6-1	11	30	0-0	0-0	1-0	0-0	5-1	0:47
Blake Rasing, Hwt.	9-9	18-9	9-9	1-5	1-0	0-2	6	3	1-1	1-0	3-0	0-0	1-1	1:21
Totals	805-297	523-150	324-85	192-38	70-10	184-51	656	814	8-9	3-2	79-8	23-2	75-7	0:13

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, * - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. * - wrestling unattached

**2009-10 DUAL TEAM POINTS SCORED BY WEIGHT**

Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total
*Coe	5	6	4	6	0	3	6	3	3	3	39
*Cornell College	5	5	6	6	6	6	6	5	6	6	57
*Iowa Lakes	6	4	4	6	6	4	6	6	4	6	52
*UNC Pembroke	4	5	4	6	3	5	6	5	3	6	47
*S. Illinois Edwardsville	6	4	6	6	3	6	6	6	5	3	51
at Bucknell	5	4	3	3	0	0	4	4	3	3	29
\$vs. Rutgers	6	5	3	5	3	0	4	4	3	0	33
at Iowa State	3	3	0	6	3	0	3	0	0	0	18
Northern Iowa	6	6	6	6	4	6	6	4	4	0	48
#Nebraska	4	4	3	6	3	4	3	3	0	3	33
#Boise State	4	0	3	4	0	3	3	0	3	0	20
#Minnesota	3	3	0	6	3	5	4	4	0	0	28
#Iowa State	3	0	3	3	3	3	4	0	0	0	19
Oklahoma State	4	0	3	5	0	0	4	3	0	0	19
at Michigan	4	3	4	5	4	3	3	4	3	3	36
&vs. Purdue	6	4	6	6	0	3	6	4	0	6	41
Penn State	3	4	0	6	3	3	4	0	3	3	29
Michigan State	6	3	3	6	3	3	4	3	3	3	37
^vs. Utah Valley	3	3	4	6	4	3	3	3	3	6	38
Northwestern	6	4	6	6	3	6	6	3	3	6	49
at Minnesota	4	0	4	5	0	4	4	4	0	3	28
Ohio State	4	3	0	3	3	3	4	3	3	6	32
at Wisconsin	4	3	3	6	3	0	6	3	0	3	31
Totals	104	76	78	123	60	73	104	74	52	69	804

* - at Iowa City Duals, # - at NWCA/Cliff Keen National Duals, \$ - at Bucknell, & - at Lowell, IN

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
23-0	19-4	19-4	23-0	17-6	18-5	23-0	19-4	15-8	16-7	193-38

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
7/0	2/0	4/1	12/0	2/0	4/0	8/0	2/0	1/0	6/1	48/2

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	3/0	1/0	4/0	0/0	2/0	0/0	2/0	1/0	0/0	16/0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
8/0	7/0	5/0	1/0	3/1	3/1	9/0	7/0	2/2	0/0	45/4

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
5/0	7/4	7/3	3/0	12/5	9/4	5/0	8/4	11/6	9/6	77/32

DUAL DISQUALIFICATIONS/FORFEITS/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
0/0	0/0	1/0	3/0	0/0	0/0	1/0	0/0	0/0	1/0	6/0

TEAM RECORD AT DUAL STARTING WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
22-0	1-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	23-0



2009-10 DUAL MEET RESULTS

Iowa 39, Coe College 3 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Clayton Rush (C), 18-3 in 5:29
 133 - **Daniel Dennis (I)** pinned Bryan Telgenhoff (C), 2:46
 141 - **Dan LeClere (I)** maj. dec Jordan Westfall (C), 14-4
 149 - **Brent Metcalf (I)** pinned Mark Carey (C), 1:45
 157 - Dale Handley (C) dec. **Jake Kerr (I)**, 4-3
 165 - **Ryan Morningstar (I)** dec. Nick LeClere (C), 6-5
 174 - **Jay Borschel (I)** pinned Seth Rehn (C), 1:25
 184 - **Phillip Keddy (I)** dec. Tyler Burkle (C), 8-6
 197 - **Chad Beatty (I)** dec. Rob Kramer (C), 11-5
 Hwt. - **Jordan Johnson (I)** dec. Mitch Sander (C), 6-1

