



The National Coaches Education Program Video Library

A Time for Champions: This sixty-minute video features high energy highlights of the 2004 U.S. Nationals set to music. Also, over 20 individual techniques are showcased in the repeat performance style, allowing for great technical study.

Coaching Youth Wrestling: To help young wrestlers learn the sport, USA Wrestling developed this video focused on youth wrestling. The video includes a detailed look at the "games approach" to coaching wrestling. *Available in VHS only*

Action Footage & Drills for the Seven Basic Skills: This video is filled with live footage that shows the seven basic skills at work in live match situations. After each action footage segment the tape details many drills that will help wrestlers build the skills needed to succeed in the sport.

The Finals of Fargo 2004: Each year the toughest wrestlers in the nation compete in the Cadet & Junior National Championships. This five-tape set features the complete final matches from all five tournaments. Order these five videos for \$78 on VHS or \$98 on DVD.

Something's Got to Give: A thirty-minute highlight video set to music showcasing the 2003 World Team Trials in Indianapolis. The video features technique from all three wrestling styles, & also is a great promotional tool for the sport of wrestling.

The Experience: A thirty-minute highlight video of the 2002 World Team Trials from St. Paul. Set to music the video is a high-impact look at America's best wrestling.

Vegas Revisited: Features an eight-minute highlight video followed by forty wrestling techniques for individual study shown in the repeat performance format. Viewers will see the same move repeatedly in regular speed and slow-motion for detailed study.

Indy in Replay: Starts with an eight-minute highlight video and then it includes over fifty individual techniques examined in the repeat performance format.

Schultz '04-Set in Motion: An eight-minute highlight video set to music and dozens of individual techniques studied in the highly successful repeat performance format.

In the Arena: Starts with an emotional highlight video using Teddy Roosevelt's quote "the credit belongs...." It then takes unbelievable technique and studies them in repeat performance fashion. This video is a fantastic look at the 2004 Olympic Trials in Indianapolis!

"Video study for coaches and wrestlers is very important. It develops the skills that will take their wrestling to the next level."

**Kevin Jackson
Olympic Champion
National Teams Coach**

Individual Videos are \$19.95 on VHS or \$24.95 on DVD, unless otherwise indicated. Free Shipping for orders over \$100, orders under \$100 add \$4.95 for shipping and handling. Credit Card orders from VISA & Mastercard only, call (719) 598-8181.

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