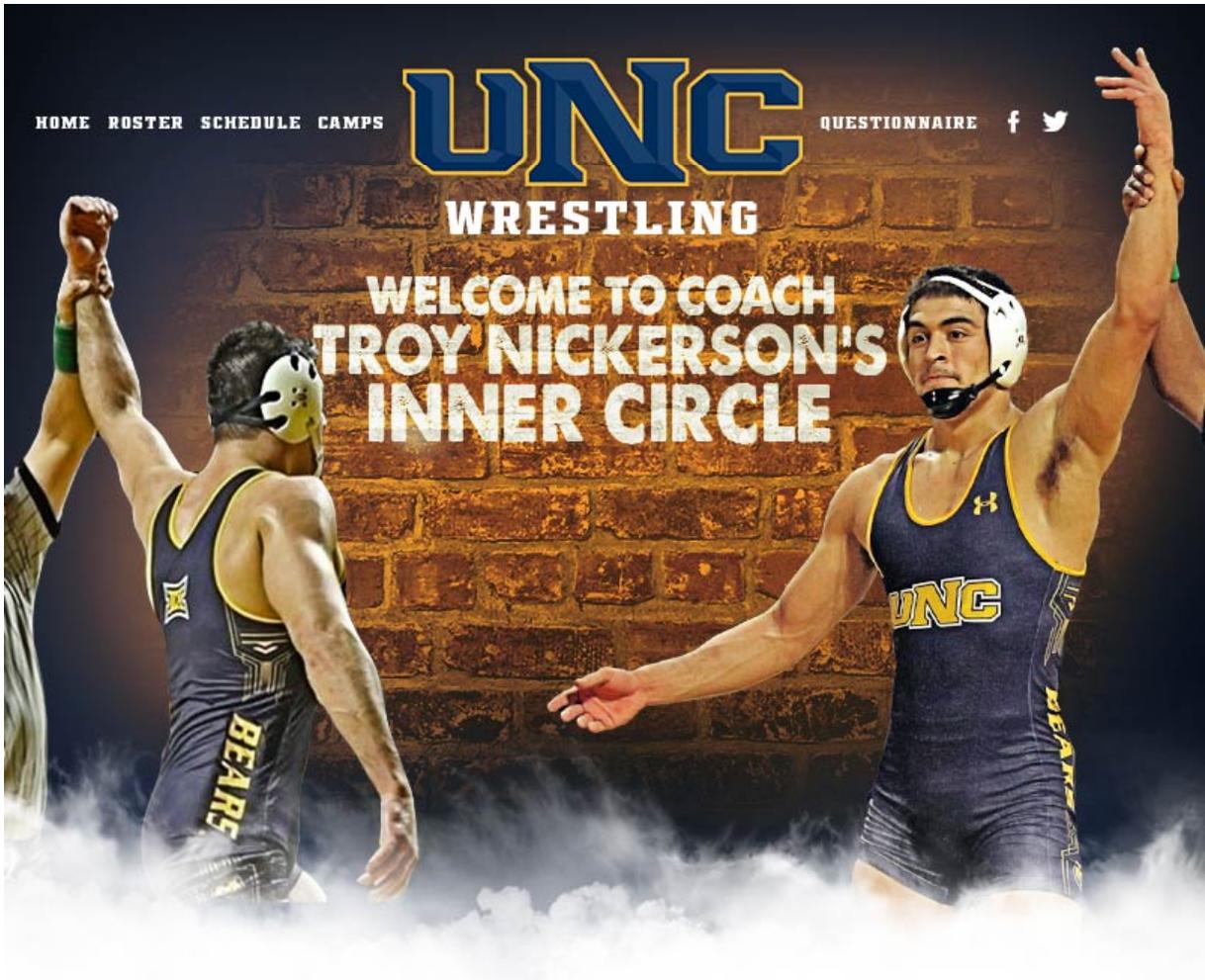


**From:** Troy Nickerson noreply@active.com  
**Subject:** OSU-ALR Recaps  
**Date:** January 23, 2023 at 12:20 PM  
**To:** lanny@wrestlingusa.com

TN

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Bears Fans, Friends, and Alumni,

It was a good weekend for the Bears as we came away 1-1 on the weekend. On Friday night, we fell to #12 Oklahoma State 24-10. There were multiple matches that we lost close and could have certainly made the dual much closer. On Sunday, we wrestled maybe the best we have all season, being Arkansas-Little Rock, 36-3. I feel like this team is really coming together right now and we are certainly much improved from last season. This coming Friday, we are going to need **EVERYONE** back in Bank of Colorado Arena as we have a very tough task against Top 15 ranked South Dakota State.