Iowa 57, Cornell College 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Timothy Hood (C), 18-1 in 4:18
 133 - **Daniel Dennis (I)** tech. fall Alex Hughes (C), 24-7 in 6:40
 141 - **Dan LeClere (I)** pinned Kevin Donahue (C), 5:15
 149 - **Brent Metcalf (I)** pinned Jacob Schwebke (C), 4:35
 157 - **Jake Kerr (I)** pinned Nicholas Loughlin (C), 5:54
 165 - **Ryan Morningstar (I)** pinned Alex Riniker (C), 6:25
 174 - **Jay Borschel (I)** pinned Cliff Robertson (C), 1:35
 184 - **Phillip Keddy (I)** tech. fall Andrew Roberts (C), 20-5 in 5:37
 197 - **Chad Beatty (I)** pinned Andrew Anderson (C), 2:31
 Hwt. - **Jordan Johnson (I)** pinned Wyatt Bauman (C), 2:24

Iowa 52, Iowa Lakes 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Tim Francisco (IL), 1:06
 133 - **Daniel Dennis (I)** maj. dec. Tim Thurston (IL), 12-2
 141 - **Dan LeClere (I)** tech. fall Matt Catalano (IL), 25-10 in 6:21
 149 - **Brent Metcalf (I)** pinned Victor DeJesus (IL), 1:46
 157 - **Jake Kerr (I)** pinned Austin Lindsay (IL), 5:35
 165 - **Ryan Morningstar (I)** maj. dec. Dan McGillivray (IL), 11-3
 174 - **Jay Borschel (I)** pinned Rowan Stander (IL), 2:21
 184 - **Phillip Keddy (I)** pinned Kaylen Hamlett (IL), 3:22
 197 - **Chad Beatty (I)** maj. dec. Josh Marsh (IL), 22-8
 Hwt. - **Jordan Johnson (I)** pinned Tyler Thoeny (IL), 0:47

Iowa 47, UNC Pembroke 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** maj. dec. Russell Weakley (NCP), 13-3
 133 - **Daniel Dennis (I)** tech. fall T.D. Thurston (NCP), 21-6 in 6:26
 141 - **Dan LeClere (I)** maj. dec. Donovan Sweet (NCP), 12-0
 149 - **Brent Metcalf (I)** pinned Brandon Bradley (NCP), 3:46
 157 - **Jake Kerr (I)** dec. Rashaad Saunders (NCP), 2-0
 165 - **Ryan Morningstar (I)** tech. fall Derving Rios (NCP), 18-3 in 6:10
 174 - **Jay Borschel (I)** pinned J.J. Davis (NCP), 2:44
 184 - **Phillip Keddy (I)** tech. fall John Sturrock (NCP), 17-2 in 6:35
 197 - **Chad Beatty (I)** dec. Shane Nolan (NCP), 11-4
 Hwt. - **Jordan Johnson (I)** pinned Erik Stancil (UNCP), 2:47

Iowa 51, S. Illinois Edwardsville 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Dustin Young (SIUE), 1:35
 133 - **Daniel Dennis (I)** maj. dec. Brendan Murphy (SIUE), 19-8
 141 - **Dan LeClere (I)** pinned Eric Biehl (SIUE), 2:57
 149 - **Brent Metcalf (I)** pinned Kyle Lowman (SIUE), 4:40
 157 - **Jake Kerr (I)** dec. Steve Ross (SIUE), 8-2
 165 - **Ryan Morningstar (I)** pinned Eric Pretto (SIUE), 1:43
 174 - **Jay Borschel (I)** pinned Tim Mahoney (SIUE), 0:13
 184 - **Phillip Keddy (I)** pinned Sawyer Smith (SIUE), 1:24
 197 - **Chad Beatty (I)** tech. fall Robert Cooney (SIUE), 18-3 in 4:47
 Hwt. - **Jordan Johnson (I)** dec. David Devine (SIUE), 4-2

