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To: lanny@wrestlingusa.com

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www.golhu.com

Hello Coaches and Wrestlers,

We are a little less than two weeks out from our High School and Junior High Team Camp here at Lock Haven, home of **THE RISE**. This past week we hosted a technique camp with over 200 wrestlers. We appreciate everyone who attended and supported. Here is a link to some camp footage from the camp.

Although the upcoming camp is a team camp, we are still looking to get a good group of individuals to complete teams and weight classes.

Camp Video: <https://youtu.be/Sn3N9oopH0g>

Camp Details:

July 15-18, 2018

Cost: HS \$345, JH \$335 (includes camp, t-shirt, A/C dorms and all meals)

Details: Campers will compete in 10-12 matches along with technique sessions each day.

Registration site: www.totalcamps.com/lhuwrestling

Coaches, please continue to get your paperwork in and wrestlers registered. Please contact me with any questions.

**All the best,
Coach Moore**

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