<https://uncbears.com/news/2023/1/20/wrestling-at-osu-recap.aspx>

<https://uncbears.com/news/2023/1/22/wrestling-unc-dominates-little-rock-36-3.aspx>

#### **125lbs- Stevo Poulin (2-0)**

Stevo looked good this weekend as he came away with two easy victories. On Friday night, we were hoping for a top 15 match up that did not take place. On Sunday, Stevo completely dominated the match and is looking primed for a late season run.

#### **133lbs- Jace Koelzer (1-1)**

Jace had a good weekend. On Friday, he fell to #2 ranked Fix from OSU. I thought Jace wrestled tough regardless. On Sunday, Jace was able to get his offense going and dominated from the top position to get the major decision.

**141lbs- Andrew Alirez (2-0)**

Andrew continues to dominate his competition. On Friday, he won by major decision over his ranked opponent and followed it up with a technical fall on Sunday. Andrew will have a tough test on Friday night, however, I think the levels he has jumped will really show.

**149lbs- Chris Sandoval (1-1)**

Chris wrestled well in both matches and is looking the best we have seen from him in some time. On Friday, he lost what was a 1 point match late to a tough opponent before rebounding with a nice major decision win over another formidable foe.

**157lbs- Vinny Zerban (0-1)**

On Friday night, Vinny lost in overtime to his top-10 ranked opponent. Vinny is close to being elite at his weight class. Unfortunately, on Sunday, Vinny made one of those freshman mistakes we have talked about before and missed weight. I do not expect this to ever happen again as it is not a terribly hard weight for him to make and will just require more discipline.

**157lbs- Nate Moore (1-0)**

With Vinny out, Nate took care of business with his signature lateral drop to pin his opponent. Nate continues to show what makes this team the best one we have put together in quite some time when you look at the depth we have when needed.

**165lbs- Baylor Fernandes (2-0)**

I probably sound a bit like a broken record here, however, Baylor continues to get better each time out. On Friday night, Baylor soundly handled his former All-American opponent before following it up on Sunday with another quality win. Baylor could be one to watch as we get toward the post-season.

**174lbs- Andy Berreyesa (1-1)**

Andy continues to be a solid part of our lineup. Friday, he dropped his match to his All-American opponent though his effort was there. On Sunday, we hoped for some revenge from an earlier season loss, however, that did not matriculate. Andrew disposed of his opponent with a dominant performance from the top position.

**184lbs- Branson Britten (1-1)**

Branson has been in a bit of a funk as of late which we continued to see a little on Friday although he was a tad outmatched. On Sunday, he showed us more of what he is capable of, winning a tough match by wrestling his style. I am hoping the momentum continues to swing in the right direction for Branson.

**197lbs- Xavier Vasquez (1-1)**

Each year, Xavier is arguably the most improved wrestler on our team. The steps he has taken have been tremendous. After a tough loss on Friday, X rebounded with a smart, tough match on Sunday.

**285lbs- Xavier Doolin (0-2)**

While Xavier was unable to come away from the weekend with a win, he is trending in the right direction. If he continues to lock in, I think we still have something special in the making at heavyweight. Xavier lost both matches to two very solid opponents off a few positions. I feel like he is learning every time out there.

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Again, I cannot stress enough how important it is to have BOCA full on Friday night. We need the noise and the home crowd advantage. I need your help with this one. Bring your crowd and lets rock the Bank this Friday!

**GO BEARS!**

  
**Troy Nickerson**  
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This message was sent by University of Northern Colorado Men's Wrestling, 270D Butler-Hancock Athletics Center, Greeley, CO 80639, USA

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