#1 Iowa 29, Bucknell 7 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** tech. fall Derrick Russell (B), 19-4, 7:00
 133 - **Daniel Dennis (I)** maj. dec. David Marble (B), 14-5
 141 - **Dan LeClere (I)** dec. Zac Hancock (B), 9-5
 149 - **Brent Metcalf (I)** dec. Kevin LeValley (B), 3-2
 157 - Brantley Hooks (B) dec. **Matt Ballweg (I)**, 6-1
 165 - Andy Rendos (B) maj. dec. **Aaron Janssen (I)**, 10-2
 174 - **Jay Borschel (I)** maj. dec. Shane Riccio (B), 10-1
 184 - **Phillip Keddy (I)** maj. dec. Rob Waltko (B), 12-4
 197 - **Chad Beatty (I)** dec. Jay Hahn (B), 11-5
 Hwt. - **Jordan Johnson (I)** dec. Joe McMullan (B), 7-3

#1 Iowa 33, Rutgers 9 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** pinned Vinny Dellafave (R), 3:39
 133 - **Daniel Dennis (I)** tech. fall Billy Ashnault (R), 20-5 in 7:00
 141 - **Dan LeClere (I)** dec. Trevor Melde (R), 7-3
 149 - **Brent Metcalf (I)** tech. fall Kellen Bradley (R), 20-5 in 6:27
 157 - **Aaron Janssen (I)** dec. Braden Turner (R), 2-0
 165 - Gregory Zanetti (R) dec. **Jake Kerr (I)**, 8-6 SV
 174 - **Jay Borschel (I)** maj. dec. Daniel Rinaldi (R), 16-3
 184 - **Grant Gambrall (I)** maj. dec. Jesse Boyden (R), 11-3
 197 - **Chad Beatty (I)** dec. Lamar Brown (R), 9-3
 Hwt. - Dominick Russo (R) pinned **Jordan Johnson (I)**, 1:24

Iowa 18, Iowa State 16 - Ames, IA - Dec. 6, 2009

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 13-7
 133 - **Daniel Dennis (I)** dec. Nick Fanthorpe (ISU), 10-8 SV
 141 - Nick Gallick (ISU) dec. **Dan LeClere (I)**, 8-6 SV
 149 - **Brent Metcalf (I)** pinned Mitch Mueller (ISU), 5:50
 157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 8-6
 165 - Jon Reader (ISU) dec. **Ryan Morningstar (I)**, 4-3
 174 - **Jay Borschel (I)** dec. Duke Burk (ISU), 10-4
 184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 5-3
 197 - Jake Varner (ISU) maj. dec. **Chad Beatty (I)**, 12-4
 Hwt. - David Zabriskie (ISU) dec. **Blake Rasing (I)**, 3-1 SV



2009-10 DUAL MEET RESULTS

Iowa 48, Northern Iowa 3 - Iowa City, IA - Dec. 10, 2009

125 - **Matt McDonough (I)** pinned Caleb Flores (UNI), 4:38
133 - **Nate Moore (I)** pinned Ryan Jauch (UNI), 2:42
141 - **Montell Marion (I)** pinned Trent Washington (UNI), 3:28
149 - **Brent Metcalf (I)** pinned Trevor Kittleson (UNI), 3:49
157 - **Aaron Janssen (I)** maj. dec. Tyson Reiner (UNI), 11-1
165 - **Ryan Morningstar (I)** pinned David Bonin (UNI), 5:32
174 - **Jay Borschel (I)** pinned Jarion Beets (UNI), 4:44
184 - **Phillip Keddy (I)** maj. dec. Andy O'Loughlin (UNI), 14-5
197 - **Chad Beatty (I)** maj. dec. Dustin Bauman (UNI), 15-5
Hwt. - Christian Brantley (UNI) dec. **Blake Rasing (I)**, 3-2

Iowa 33, Nebraska 3 - Cedar Falls, IA - Jan. 9, 2010

125 - **Matt McDonough (I)** maj. dec. David Klingsheim (N), 13-5
133 - **Nate Moore (I)** maj. dec. C.J. Napier (N), 9-1
141 - **Montell Marion (I)** dec. Mike Koehnlein (N), 10-5
149 - **Brent Metcalf (I)** won by forfeit
157 - **Aaron Janssen (I)** dec. Tyler Koehn (N), 4-0
165 - **Ryan Morningstar (I)** maj. dec. Alex Ward (N), 11-2
174 - **Jay Borschel (I)** dec. Stephen Dwyer (N), 10-7
184 - **Phillip Keddy (I)** dec. Josh Ihnen (N), 4-1
197 - Craig Brester (N) maj. dec. **Luke Lofthouse (I)**, 11-1
Hwt. - **Jordan Johnson (I)** dec. Tucker Lane (N), 3-2

