



2006 Coaches Wife-of-the-Year Award

Selma Dillon Yuma, Arizona

Editor's Note: This is always one of our favorite awards. Look behind the scenes in most high school wrestling programs and you will find a coaches' wife who serves as a part-time mother, assistant coach, and biggest fan. We let the nomination letter speak for itself for this award. In this case we are adding some significant comments from a parent and booster club member. - Cal

I am writing to recommend my wife, SELMA DILLON, for Wrestling Coaches' Wife-of-the-Year.

Coaching is made so much easier when one's spouse supports you, your program, and the kids in that program.

Over the last three years here at Kofa High School, Selma has done more than that. She embraces the wrestlers and the program as if she was the proud coach. She does it all, from washing dozens of singlets after each contest (and on Friday nights of 2-day tourneys) to driving 4-5 hours to tournaments. She feeds the entire team, organizes fundraisers, and at times is the closest thing to "Mom" that some of our kids have. She works in the registrar's office at Kofa, and the wrestlers often make a quick visit between classes to get her support and



Selma Dillon
Yuma, Arizona

advice on their school work or next competition. She does it all with love and pride for me and Kofa wrestling!

During the summer of 2005 she drove one of the three vans to the Camp of Champions in Flagstaff, AZ. She stayed in the dorms with the team and I and worked the camp store from 8:00 p.m. to 11:30 p.m. each night.

The 2006 season, during which we placed 3rd in the Arizona 5A-II Division, can be as much attributed to her dedication and hard work as anyone!

Patsy Hernandez, a parent and member of the booster club, contributed the following testimonial to Selma's nomination:

"Selma gives herself freely and unselfishly to the wrestling team. She is the van driver, support for the coaches, and a step mom and fan to all the wrestlers. She makes our wrestling team a family network. Because of her, as a parent I feel at ease when my son is away from home."

Wrestling USA Magazine congratulates Selma for her contributions to the Kofa program.

NOMINATED BY:

Marty Dillon, Head Wrestling Coach, and Patsy Hernandez, parent 