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FOR IMMEDIATE RELEASE  
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### **Cyclone Wrestling Adds Iowa Prep Standout Tucker Stangel**

AMES, Iowa – Iowa State head coach Kevin Dresser announced the addition of Iowa prep standout Tucker Stangel to the program. Stangel is the latest addition to the 2024 Cyclone recruiting class which is set to arrive on campus this fall.

“Tucker is a great addition to our program,” Dresser said. “He’s a proven winner and has had a lot of success at the high school level. He will elevate the level of competition and we’re excited to get him into the room.

Stangel was a two-time Iowa High School state champion and four-time placewinner at Osage. He was named the 2024 Dan Gable Class 2A Mr. Wrestler of the Year after a 54-0 senior season which ended with his second state title.

Projected as a 157-pounder, Stangel posted a 184-9 high school record and finished with back back-to-back undefeated state titles (54-0 as a senior and 40-0 as a junior).

Stangel also placed fourth at the state tournament as a freshman and third as a sophomore.

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