Iowa 20, Boise State 12 - Cedar Falls, IA - Jan. 9, 2010

125 - **Matt McDonough (I)** maj. dec. Alan Bartelli (BSU), 15-6
133 - Andrew Hochstrasser (BSU) dec. **Nate Moore (I)**, 8-6 SV
141 - **Montell Marion (I)** dec. Levi Jones (BSU), 9-5
149 - **Brent Metcalf (I)** maj. dec. Jason Chamberlain (BSU), 13-3
157 - Adam Hall (BSU) dec. **Jake Kerr (I)**, 8-2
165 - **Ryan Morningstar (I)** dec. Michael Cuthbertson (BSU), 7-1
174 - **Jay Borschel (I)** dec. Nate Lee (BSU), 8-2
184 - Kirk Smith (BSU) dec. **Phillip Keddy (I)**, 3-1 TB
197 - Luke Lofthouse (I) dec. **Matt Casperson (BSU)**, 3-2 TB
Hwt. - **Sam Zylstra (BSU)** dec. Blake Rasing (Iowa), 4-3

Iowa 28, Minnesota 12 - Cedar Falls, IA - Jan. 10, 2010

125 - **Matt McDonough (I)** dec. Zach Sanders (M), 6-4
133 - **Nate Moore (I)** dec. Thane Antczak (M), 6-4
141 - Mike Thorn (M) pinned **Montell Marion (I)**, 0:42
149 - **Brent Metcalf (I)** pinned David Zilverberg (M), 2:18
157 - **Aaron Janssen (I)** dec. Mario Mason (M), 11-5
165 - **Ryan Morningstar (I)** tech. fall Joe Grygelko (M), 17-2
174 - **Jay Borschel (I)** maj. dec. Scott Glasser (M), 11-3
184 - **Phillip Keddy (I)** maj. dec. Kaleb Young (M), 11-0
197 - Sonny Yohn (M) dec. **Luke Lofthouse (I)**, 6-1
Hwt. - Ben Berhow (M) dec. **Blake Rasing (I)**, 6-3

Iowa 19, Iowa State 12 - Cedar Falls, IA - Jan. 10, 2010

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 9-8
133 - Nick Fanthorpe (ISU) dec. **Nate Moore (I)**, 8-3
141 - **Dan LeClere (I)** dec. Dalton Jensen (ISU), 7-2
149 - **Brent Metcalf (I)** dec. Mitch Mueller (ISU), 7-3
157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 3-1 SV
165 - **Ryan Morningstar (I)** dec. Jon Reader (ISU), 5-4
174 - **Jay Borschel (I)** maj. dec. Duke Burk (ISU), 10-2
184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 7-5 SV
197 - Jake Varner (ISU) dec. **Luke Lofthouse (I)**, 7-1
Hwt. - David Zabriskie (ISU) dec. **Jordan Johnson (I)**, 4-1

Iowa 19, Oklahoma State 16 - Iowa City, IA - Jan. 16, 2010

125 - **Matt McDonough (I)** maj. dec. Chris Notte (OSU), 13-4
133 - Jordan Oliver (OSU) dec. **Daniel Dennis (I)**, 3-2
141 - **Montell Marion (I)** dec. Jamal Parks (OSU), 4-0
149 - **Brent Metcalf (I)** tech. fall Quinten Fuentes (OSU), 21-5 in 5:15
157 - Neil Erisman (OSU) maj. dec. **Aaron Janssen (I)**, 16-7
165 - Alex Meade (OSU) dec. **Ryan Morningstar (I)**, 5-3
174 - **Jay Borschel (I)** maj. dec. Mike Benefiel (OSU), 9-1
184 - **Phillip Keddy (I)** dec. Clayton Foster (OSU), 3-2
197 - Alan Gelogaev (OSU) dec. **Luke Lofthouse (I)**, 3-2
Hwt. - Jared Rosholt (OSU) dec. **Blake Rasing (I)**, 7-5

