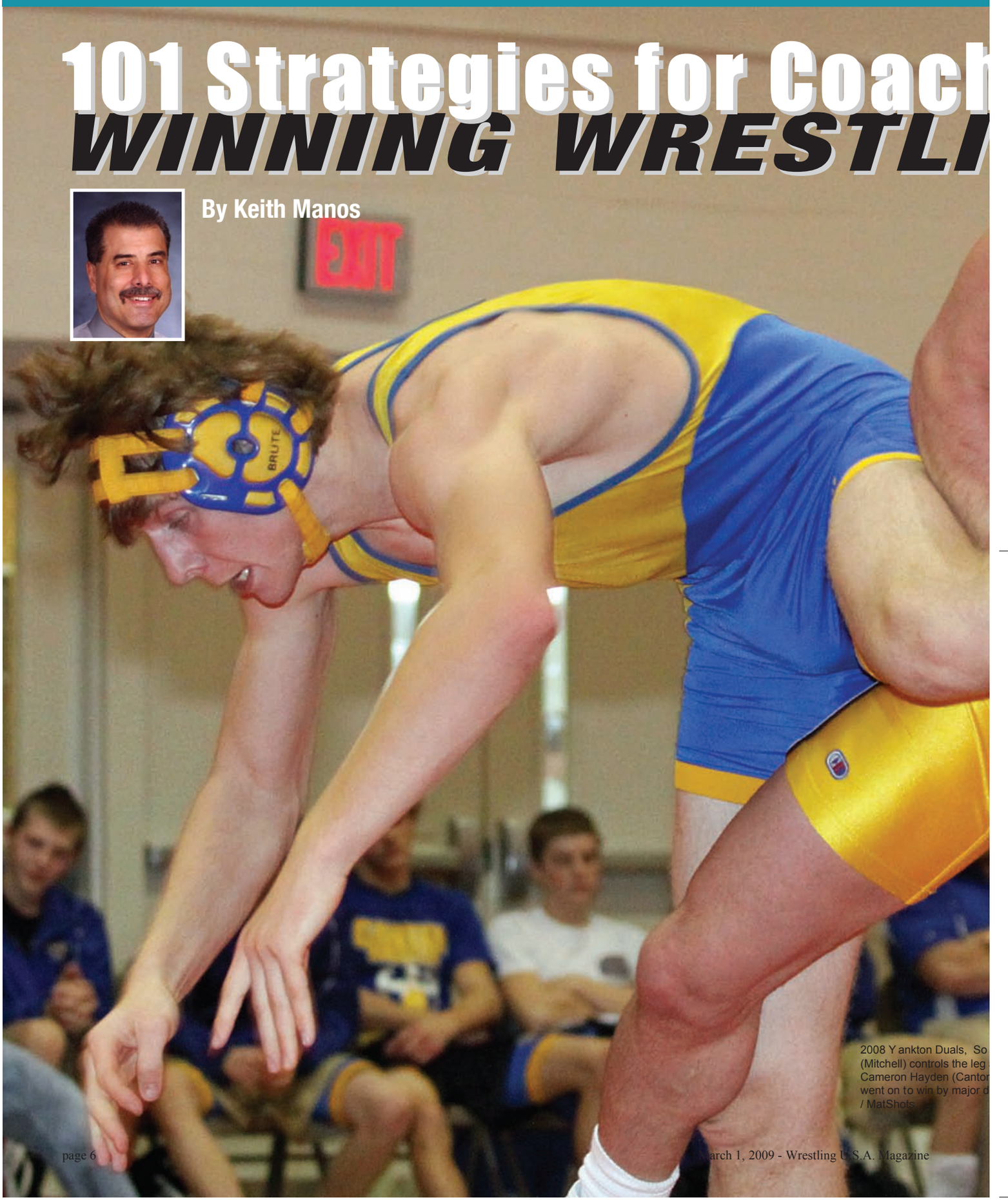
101 Strategies for Coach
WINNING WRESTLI

By Keith Manos



2008 Y ankton Duals, So
(Mitchell) controls the leg
Cameron Hayden (Cantor
went on to win by major d
/ MatShots