

"THE MARTIN'S" GRANBY SCHOOL

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- June 28 - July 2
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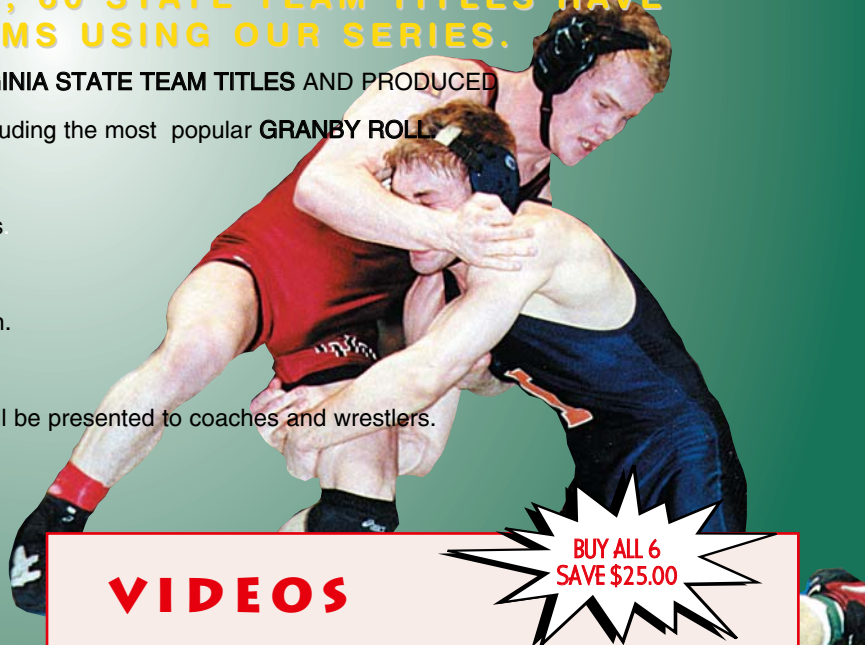
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OVER THE LAST 10 YEARS, 60 STATE TEAM TITLES HAVE BEEN WON BY TEAMS USING OUR SERIES.

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VIDEOS

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Learn: The hold that the Granby Series is built around
Dozens of ways to execute it.
- 2) THE GRANBY SHOULDER ROLL 2 hours
Learn: The hold that COACH BILLY MARTIN revolutionized
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- 3) TAKEDOWNS-THE SWEEP SINGLE 2 hours
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- 4) TAKEDOWN - INSIDE STEP SERIES 2 hours
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- 5) TAKEDOWNS - DEFENSE 2 hours
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- 6) TOP WORK - ARM BAR TILT - CHURELLA SERIES 2 hours
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