

APPALACHIAN STATE UNIVERSITY MOUNTAINEERS



SPORTS INFORMATION

P.O. BOX 32116, BOONE, NC 28608 • PHONE: (828) 262-7166 • FAX: (828) 262-6106

January 19, 2010
Wrestling

Contact: Christina Hilliard
(828) 262-7166 • hilliardcm@appstate.edu

Trotman Garners Conference Honor

SPARTANBURG, S.C. – Appalachian State University redshirt junior **Austin Trotman** (Winston-Salem, N.C./Mount Tabor) has been named Southern Conference Wrestler of the Week for all competitions from January 12-18 as announced by the conference office on Wednesday.

Trotman was one of two wrestlers who posted a 3-0 record at the Lonestar Duals last weekend in Arlington, Texas. The junior, who is ranked 23rd nationally at 184 pounds, recorded two major decisions and a pin in his three matches against wrestlers from Harvard, Northern Colorado and Utah Valley.

Trotman's pin came at the 1:47 mark against Northern Colorado's Marcel Gibbons, while his other two victories were by margins of 14-3 and 15-5 against Harvard's Cameron Croy and Utah Valley's Casen Eldredge, respectively.

He is 22-7 on the year, including a perfect 13-0 in dual matches. He has eight major decisions to his credit along with four pins and two technical falls.

Trotman now has 80 wins in his career and is two shy of becoming the latest ASU wrestler to tally 82 wins for his career. The Winston-Salem-native also notched his 50th dual win of his career to give him a dual career record of 50-8.

2010-11 SoCon Wrestlers of the Week

Nov. 24 Ivan Lopouchanski, UNCG
Dec. 1 Ivan Lopouchanski, UNCG
Dec. 8 Andrew Saunders, UNCG
Dec. 15 Matthew Brock, VMI
Jan. 5 Turtogtokh Luvsandorj, The Citadel
Jan. 12 Vitaly Radsy, Davidson
Jan. 19 Austin Trotman, Appalachian State

--www.GoASU.com--