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FOR IMMEDIATE RELEASE

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Trio Of Mariner Wrestlers Ranked In Northeast Region

Web Release: <https://tinyurl.com/y3pwxhka>

KINGS POINT, N.Y. (Nov. 1, 2023) – The National Wrestling Coaches Association (NWCA) released its first set of rankings for the 2023-24 Division III season on Tuesday and three members of the USMMA wrestling team were ranked in their respective weight classes within the Northeast Region – juniors **Cade Cowley (Boulder City, Nev.)** and **Reid Garrison (Broadway, Va.)** and sophomore **Wesley Wydick (Utica, Ohio)**.

Important Links

- [Full Release From The NWCA](#)
- [Complete List Of NWCA Individual Regional Rankings](#)
- [2023-24 USMMA Wrestling Schedule](#)
- [2023-24 USMMA Wrestling Roster](#)

Cowley checked in at #5 in the region at 184 pounds after finishing the 2023-24 season with a 21-16 record including a team-best 15 pins. He reached the podium at the NCAA Northeast Regional Championships last year, finishing the event in eighth place in his bracket. Cowley was also the runner-up at 184 at the Centennial Conference Championships and also earned All-New York State honors after a third-place finish at the 2023 NYS Championships.

Garrison was also ranked fifth in the region, but at 285 (heavyweight). He earned the most wins of any Mariner wrestler last season with a 29-9 overall record that included eight pins and six major decisions. Garrison was the 2023 Centennial Conference Individual Champion in the 285-pound bracket and he placed seventh in the heavyweight bracket at the NCAA Northeast Regionals. Like Cowley, he was an All-New York State placer, coming in third place at 285.

Wydick earned a #6 ranking in the region at 133 after an impressive plebe season in 2023-24 that saw him finish with a 19-17 overall record including 10 pins and four major decisions. He earned All-Region honors with an eighth-place finish at 133 at the NCAA Northeast Regional. Wydick also won his bracket at the 2022 Nassau Open last December.

The Mariners open the 2023-24 campaign this coming Saturday, Nov. 4, at the Ned McGinley Invitational, hosted by King's College (Pa.) in Wilkes-Barre, Pa. Action is slated to get underway at 10 a.m. inside the Spartans' McGrane Gymnasium. Any live links to follow along will be posted on [the USMMA Wrestling Schedule Page](#) prior to the event beginning.