Iowa 36, Michigan 0 - Ann Arbor, MI - Jan. 22, 2010

125 - **Matt McDonough (I)** maj. dec. Sean Boyle (M), 14-3
133 - **Daniel Dennis (I)** dec. Zac Stevens (M), 2-0
141 - **Montell Marion (I)** maj. dec. Mark Weber (M), 19-6
149 - **Brent Metcalf (I)** tech. fall Mark Boyer (M), 22-7 in 6:47
157 - **Aaron Janssen (I)** maj. dec. Dave Johnson (M), 12-4
165 - **Ryan Morningstar (I)** dec. Aaron Hynes (M), 6-4 SV
174 - **Jay Borschel (I)** dec. Justin Zeerip (M), 6-0
184 - **Phillip Keddy (I)** maj. dec. Erich Smith (M), 10-2
197 - **Luke Lofthouse (I)** dec. Anthony Biondo (M), 9-6
Hwt. - **Blake Rasing (I)** dec. Ben Apland (M), 6-1

Iowa 41, Purdue 6 - Lowell, IN - Jan. 24, 2010

125 - **Matt McDonough (I)** pinned Cashé Quiroga (P), 2:13
133 - **Daniel Dennis (I)** maj. dec. Akif Eren (P), 16-5
141 - **Montell Marion (I)** pinned Juan Archuleta (P), 3:53
149 - **Brent Metcalf (I)** won by disqualification by flagrant misconduct over Nick Bertucci (P), 4:10
157 - Colton Salazar (P) dec. **Jake Kerr (I)**, 6-4 SV
165 - **Ryan Morningstar (I)** dec. Jason Martin (P), 10-4
174 - **Jay Borschel (I)** won by forfeit
184 - **Phillip Keddy (I)** maj. dec. Nick Corpe (P), 11-1
197 - Logan Brown (P) dec. **Luke Lofthouse (I)**, 3-1 SV
Hwt. - **Dan Erekson (I)** pinned Adam Walls (P), 1:08



2009-10 DUAL MEET RESULTS

Iowa 29, Penn State 6 - Iowa City, IA - Jan. 29, 2010

125 - **Matt McDonough (I)** dec. Brad Pataky (PSU), 7-2
133 - **Daniel Dennis (I)** maj. dec. Bryan Pearsall (PSU), 17-7
141 - Adam Lynch (PSU) dec. **Montell Marion (I)**, 8-6 SV
149 - **Brent Metcalf (I)** pinned Frank Molinaro (PSU), 3:56
157 - **Jake Kerr (I)** dec. Cyler Sanderson (PSU), 4-2
165 - **Ryan Morningstar (I)** dec. Dan Vallimont (PSU), 2-0
174 - **Jay Borschel (I)** maj. dec. Justin Ortega (PSU), 14-2
184 - David Erwin (PSU) dec. **Phillip Keddy (I)**, 6-4
197 - **Luke Lofthouse (I)** dec. Clay Steadman (PSU), 5-2
Hwt. - **Dan Erikson (I)** dec. Cameron Wade (PSU), 6-1

Iowa 37, Michigan State 0 - Iowa City, IA - Jan. 31, 2010

125 - **Matt McDonough (I)** pinned Brennan Lyon (MSU), 2:52
133 - **Daniel Dennis (I)** dec. Franklin Gomez (MSU), 3-2 TB-1
141 - **Montell Marion (I)** dec. Dan Osterman (MSU), 6-0
149 - **Brent Metcalf (I)** pinned David Cheza (MSU), 3:37
157 - **Aaron Janssen (I)** dec. Anthony Jones (MSU), 1-0
165 - **Ryan Morningstar (I)** dec. Kyle Bounds (MSU), 3-0
174 - **Jay Borschel (I)** maj. dec. Ian Hinton (MSU), 8-0
184 - **Phillip Keddy (I)** dec. Nick Palmieri (MSU), 8-1
197 - **Luke Lofthouse (I)** dec. Tyler Dickenson (MSU), 10-7
Hwt. - **Dan Erikson (I)** dec. Alan O'Donnell (MSU), 8-2

