



MANAGER-OF-THE-YEAR AWARD

KIRSTEN VALANIA Wilmington, Delaware

St. Marks High School in Wilmington, Delaware is going to suffer a hard loss when Kirsten Valania graduates this spring. Kirsten sets the perfect example of the significant hard working individuals that have been helpful to the Spartan wrestling team. Her responsibilities in dealing with the wrestlers and coaches go beyond the necessities to help run a successful wrestling program.

Miss Valania got involved in wrestling while a student at Holy Angels Middle School in Newark, DE with her brother Michael, who is currently in his junior year on St. Marks team. While in middle school, she volunteered her time by doing various responsibilities at dual meets by running the scoreboard and sometimes scorekeeping the wrestling book at various Catholic Youth Ministries, Wrestling Club dual meets and tournaments.

Kirsten's responsibilities are varied from time to time which include doing the scorekeeping at all St. Marks' dual meets, collecting and distributing of the wrestling uniforms, taking inventory of various wrestling equipment, responsi-



*Kirsten Valania
Wilmington, DE*

ble for mopping the wrestling mats everyday at practices and home dual meets, filming the practices and meets for the school, etc. Apart from St. Marks, Miss Valania is still involved in other wrestling events in Delaware that include Catholic Youth Wrestling Ministries contest, the Delaware Kids States New Castle Qualifier Wrestling Tournament at the Hockessin PAL Center, the Delaware Junior Olympics Tournament, the St. Marks Fall and Spring Wrestling Tournaments, the William Penn Colonial Wrestling Classic, the Fall Beast of the East Wrestling Tournament and the Beast of the East Wrestling Tourn-

ament. She has been very important to the smooth operation of the Independent Conference and the Open State Tournament by training other managers in scoring the bout sheets, running the clocks, running the bout sheets to the head table and back, and pairing master.

Kirsten Valania is not a one dimensional person she maintains a 3.8 GPA in the Honors System at St. Marks. Kirsten has been involved in the school's theater club for 4 years in various acting characters, stagehand or stageprop on stage. This year she was in

the William Shakespeare play Camelot. Miss Valania's other activities at school are the Key Club, Student Council and the Blue Gold Fundraisers for the funding of the upcoming Blue Gold Football Game that benefits various programs through the state for kids and adults with disabilities.

After graduation, Kiersten will attend Penn State University in State College, PA where she will major in physical science and plans to go into physical therapy.

