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Subject: April Update
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To: lanny@wrestlingusa.com



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Bear Family,

As the weather continues to warm up, and we inch further away from winter, I'd like to take the opportunity to update you on our spring happenings. We have been very busy since the conclusion of the National Tournament in March, with our end of the year banquet, training for spring competitions, and recruiting.

This past weekend, we held our annual end of the year banquet here on the campus of Northern Colorado. Some of you, as well as the families of our wrestlers gathered to honor their season. Two seniors were recognized for their contribution to UNC Wrestling; Rico Montoya, a senior 125 pounder who qualified for 3 NCAA tournaments in his time here, and transfer Dante Rodriguez. We also provided awards for several other bears in attendance for their various successes. Junior Jacob Seely was awarded the teams Outstanding Wrestler award, after his first complete season in the lineup and a win at Nationals. Dalton Robertson won our most improved award, after improving from 1 D1 win in 2017, to 12 this season, and being an integral part of our lineup from start to finish. Our rookie of the year award could have went to a few guys, but ultimately, our freshman national qualifier, Chris Sandoval, was most deserving, after going up a weight class mid-season, and knocking off the number 4 ranked wrestler in the nation at the Big 12 tournament. The UNC Wrestling Academic award, given to the person with the highest GPA on the team after 1 full year, went to Jimmy Fate. This is actually Jimmys 2nd consecutive year winning this award, but his teammates are doing a great job of closing the gap on him. Freshman Trenton Schultz was awarded the 11th man award, for his courageous and selfless willingness to wrestle at a variety of weights at the drop of a hat, all for the betterment of the team. Finally, Rico Montoya was recognized again, as he was awarded our Tough Guy award. Rico demonstrated toughness while maintaining his weight all season in a very professional and matter of fact manner. It was not the cut itself that showed toughness, but the way he attacked it everyday with enthusiasm.

For the remainder of the school year, we're preparing a handful of our guys for UWW Junior Nationals in Las Vegas this month and U23s in Akron, OH in June. The guys took a short break and are excited to get back to the work

vegas this month and EZSS in Akron, OH in June. The guys took a short break and are excited to get back to the work at hand. As we pivot towards next season, we are excited to keep growing as a team and add new bears to the family. As always, thank you for your continued support.

Go Bears!

Troy Nickerson



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