Iowa 38, Utah Valley 0 - Vernal, UT - Feb. 6, 2010

125 - **Matt McDonough (I)** dec. Ben Kjar (UV), 7-4
133 - **Daniel Dennis (I)** dec. Flint Ray (UV), 6-5
141 - **Montell Marion (I)** maj. dec. Jeff Newby (UV), 20-7
149 - **Brent Metcalf (I)** pinned Justin Morrill (UV), 1:43
157 - **Jake Kerr (I)** maj. dec. Clay Frost (UV), 12-4
165 - **Ryan Morningstar (I)** dec. Jeb Clark (UV), 3-1
174 - **Jay Borschel (I)** dec. Brad Darrington (UV), 8-2
184 - **Phillip Keddy (I)** dec. Casen Eldredge (UV), 9-3
197 - **Luke Lofthouse (I)** dec. Josh Wood (UV), 12-5
Hwt. - **Dan Erikson (I)** won by forfeit

Iowa 49, Northwestern 0 - Iowa City, IA - Feb. 12, 2010

125 - **Matt McDonough (I)** pinned Levi Mele (N), 4:32
133 - **Daniel Dennis (I)** maj. dec. Eric Metzler (N), 12-3
141 - **Montell Marion (I)** won by forfeit
149 - **Brent Metcalf (I)** pinned Andrew Nadhir (N), 2:20
157 - **Aaron Janssen (I)** dec. Kevin Bialka (N), 6-3
165 - **Ryan Morningstar (I)** pinned Robert Kellogg (N), 4:48
174 - **Jay Borschel (I)** pinned Brian Roddy, Jr. (N), 2:27
184 - **Grant Gambrall (I)** dec. Aaron Jones (N), 9-3
197 - **Luke Lofthouse (I)** dec. Josh Schoen (N), 4-3
Hwt. - **Dan Erikson (I)** pinned Marcus Shrewsbury (N), 3:52

Iowa 28, Minnesota 9 - Minneapolis, MN - Feb. 14, 2010

125 - **Matt McDonough (I)** maj. dec. Zach Sanders (M), 13-2
133 - Jayson Ness (M) dec. **Daniel Dennis (I)**, 8-4
141 - **Montell Marion (I)** maj. dec. Mike Thorn (M), 15-7
149 - **Brent Metcalf (I)** tech. fall Mario Mason (M), 23-8 in 6:19
157 - Dustin Schlatter (M) dec. **Jake Kerr (I)**, 4-1
165 - **Ryan Morningstar (I)** maj. dec. Cody Yohn (M), 9-0
174 - **Jay Borschel (I)** maj. dec. Scott Glasser (M), 14-2
184 - **Phillip Keddy (I)** maj. dec. Kaleb Young (M), 9-1
197 - Sonny Yohn (M) dec. **Luke Lofthouse (I)**, 7-0
Hwt. - **Dan Erikson (I)** dec. Ben Berhow (M), 5-3 SV

Iowa 32, Ohio State 3 - Iowa City, IA - Feb. 19, 2010

133 - **Daniel Dennis (I)** dec. Ian Paddock (OSU), 3-2
141 - Reece Humphrey (OSU) dec. **Montell Marion (I)**, 9-5
149 - **Brent Metcalf (I)** dec. Lance Palmer (OSU), 3-1
157 - **Aaron Janssen (I)** dec. Sean Nemec (OSU), 5-2
165 - **Ryan Morningstar (I)** dec. Colt Sponseller (OSU), 1-0
174 - **Jay Borschel (I)** maj. dec. Dave Rella (OSU), 9-0
184 - **Phillip Keddy (I)** dec. Mike Pucillo (OSU), 3-2
197 - **Luke Lofthouse (I)** dec. C.J. Magrum (OSU), 6-1
Hwt. - **Dan Erikson (I)** pinned Corey Morrison (OSU), 2:53
125 - **Matt McDonough (I)** maj. dec. Nikko Triggas (OSU), 9-1

Iowa 31, Wisconsin 6 - Madison, WI - Feb. 21, 2010

125 - **Matt McDonough (I)** maj. dec. Drew Hammen (W), 10-1
133 - **Daniel Dennis (I)** dec. Tyler Graff (W), 2-1
141 - **Montell Marion (I)** dec. Cole Schmitt (W), 11-4
149 - **Brent Metcalf (I)** won by forfeit
157 - **Jake Kerr (I)** dec. Greg Burke (W), 6-5
165 - Andrew Howe (W) dec. **Ryan Morningstar (I)**, 2-1
174 - **Jay Borschel (I)** pinned Brendan Ard (W), 4:26
184 - **Phillip Keddy (I)** dec. Travis Rutt (W), 4-3
197 - Trevor Brandvold (W) dec. **Luke Lofthouse (I)**, 4-2
Hwt. - **Dan Erikson (I)** dec. Eric Bugenhagen (W), 3-2





Tom Brands
Head Coach
University of Iowa, 1992

Three-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at the University of Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at the University of Iowa. The former Hawkeye wrestler was a four-time

all-American and three-time national champion (1989-92) at Iowa. He has a 82-6 overall and 29-3 Big Ten coaching record at Iowa, and a 99-26 career mark.

