

Just a reminder **ALL sponsorship fundraising** from our wrestlers is **due tomorrow** the 25th at our Open Mat.

I have bittersweet news to share about our coaching staff. We unfortunately will be losing our assistant Coach Tyler Gordon. That obviously is the bitter part. The exciting news is he has an amazing opportunity to move into an administration position in Parsons, KS. I greatly respect him and his decision to do what is best for his family.

Coach Gordon has without a doubt been a wonderful blessing to our kids and our program. We are definitely going to miss him being a part of our Wildcat family but I'm excited to see his continued growth...It has been a great pleasure watching and maybe being a small part of his development the last six years. I am very proud of the amazing coach, professional, and husband/father he has become and I want to wish him and his beautiful family nothing but the very best. *Attached is a letter he wanted me to share.*

Appreciation Neosho Wrestling

Spring and Summer opportunities - WE must take advantage of each of the opportunities as everyone has the desire to win but only CHAMPIONS have and TAKE advantage of a desire to PREPARE...right now our JH and freshman are consistently putting their time in - WE've gotta do better! (several in-season but several have not shown up yet).

**please make sure you are getting your JH/HS wrestlers signed up for MU Team Camp and then a reminder that my camp in July will be discounted \$25 if registered before school is out.*

WILDCAT Wrestling Out of Season & Summer Schedule 2018

Everyone has the desire to win but only CHAMPIONS have the desire to prepare!

WEIGHT ROOM – starting April 9th for JH and HS - till school is out for the summer

- Mon - Thu after school till 3:20 - 4:30 – Committed WRESTLERS will be there.
- Speed, Strength, Agility, Endurance, Flexibility, Power, and MENTAL Toughness Development

OPEN Mats till School is OUT for summer – EVERY Wednesday

- **4:00 – 5:00** Technique and Live Wrestling

Freestyle Practice with Coach Gordon and Coach Hostetter

- see attached for all the details on practice dates and times and competitions

APRIL 11th – FREE PHYSICALS at High School 5:00-7:00 pm

- This is ***Mandatory*** for **JH and High School** – It prevents losing mat time later and saves you money!

APRIL 25th – Sponsorship FUNDRAISING Due at Open Mats

Jason Box Memorial Wrestling Camp

- June 4-6
- 4-7 pm at our Wrestling Facility
- Coach Kyle Hostetter, Nate Rodriguez, and former NHS coaches Brett Watkins and Cody Crocker
- \$120

SUMMER WEIGHT ROOM CRUCIAL that we make the sacrifice to get faster, stronger, more powerful and mentally tough

- **Wednesday June 6th–June 29 Monday – Friday - For ALL JH/HS. HS 8 am – 11 am; JH Times 8 – 11 am.**
- **Wrestler's Week Off July 2nd – July 6th**

- **HS/JH Return July 9th - July 19th Monday – Thursday 7 am.**
- **Sport specific Time** on the mat will be from 10-11 am Tuesday & Thursday at the facility (see dates below)

SUMMER SPORT SPECIFIC DATES for ADV Youth, JH, & HS Neosho

Wrestlers

Tuesday (Drill & LIVE Matches) **Thursday** (Drill & LIVE GROUPS)

- X June 7th
- June 12th June 14th
- June 17th 1 pm, 18, 19, 20 9am - NO June 21 as we are at TEAM CAMP
- June 26th June 28th
- **July 3rd Off July 5th Off**
- **Coach Phillips' Camp July 9 - 12**
- July 17th July 19th (Dead week starts July 21 - July 29)
- **OPEN Mats and Weight Room will resume again in August**

OPEN MAT DATES – FUN and FUNDamentals for ANY and ALL Wrestlers

- Wednesday 4:00 – 5:30 pm – **June 6, 13, 20, 27 and July 18 and 25**

HIGH SCHOOL/JR HIGH CAMP - CRUCIAL to prepare us for MU Camp and next season

- **June 17th – 20th** (Sunday at 1 pm, Monday and Tuesday 9-10:30 am Wednesday TBA before we leave)
- Wrestling Room 9:00 am – 10:15 am

TEAM CAMP – University of Missouri - opportunity for great instruction and valuable mat time

- **June 20th - 23rd** (Wednesday – Saturday) **Details attached**
- Transportation, Leave/Return Times – TBA
- Sign up with the link below:

https://www.totalcamps.com/MISSOURIWRESTLINGCAMPs/camps/2018_tiger_style_team_camp/_b3W/registration/options?st=rcK8rETp

POOL PARTY & Pizza - ALL WILDCAT WRESTLERS & Families – pizza and drinks provided.

- **July 8th** - Neosho Pool 1:00 – 3:00

17th ANNUAL COACH PHILLIPS' TECHNIQUE/DRILL/LIVE Wrestling CAMP

- **July 9th – July 12th** (Monday – Thursday) Neosho Wrestling Facility
- **Featured Clinicians: Michael Eierman Coach at Westminster & Eierman Elite, Jaydin Eierman MU 2017 & 2018 ALL-American, Nate Rodriguez 2017 Natl. Champion, Dallas Smith 2015 Natl. Champion, Coach Kyle Hostetter, Coach Phillips & others TBA**
 - Session I (Novice Session) 9:00 - 10:30 am
 - Session II (Intermediate Session) 9 - 11:00
 - Session III (Advanced Session) 12:30 - 4:30 pm; Optional opportunity 11 – noon.

“Summer wrestlers make winter CHAMPIONS”
Questions call OR text Coach Phillips 389-1569 or email
phillipsjeremy@neoshosd.org

“Back To Our Roots”

Faith - Family - Work Ethic - Persistence - Loyalty - Learning - Humility