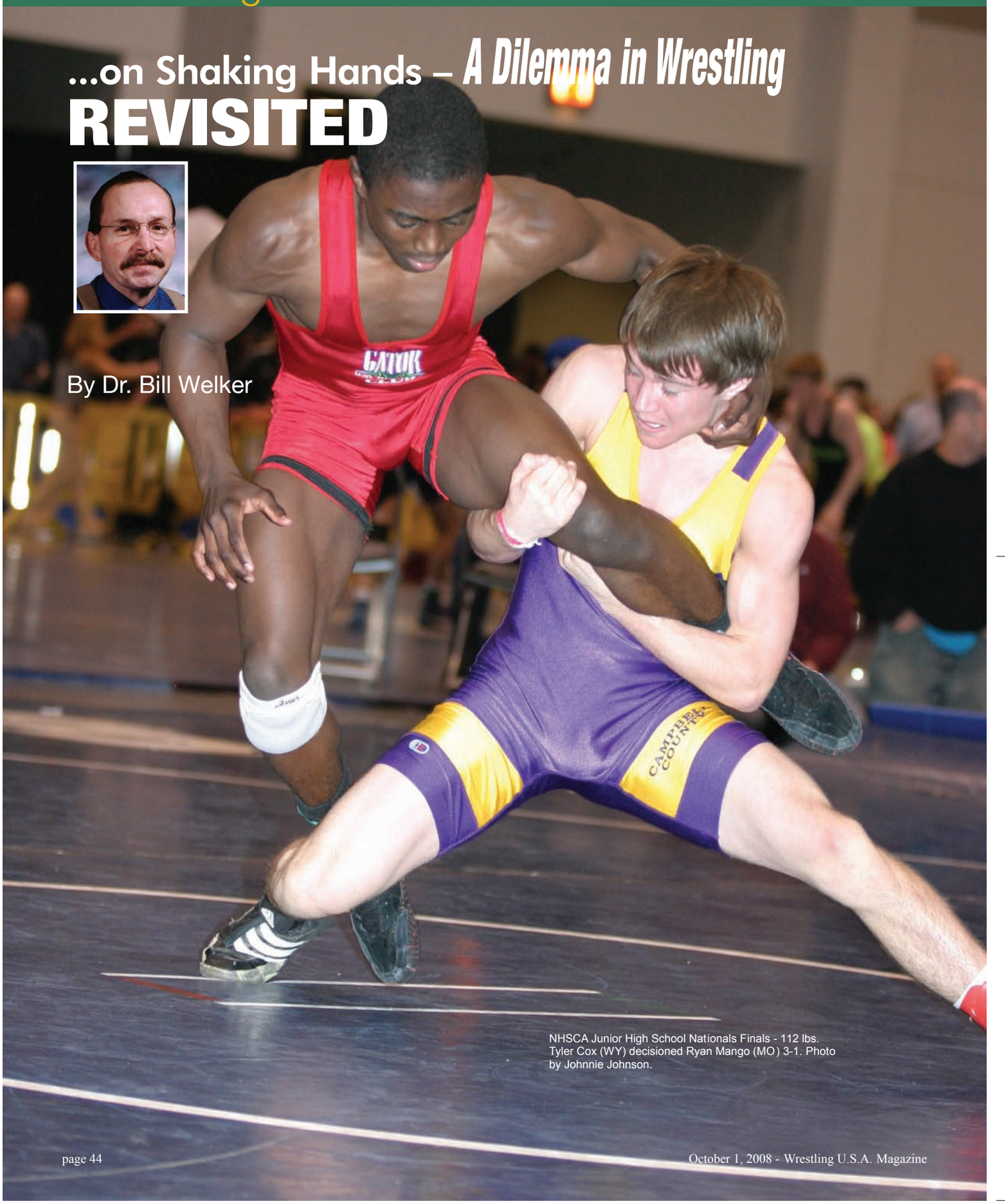
Mat Thoughts

...on Shaking Hands – A Dilemma in Wrestling REVISITED

By Dr. Bill Welker



NHSCA Junior High School Nationals Finals - 112 lbs. Tyler Cox (WY) decisioned Ryan Mango (MO) 3-1. Photo by Johnnie Johnson.