

University of Minnesota **Athletic Communications**

244 Bierman Field Athletic Building • 516 15th Avenue SE • Minneapolis, MN 55455

(p) 612.625.4090 • (f) 612.625.0359



FOR IMMEDIATE RELEASE

Contact: Pat McCabe (mcca0512@umn.edu / 612-203-3028)

WRESTLING UPDATE

May 25, 2010

GOPHER ALUM EARNS COACHING HONOR

Manheim, Pa. - University of Minnesota wrestling alum Dale Wasmund was honored recently (May 24) by the National Wrestling Coaches Association (NWCA) as the National High School Assistant Wrestling Coach of the Year.

Wasmund is currently coaching at Apple Valley High School, where he has been for 28 years. The Apple Valley Eagles won the Minnesota AAA State Championship in 2010, the school's 18th since Wasmund has been with the program.

Wasmund was a Minnesota letterwinner from 1979-82, and was a part of teams that placed third in the Big Ten twice, and second in the conference twice. Two -times in his tenure the Golden Gophers finished in the top-10 at the NCAA tournament, including a fifth place finish at the National Championships in 1980.

Wasmund was one of eight regional winners for Assistant Coach of the Year, before surpassing the competition to gain National Honors.

- UM -

