



## Are you maximizing your potential?



### Use Advanced Body Composition Tracking to Train Better Athletes

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Every wrestler has the goal of improving their body so that they can perform better on the mat. That means increasing muscle mass and decreasing body fat. But how do you as a coach make sure your wrestlers are on track to meet their goal?

Test your wrestlers on the InBody 120, which will give you accurate body composition measurements: body fat percentage, lean body mass, body fat mass, and skeletal muscle mass.

Read this article to learn how tracking changes to your body composition will help you get your athletes stronger and leaner.

[Click Here to Read](#)

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## InBody Benefits

InBody uses [advanced bioelectrical impedance analysis \(BIA\) technology](#) to provide you with the most accurate body composition measurements.

- Ensure Wrestlers are Properly Hydrated Before and After Each Practice and Match
- Identify your Ideal Competition Weight
- Maximize Performance through the Evaluation of Body Composition and Weight

**Develop Healthier, Stronger Wrestlers  
with InBody**

[Get More Information](#)

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# InBody vs Tanita

Researchers at Cal State Fullerton's Center for Sport Performance concluded that the **InBody 120** was the most accurate body composition scale in their comparison study\*.



## InBody

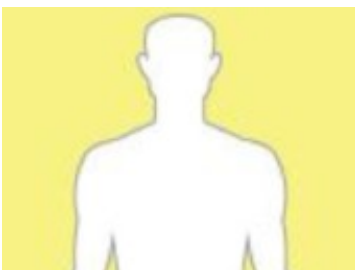
**99% Accuracy\*** with Results Specific to the Individual.

**Full Body** Direct Measurement:

- Right Arm
- Left Arm
- Trunk
- Right Leg
- Left Leg

**Multiple** Frequencies for Accuracy

“Previous devices have **under or overestimated body fat percentages in wrestlers, causing a wrestler to cut more weight than should be allowed or be an incorrect weight class ...”**



## Tanita

**96.5% Accuracy\*** with Results based on PRE-LOADED DATA.



## Partial Direct Body Measurement

- Right Leg
- Left Leg

## Single Frequency

\* Accuracy compared to Bod Pod, a clinical measure of body composition for wrestling populations



"Studies have proved InBody products are the **most accurate body composition analyzer for high school wrestling weight certifications.**"

### **Mike Moyer**

Executive Director of the NWCA

**\$1,500.00\*** ~~\$2,500~~

SPECIAL INTRODUCTORY PRICING





[Click Here to Purchase](#)

*\*Regular price \$2,500. Prices and product availability are subject to change without notice. All specials and promotions limited to stock on hand. Cannot be combined with other offers.*

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Check with your state association to see if InBody has been approved in your state!



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