In 2009-10, the top-ranked Hawkeyes won their third straight Big Ten tournament and regular season titles, going undefeated (23-0) for the second straight year. Iowa scored 156.5 points en route to the conference team title, which is its highest total since 1995 (185), and the Big Ten's highest since Minnesota scored 174 in 2002. Iowa also qualified its entire 10-man lineup for the NCAA Championships for the 18th time in school history and the first since 2004. Brands was named Big Ten Coach of the Year for the third straight year becoming the first coach in conference history to earn the honor in three consecutive seasons. Redshirt freshman Matt McDonough was named Big Ten Freshman of the Year, becoming the fifth Hawkeye in school history and the first since Steve Mocco in 2002 to earn the honor. Senior Dan Erekson (Hwt.) won his second Big Ten title, while senior Jay Borschel (174) won his first. During the season, Iowa set school records for longest dual winning streak (61), longest dual road winning streak (41), most Carver-Hawkeye Arena victories (11) and most dual shut-outs (8). Borschel (105), Metcalf (123) and McDonough (104) all scored over 100 team points in dual competition, marking the first season since since 2000-01 that more than one individual has scored over 100 dual team points. The Hawkeyes also won the 2009 Midlands title and the Division I trophy at the 2010 NWCA/Cliff Keen National Duals.

In his third season at Iowa, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year hon-

ors for the second straight season after guiding Iowa to the school's 33rd conference team title. Brent Metcalf and Erekson won Big Ten titles to lead the team's nine placewinners and NCAA automatic qualifiers. Metcalf was named Outstanding Wrestler of the Big Ten meet for the second straight season, becoming the first conference wrestler to earn the honor in consecutive seasons. Nine Hawkeyes earned academic all-Big Ten honors, besting the previous school record of seven.

The Hawkeyes ended the 2008-09 dual meet campaign with a perfect 24-0 record, going undefeated for the first time since 1999-2000. Iowa has posted 12 undefeated and untied seasons in school history with the 2009 season producing the most victories ever. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to 2007-08, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition, and won the 2008 Midlands and 2009 NWCA/Cliff Keen National Duals Division I team trophies. Iowa also made another entry in the record books, setting the national collegiate dual meet attendance record of 15,955 when it hosted Iowa State Dec. 6, 2008, at Carver-Hawkeye Arena. The previous record of 15,646 was set Feb. 1, 2002, when Minnesota hosted Iowa at the Target Center in Minneapolis. The Hawkeyes won the Iowa State dual, 20-15. Iowa also led the nation with an average home attendance figure of 8,008 for 2008-09.

In his second season with the Hawkeyes, Brands guided the squad to NCAA and Big Ten titles, as well the 2008 Big Ten regular season title with an undefeated 8-0 mark. It was Iowa's 21st NCAA team title - the first since 2000 - and the Hawkeyes' 32nd Big Ten championship - the first since 2004. Iowa also won the 2007 Midlands title and the Division I trophy at the NWCA/Cliff Keen National Duals. The Hawkeyes posted a 21-1 dual mark, ending the season on a 14-match winning streak. Brand was named 2008 NWCA and Big Ten Coach of the Year for his accomplishments.

