

**ONLINE:** <https://appstatesports.com/news/2018/9/13/wrestlings-leblanc-promoted-to-co-head-assistant-coach.aspx>

**BOONE, N.C.** — Appalachian State wrestling head coach JohnMark Bentley announced Thursday that Ryan LeBlanc has been promoted to co-head assistant coach.

LeBlanc, who arrived in Boone 2016, and Josh Roosa, who joined the Mountaineers' program in 2015, are both co-head assistant coaches as full-time members of Bentley's staff. The staff also includes volunteer assistant Dominic Parisi.

With all four coaches together for the last two seasons, App State has won the last two of its three straight Southern Conference titles and posted a 14-0 league record. The Mountaineers went 7-0 against SoCon competition during the 2017-18 season, won the league tournament to secure a SoCon sweep and had four wrestlers compete at the 2018 NCAA Championships with a young roster that featured only two returning starters in the same weight class from the previous year.

"The experience my first two years at App State has been above and beyond what I could have even imagined," LeBlanc said. "I'm extremely thankful to Coach Bentley and the administration for this opportunity to keep working with our great student-athletes. I look forward to this new role."

LeBlanc posted 103 career wins as a college wrestler at Indiana, where he was a three-time academic All-American, and he received his master's degree from the State University of New York at Cortland in 2016. He was on SUNY-Cortland's coaching staff for two seasons before heading to Boone.

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Appalachian State Strategic Communications  
6048 Appalachian Athletics Center  
425 Jack Branch Drive  
Boone, NC, 28608  
[www.appstatesports.com](http://www.appstatesports.com)