

From: **Camp Of Champions Intensive Wrestling School** cocelitewrestlingcamps@gmail.com  
Subject: The #1 HWT and Big Man Camp in the West!  
Date: May 30, 2019 at 11:05 PM  
To: lanny@wrestlingusa.com



## ADAM COON

- \*2019 US Open F/S Natl Champ
- \*2018 World Silver Medalist G/R
- \*2018 World Team F/S Natl Champ
- \*2018 World Team G/R Natl Finalist
- \*2 X NCAA Runner-Up
- \*3 X NCAA All-American
- \*Freestyle/ Greco Roman Junior World
- \*Bronze Medalist
- \*Cadet World Champion
- \*4 X Michigan State Champion
- \*4 X All Academic Big 10 Conference



# C.O.C. ELITE Wrestling Camps 2019

6-Day HWT/Big Man  
Wrestling Training Camp  
July 18-23, 2019

C.O.C. CLINICIANS  
"STEVE MOCCO"  
"ADAM COON"  
"TONY NELSON"

SIERRA OUTDOOR SCHOOL  
15700 OLD OAK RANCH RD  
SONORA, CALIFORNIA

TOLL FREE (866) 854-2560

Website: cocelitewrestlingschool.com

Email: cocelitewrestlingcamps@gmail.com

**BUILDING CHAMPIONS SINCE 1980**

## STEVE MOCCO



2008 USA Olympic Team Member  
2 X NCAA National Champion  
4 X NCAA National Finalist

## TONY NELSON



2 X NCAA National Champion  
4 X NCAA All-American  
3 x Big Ten Champion

LEARN FROM THE BEST USA'S HWTS!

TRAIN IN THE FINEST CAMP IN THE WEST

**GET C.O.C. TRAINED!**

<https://www.cocelitewrestlingschool.com/sonora-ca-camps>

The C.O.C. HWT & Big Man Wrestling Camp is the #1 camp in the Western United States. Since 1980 the C.O.C. has been working with America's high school heavyweights and big men to assist on getting to the top of the podium! Learn from the finest current champions and coaches that know what it takes to win and the technique that works! Don't miss out on training with other 195-220 and HWT's in the west. Get C.O.C. Trained!



COC | 40575 CAL OAKS RD, Suite D2 #124, Murrieta, CA 92562

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