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Sorry for the delay in getting this out. I waited to see if Jeremy Sweany would receive an at-large bid to the NCAA tournament. I am pleased to announce that Jeremy will be competing with his teammates in Pittsburgh.

We experienced a mixed bag of results at the Easterns. I felt that our qualifiers wrestled very well even in defeat, but our lack of team depth was exposed leading to our second place finish. At the end of the day I am optimistic that our 7 NCAA qualifiers are well prepared for next week.

125 Vito placed second. He made a couple mistakes that cost him dearly. Vito has the ability to place or win the NCAA title but he will have to be more aggressive, early and often. He possess an offensive arsenal that is worthless when left unused.

133 Chas looked as good as or better than I have ever seen him wrestle. Like Vito, when he is on the offensive there are few wrestlers that can stay with him. The key for Tucker to reach his NCAA goals is for him to stay on stay on the offensive and work hard to score at the end of each period. He is not great on top and therefore timing his scoring is all the more important.

141 Yianni was named the OW and he is finally back to his NCAA champion style. We will need Yianni to keep scoring bonus points if we are to compete for a top 5 finish at the NCAA's.

149 Jon Furnas looked very good in his first two bouts but was unable to bounce back after a disappointing OT loss to the eventual champion in the quarter-finals. Jon has given us four great years and I am confident he will go on to enjoy a remarkable professional career.

157 Adam Santoro also went 1-2 and did not place. Adam had a great year and he will work hard over the summer, (like he always does), in order to earn his spot in the NCAA tournament next year. Adam biggest weakness is his weakness. He needs to put on a few pounds of muscle in order to turn his close loses into victories.

165 Andrew Berrysea was a true warrior this season. He cut an amazing amount of weight in order to fill the 165 pound weight class. Andy is too dependent on his underhook and headlock. He needs to develop shots from his ties and also needs to get better off the bottom. That being said I am extremely proud of Andy. He is one tough hombre and we know he gives us everything he has each time he steps onto the mat.

174 Bama dropped a close 3-1 decision in the finals. I was extremely pleased with Bama. This is the best he has wrestled all year. He has gotten back to pushing the pace and looking for scrambles in order to put his opponent in danger. I am extremely excited to see him compete in Pittsburgh.

184 Max avenged last year's defeat with a 3-0 finals victory. Max wrestled a particularly tactically intelligent match against and outstanding opponent. I am thrilled to see Max finally not letting his opponents get ahold of his legs. This might sound amateurish but Max is so good in the scrambles that he had formed a terrible habit of not sprawling. This works against average guys but not against the best. He was also brutal on top throughout the tournament. This will be key to his NCAA run.

197 Ben Honis lost 8-6 in a hard fought finals match. Despite the loss I felt that Ben wrestled well, he just can't give up points at the end of periods. Ben is typically a slow starter then picks it up in the 2nd and 3rd period. Given that this is how he wrestles the key to his to NCAA success is to make sure he keeps the 1st period scoring down to a minimum.

285 Jeremy Sweany lost a tough overtime quarter-finals match. Jeremy had numerous scoring opportunities and each time tried to rush it and "win easy". Jeremy has the skill and athleticism to compete with just about anyone at the weight but he needs to wrestle more intelligently. Scary to say this but sometimes less is more at this weight class.

Cornell write-up: <https://cornellbigred.com/news/2019/3/9/wrestling-six-big-red-wrestlers-eye-eiwa-titles-saturday-night.aspx?path=wrest>

Cornell Dominates All-Ivy

<https://cornellbigred.com/news/2019/3/12/all-ivy-wrestling-teams-dominated-by-big-red.aspx>

Mark your calendars Giving Day is tomorrow starting at 12AM!

The 10 programs that achieve the highest percentage of their donor goal will receive an extra \$4,000 for their program. On top of that, each program who bests their 2018 donor total will receive an additional \$1,000 from the CVC. Please pass the word and help us hit our goal! To make a pledge: <https://givingday.cornell.edu/campaigns/cu-wrestling>

Wrestling's 2019 donor goal is 100 donors.
Wrestling's 2018 donor total was 190 donors.

Big Red

Pin Pool

Feel free to pay your Pin Pool pledges during Giving Day. We have 46 registered for the PP and that would go a long way in helping us reach our number. We currently have 27 falls on the season but please don't be afraid to guesstimate an additional 3 at the NCAA's to make it an even 30!

Beat the Streets Step Into the Circle (Come on young alumni!)

What: Charity wrestling event

Rules: One single, 2 minute running clock (takedowns & push-outs only...unless you pin someone from their feet)

When: Sunday, March 17 (1-5pm)

Where: [26 Bridge St.](#) (very cool venue in a great neighborhood, DUMBO)

Why: To support NYC youth that wrestle

How: Register by clicking [HERE](#)

Donate: Click [HERE](#)

Misc: Beer & Wine will be served

<https://youtu.be/GMaWsCB8MKM>

That's all for now.

All the best, Rob

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