Metcalf led the way for Iowa in 2007-08, winning his first NCAA and Big Ten title along with a long list of national and conference honors. He was awarded the Dan Hodge Trophy, which is presented annually to the nation's top collegiate wrestler, as well as the Jesse Owens Big Ten Male Athlete of the Year award. Metcalf was also named Outstanding Wrestler at the NCAA and Big Ten tournaments, Big Ten Wrestler of the Year and Division I Outstanding Wrestler at the NWCA/Cliff

Brands At Iowa

Year	Overall Dual Record	Big Ten Dual Record	Big Ten Place	NCAA Place	Big Ten Champions	NCAA Champions	All-Americans	Academic All-Big Ten
2006-07	14-5	5-3	3rd	8th	1	1	3	4
2007-08	21-1	8-0	1st	1st	1	2	7	6
2008-09	24-0	8-0	1st	1st	2	0	5	9
2009-10	23-0	8-0	1st		2			
Total	82-6	29-3			6	3	15	19



Keen National Duals. The 149-pounder is only the fourth Hawkeye to ever to earn both Big Ten honors in the same season. Brands (1989), his twin brother Terry (1992) and Mark Ironside (1997) are the other three. Mark Perry also concluded an outstanding Hawkeye career in 2008, winning his second consecutive NCAA title at 165 pounds and capturing his fourth all-America honor. He became Iowa's 14th two-time national champion and 17th four-time all-American. The Hawkeyes crowned a total of seven all-Americans in 2008, which was the most for Iowa since 2001. Iowa also produced six academic all-Big Ten honorees, which is the third-highest total in school history.

In his first season at Iowa, Brands coached Perry to his first Big Ten and NCAA titles. The Hawkeyes also crowned three all-Americans in 2006-07, going 14-5 overall and 5-3 in the Big Ten.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. In his first season with the Hokies, Brands led the team to the 2005 regular season Atlantic Coast Conference title, set a school record for dual meet wins (16) and had a school-record five wrestlers qualify for the NCAA Championships. During his tenure, Virginia Tech crowned five ACC champions and had two all-Americans. Senior heavy-weight Mike Faust was named 2006 ACC Wrestler of the Year.

Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

In 2004, he was one of three coaches for the U.S. Olympic freestyle wrestling team, participating in Athens. Brands also served as assistant coach for the 2002 and 2003 U.S. Freestyle World Teams, earning Freestyle Coach of the Year honors from USA Wrestling both years. He was also a member of the U.S. coaching staff at the 2001 World Championships, and has coached a number of other U.S. teams in international competition.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three-time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

The Sheldon, IA, native was born April 9, 1968. He earned his B.S. degree in physical education from Iowa in 1992. He and his wife, Jeni, have three children, Madigan, Kinsee and Tommy.

Tom Brands - Iowa Head Coach - 2006-Present**National Champions (3)**

Brent Metcalf (2008)
Mark Perry (2007-08)

NCAA Finalists (5)

Brent Metcalf (2008-09)
Mark Perry (2007-08)
Joe Slaton (2008)

All-Americans (15)

Jay Borschel (2008)
Daniel Dennis (2009)
Dan Erekson (2009)
Charlie Falck (2007-08)
Matt Fields (2008)
Phillip Keddy (2008-09)
Eric Luedke (2007)
Brent Metcalf (2008-09)
Ryan Morningstar (2009)
Mark Perry (2007-08)
Joe Slaton (2008)

Big Ten Champions (6)

Jay Borschel (2010)
Dan Erekson (2009-10)
Brent Metcalf (2008-09)
Mark Perry (2007)

Big Ten Placeliners (36)

Chad Beatty (2009-10)
Jay Borschel (2008-09-10)
Daniel Dennis (2009-10)
Dan Erekson (2009-10)
Charlie Falck (2007-08-09)
Matt Fields (2007-08)
Mario Galanakis (2007)
Phillip Keddy (2007-08-09-10)
Jake Kerr (2010)
Dan LeClere (2008)
Eric Luedke (2007)
Montell Marion (2010)
Matt McDonough (2010)
Brent Metcalf (2008-09-10)
Ryan Morningstar (2007-08-09-10)
Mark Perry (2007-08)
Joe Slaton (2008)
Alex Tsirtsis (2007-09)

Academic All-Big Ten (19)

Matt Ballweg (2008)
Jay Borschel (2008-09)
Matt Fields (2008)
Alex Grunder (2007)
Nick Kolegraff (2009)
J.J. Krutsinger (2009)
Dan LeClere (2008-09)
T.H. Leet (2008-09)
Eric Luedke (2007)
Lucas Magnani (2007)
Brent Metcalf (2008-09)
Joe Moore (2009)
Blake Rasing (2009)
Ethan Sebert (2009)
Joe Uker (2007)