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Subject: Wrestling: Wesneski named MAC Wrestler of the Year  
Date: March 13, 2019 at 8:02 AM  
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## **Wesneski named MAC Wrestler of the Year**

**WILLIAMSPORT, Pa.** – A national title at 285 pounds to highlight a record-breaking career has helped senior **Garrett Wesneski** (Canton, Pa./Canton Area) earn the Middle Atlantic Conference Wrestler of the Year award, the conference office in Annville, Pa., announced on Wednesday, March 13.

Wesneski is the first Warrior to earn the MAC's Wrestler of the Year award, which has been given since 2014. Eleven Warriors earned the Most Outstanding Wrestler award that was given at the conclusion of the MAC Championships between 1957-06, with Grant Brindle last winning the award in 2005.

Wesneski finished 28-1 overall during his senior year, reeling off 25 wins in a row to finish the season, tied for the eighth-longest win streak in school history.

He was a perfect 8-0 during the postseason, starting as the No. 2 seed at the NCAA Southeast Regional in the Keiper Recreation Center. After a technical fall and a pin on the first day of the tournament, he downed eighth-ranked Paul Triandafilou of Gettysburg, 3-0, in the semifinals to earn a bid to the national tournament. Then Wesneski provided one of the most dramatic wrestling wins ever in Williamsport, using two first-period takedowns to down defending national champion, Jake Evans, in the finals, 5-4. Evans entered the match with a 50-1 record, which included a 6-3 win over Wesneski in the season's opening tournament at Washington & Jefferson.

In the NCAA Championships, Wesneski was seeded fifth and once again, he cruised through the first day of the tournament, posting a major decision and a pin to ensure All-American honors. On the second day, he beat Wartburg's Bowen Wileman, 4-3, in the semifinals and then took out Augustana's undefeated Adarios Jones, seeded second at the tournament, in sudden-victory, 9-7, to win Lycoming's 10<sup>th</sup> national title.

Wesneski finished his two-year career at Lycoming with a 66-5 overall record, his .930 winning percentage the best in program history. Along with Saturday night's national championship, Wesneski was also a two-time Southeast Region champion and the 2018 Southeast Region Most Outstanding wrestler.

A three-year member of the wrestling team at the University of Maryland, where he was a 197-pounder, Wesneski amassed a 105-39 career record. He redshirted in 2014-15 before struggling through injury-plagued seasons the next two years before returning to Pennsylvania and Lycoming College in 2017-18.

Lycoming finished 14-4 in dual meets under Crebs, who reached 400 career dual meet wins against King's on Dec. 17. The team also finished tied for second at the NCAA Southeast Regional, the team's best finish since the NCAA moved to the format in 2013, qualifying four wrestlers for the NCAA Championships for the first time since 2001, finishing 13<sup>th</sup> at Division III's final showcase.

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