

ODU Athletics

Wrestling

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James Nicholson Named CAA Wrestler of the Month

LAWRENCEVILLE, N.J. - James Nicholson was named the Colonial Athletic Association Wrestler of the Month for November, the CAA announced Tuesday.

Nicholson, ranked fifth in the country at 125 pounds, is off to a 9-0 start to in his senior season.

The Des Moines, Iowa native defeated No. 10 Jarrod Garnett of Virginia Tech to take first place in the season-opening Hokie Open. Nicholson has been dominant of late, winning his last three matches by major decision.

For the season, he has four major decisions and one technical fall on the year.

Nicholson shared the Wrestler of the Month honors with Drexel's Austin Sommer, who is 4-0 on the year.

The Monarchs are back in action on Dec. 19 as they head to American for a dual match.